

# INFORMATION ONLY

It is time to renew your health insurance plan—**Open Enrollment ends January 15**. By now, you should have received a letter in the mail with your coverage renewal information, including your new monthly premium. We hope you have had a chance to read it over.

Regardless of where you purchased your health plan (HealthCare.gov or optimahealth.com), you can sign in to [optimahealth.com/member](https://optimahealth.com/member) to make your updates for 2023. If you need to change your income to ensure you get the correct subsidy in 2023, you can open a new application and make the updates there.

If you are happy with your plan option and the new monthly premium—you do not need to do anything. Your coverage will automatically continue.

If you are not sure which plan is the best choice, we can help. No question is too big or too small for our team of member service experts. Getting in touch is easy—you can email us at [members@optimahealth.com](mailto:members@optimahealth.com), fill out an online [Contact Us Form](#), or contact a member services representative at **1-866-514-5916** Monday through Friday from 8:00 a.m. to 6:00 p.m.

Thank you again for choosing Optima Health.

Sincerely,

Your Optima Health Team

P. S. Register on our website or mobile app to use our members-only secure interactive site for your healthcare needs. It's easy. Both [optimahealth.com](https://optimahealth.com) and the Optima Health mobile app are secure portals with a unique username and password that you create. Once you have set up your account, making changes is easy.

With an account, you can:

- view a list of Plan providers
- change your Plan primary care physician (PCP)
- view/order a new member ID card
- view your claims history and Explanation of Benefit (EOB) statements
- view your benefits documents
- view your authorizations
- download member forms
- manage how you want to receive information

Register once on either [optimahealth.com](https://optimahealth.com) or the mobile app to access your secure member information on both platforms, as well as special tools available only to Optima Health members.

Optima Health is the trade name of Optima Health Plan, Optima Health Insurance Company, and Sentara Health Plans, Inc. OptimaFit® plans are underwritten by Optima Health Plan. All plans have exclusions and limitations. Refer to your renewal letters or contact us for costs and complete details of coverage.

### **Need help in another language? Call us.**

需要以其他语言获得帮助？联系我们。

다른 언어로 도움이 필요하십니까? 저희에게 연락 해 주세요.

Quý vị cần được giúp đỡ bằng một ngôn ngữ khác? Hãy gọi cho chúng tôi.

Kailangan ng tulong sa ibang wika? Tawagan kami.

¿Necesita ayuda en algún otro idioma? Llámenos.

Saad lahgoo át'ehígíí daa ts'í bee shíká a'doowoł nínízin. Nihich'í' hólne'.

1-855-687-6260