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## SHP Automated External Defibrillators (AED)

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**MCG Health**  
Ambulatory Care  
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### Coverage

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See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

### Application to Products

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- Policy is applicable to all products.

### Authorization Requirements

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Pre-certification by the Plan is required.

### Description of Item or Service

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Automated external defibrillator (AED) also known as a portable cardioverter defibrillator is an electronic device that is attached to the chest area with adhesive electrode pads to deliver a shock when a dysfunctional heart rhythm is detected.

### Exceptions and Limitations

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- There is insufficient scientific evidence to support the medical necessity of Automated External Defibrillators for uses other than those listed in the clinical indications for procedure section.

### Clinical Indications for Procedure

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- Automated External Defibrillator (AED) is considered medically necessary with **ALL** of the following
  - Individual has **1 or more** of the following conditions:
    - A documented episode of cardiac arrest due to ventricular fibrillation, not due to a transient or reversible cause
    - A sustained, lasting 30 seconds or longer, ventricular tachyarrhythmia, either spontaneous or induced during an electrophysiologic (EP) study, not associated with acute myocardial infarction, and not due to a transient or reversible cause
    - Familial or inherited conditions with a high risk of life-threatening ventricular tachyarrhythmias such as long QT syndrome or hypertrophic cardiomyopathy
    - Coronary artery disease with a documented prior myocardial infarction with a measured left ventricular ejection fraction less than or equal to 0.35, and inducible, sustained ventricular tachycardia (VT) or ventricular fibrillation (VF) during an EP study and **ALL** of the following
      - The myocardial infarction must have occurred more than 4 weeks prior to the external defibrillator prescription
      - The EP test must have been performed more than 4 weeks after the qualifying myocardial infarction.
    - Documented prior myocardial infarction and a measured left ventricular ejection fraction less than or equal to 0.30 and **ALL** of the following
      - No cardiogenic shock or symptomatic hypotension while in a stable baseline rhythm
      - No coronary artery bypass graft (CABG) or percutaneous transluminal coronary angioplasty (PTCA) within past 3 months
      - No enzyme-positive MI within past month
      - No clinical symptoms or findings that would make them a candidate for coronary revascularization
      - No irreversible brain damage from preexisting cerebral disease
      - No disease, other than cardiac disease (e.g. cancer, uremia, liver failure), associated with a likelihood of survival less than one year
    - Individual with ischemic dilated cardiomyopathy (IDCM), documented prior myocardial infarction (MI), New York Heart Association (NYHA) Class II and III heart failure, and measured left ventricular ejection fraction (LVEF)  $\leq$  35%.
    - Individual with nonischemic dilated cardiomyopathy (NIDCM)  $>$  3 months, NYHA Class II and III heart failure, and measured LVEF  $\leq$  35%
    - NYHA Class IV heart failure and **1 or more** of the following
      - A documented episode of cardiac arrest due to ventricular fibrillation, not due to a transient or reversible cause
      - A sustained, lasting 30 seconds or longer, ventricular tachyarrhythmia, either spontaneous or induced during an electrophysiologic (EP) study, not associated with acute myocardial infarction, and not due to a transient or reversible cause
      - Familial or inherited conditions with a high risk of life-threatening ventricular tachyarrhythmias such as long QT syndrome or hypertrophic cardiomyopathy
      - Coronary artery disease with a documented prior myocardial infarction with a measured left ventricular ejection fraction less than or equal to 0.35, and inducible, sustained ventricular tachycardia (VT) or ventricular fibrillation (VF) during an EP study and **ALL** of the following
        - The myocardial infarction must have occurred more than 4 weeks prior to the external defibrillator prescription
        - The EP test must have been performed more than 4 weeks after the qualifying myocardial infarction.
      - Documented prior myocardial infarction and a measured left ventricular ejection fraction less than or equal to 0.30 and **ALL** of the following
        - No cardiogenic shock or symptomatic hypotension while in a stable baseline rhythm
        - No coronary artery bypass graft (CABG) or percutaneous transluminal coronary angioplasty (PTCA) within past 3 months
        - No enzyme-positive MI within past month

- No clinical symptoms or findings that would make them a candidate for coronary revascularization
- No irreversible brain damage from preexisting cerebral disease
- No disease, other than cardiac disease (e.g. cancer, uremia, liver failure), associated with a likelihood of survival less than one year
- Individual with ischemic dilated cardiomyopathy (IDCM), documented prior myocardial infarction (MI), New York Heart Association (NYHA) Class II and III heart failure, and measured left ventricular ejection fraction (LVEF)  $\leq$  35%.
- Individual with nonischemic dilated cardiomyopathy (NIDCM)  $>$  3 months, NYHA Class II and III heart failure, and measured LVEF  $\leq$  35%
- Automatic implantable cardioverter-defibrillator implantation surgery is currently not possible due to **1 or more** of the following
  - Individual awaiting a heart transplantation. (Individual is on waiting list and meets medical necessity criteria for heart transplantation)
  - Individual with a previously implanted cardioverter defibrillator that requires explantation due to infection (e.g., device pocket or lead infection, endocarditis) with waiting period before reimplantation of an implantable cardioverter defibrillator
  - Individual with an infectious process or other temporary condition (e.g., recovery from surgery, lack of vascular access) that precludes immediate implantation of an implantable cardioverter defibrillator.

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## Document History

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- Revised Dates:
- Reviewed Dates:
- Effective Date: August 2022

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## Coding Information

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- CPT/HCPCS codes covered if policy criteria is met:
  - HCPCS E0617 - External defibrillator with integrated electrocardiogram analysis
- CPT/HCPCS codes considered not medically necessary per this Policy:
  - None

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## References

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References used include but are not limited to the following:

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**HCPCS: E0617**

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