

## Vertebral Body Tethering

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**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details\*.**

### Purpose:

This policy addresses the medical necessity for Vertebral Body Tethering.

### Description & Definitions:

**Vertebral Body Tethering** is a series of anchor bone screws that are connected via a cord. Tension is applied to straighten the spine.

### Criteria:

**Vertebral Body Tethering** is considered **not medically necessary** for any indication.

### Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
0656T	Vertebral body tethering, anterior; up to 7 vertebral segments
0657T	Vertebral body tethering, anterior; 8 or more vertebral segments

U.S. Food and Drug Administration (FDA) - approved only products only.

## Document History:

Revised Dates:

- 2023: October

Reviewed Dates:

- 2022: October

Effective Date:

- February 2021

## References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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## Special Notes: \*

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care

professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

**Keywords:**

Vertebral Body Tethering, SHP Surgical 123, Scoliosis, The tether, VBT, MAGEC System Phenix Growing Rod device