Blue Ridge Health District | UVA Health | Sentara Martha Jefferson Hospital | Sentara Martha Jefferson Outpatient Surgery Center

2025 Community Health Needs Assessment

The assessments are completed every 3 years and provide us with a picture of the health status of the residents in our communities and information about health and health-related problems that impact health status.

Community survey
623 community members

Focus groups
3 Photovoice groups & 267 Key informant interviews

Data collection
Demographics & key health indicators

Community health priorities
Healthcare access | Chronic conditions | Social drivers of health

Service areas
The city of Charlottesville, Counties of Albemarle, Fluvanna, Greene, Louisa, and Nelson

Read the complete 2025 Community Health Needs Assessment at **sentara.com**

Learn more about the Sentara Cares priorities at **sentaracares.com**

Sentara®

Looking at the data and listening to our communities

261,949 residents with 75.8% White, 11.2% African American, 8.8% other (U.S. Census Bureau).

Respondents reported health screenings, annual checkups, immunizations being important to their health.

Top health concerns are behavioral and mental health or both adults and children, chronic diseases, and social determinants of health.

Availability of services, wait lists and cost of services, make accessing healthcare difficult.

Leading causes of death:
- Heart disease
- Cancer
- Accidents

Behavioral and mental health outcomes continue to be a concern. Hospitalization rates due to substance use, opioid overdose and behavioral health diagnosis were higher than the state..

Some barriers to access health services were due to a lower number of primary care doctors and mental health doctors in some of our service areas.

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