

ASAM Level 4.0 Medically Managed Intensive Inpatient Admission for Substance Abuse (Adolescent) Initial

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All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.

Purpose:

This policy addresses ASAM Level 4.0 Medically Managed Intensive Inpatient Admission for Substance Abuse (Adolescent) Initial.

Description & Definitions:

Intensive inpatient provides 24-hour professionally directed evaluation, observation, and medical and addiction treatment in a facility. A medically managed facility provides nursing care to monitor biomedical conditions during addiction treatment.

Biomedical enhanced services are delivered by appropriately credentialed medical staff, who are available to assess and treat co-occurring biomedical disorders and to monitor the resident's administration of medications in accordance with a physician's prescription. The intensity of nursing care and observation is sufficient to meet the patient's needs.

Co-Occurring Capable - Treatment programs that address co-occurring mental and substance related disorders. They provide assessment, treatment planning, program content and discharge planning. They can provide psychopharmacologic monitoring and psychological assessment and consultation, either on site or through coordinated consultation with off-site providers.

Co-Occurring Enhanced - Describes treatment programs that incorporate policies, procedures, assessments, treatment, and discharge planning processes that accommodate patients who have co-occurring mental and substance related disorders. Mental health symptom management groups are incorporated into addiction

treatment. Motivational enhancement therapies specifically designed for those with co-occurring mental and substance-related disorders are more likely to be available (particularly in out-patient settings) and, there is close collaboration or integration with a mental health program that provides crisis backup services and access to mental health case management and continuing care. In contrast to Co-Occurring Capable services, Co-Occurring Enhanced services place their primary focus on the integration of services for mental and substance-related disorders in their staffing, services, and program content.

Criteria:

Admission to intensive inpatient level of care for substance-related disorder is considered medically necessary with **all of the following**:

- Individual is under the age of 18 years old
- **Diagnosis:** The individual has at least one diagnosis from the most recent Diagnostic and Statistical Manual of Mental Disorders for Substance-Related and Addictive Disorders with the exception of tobacco-related disorders, caffeine use disorder or dependence, and nonsubstance-related addictive disorders
- Individual must meet at least **one of the following**:
 - **Dimension 1:** The individual's acute intoxication and/or withdrawal situation is characterized by **1 or more** of the following:
 - The individual is experiencing acute withdrawal, with severe signs or symptoms, and is at risk for complications that require 24-hour intensive medical services.
 - There is recent (within 24 hours) serious head trauma or loss of consciousness, with chronic mental status or neurological changes, resulting in the need to closely observe the individual at least hourly
 - Drug overdose or intoxication has compromised the individual's mental status, cardiac function or other vital signs or functions
 - The individual has a significant acute biomedical disorder that poses substantial risk of serious or life-threatening consequences during withdrawals
 - **Dimension 2:** The individual's biomedical status is characterized by **1 or more** of the following:
 - Biomedical complications of the addictive disorder require medical management and skilled nursing care
 - A concurrent biomedical illness or pregnancy requires stabilization and daily medical management, with daily primary nursing interventions
 - The individual has a concurrent biomedical condition(s) (including pregnancy) in which continued alcohol or drug use presents an imminent danger to life or severe danger to health
 - The individual's alcohol, tobacco, and/or other drug use is gravely complicating or exasperating a previously diagnosed medical condition
 - Changes in the individual's medical status, such as significant worsening or a medical condition, make abstinence imperative
 - Significant improvement of a previously unstable medical condition allows the individual to respond to addiction treatment
 - The individual has another biomedical problem(s) that requires 24-hour observation and evaluation
 - **Dimension 3:** The individual's current emotional, behavioral, or cognitive status meets **1 or more** of the following:
 - The individual presents an imminent risk of harm to self or others or is at risk of psychosis with unpredictable, disorganized, or agitated behavior that endangers self or others
 - The individual is unable to focus on recovery because of unstable, overwhelming psychiatric problems
 - The individual is unable to cope with family, work, or friends, or has severed impaired ability to function in family, social, work or school settings because of an overwhelming mental health problem.

- The individual has insufficient resources and skills to maintain an adequate level of functioning and requires daily medical and nursing care
- The individual's history and present situation suggest that, in the absence of medical management, their emotional, behavioral, or cognitive condition will become unstable

There is insufficient scientific evidence to support the medical necessity of intensive inpatient admission for substance abuse for uses other than those listed in the clinical indications for procedure section.

Service Units and Limitations:

- Members shall be discharged from this service when other less intensive services may achieve stabilization.
- One unit of service is one day.
- There are no maximum annual limits.
- Group substance use counseling by CATPs, CSACs and CSAC supervisees shall have a maximum limit of 12 individuals in the group or less depending on the clinical model. Group size may exceed this limit based on the determination of the CATP. Such counseling shall focus on the needs of the members served.
- CSACs and CSAC-supervisees by scope of practice are able to perform group substance use counseling, thus could provide counseling and psychoeducational services in this level of care.

Discharge/Transfer Criteria It is appropriate to transfer or discharge the member from the present level of care if he or she meets the following criteria:

- The member has achieved the goals articulated in the ISP, thus resolving the problem(s) that justified admission to the current level of care; or
- The member has been unable to resolve the problem(s) that justified admission to the present level of care, despite amendments to the ISP. Treatment at another level of care or type of service therefore is indicated; or
- The member has demonstrated a lack of capacity to resolve his or her problem(s). Treatment at another level of care or type of service therefore is indicated; or
- The member has experienced an intensification of his or her problem(s), or has developed a new problem(s), and can be treated effectively only at a more intensive level of care.

Coding:

Medically necessary with criteria:

Coding	Description
H0011	Alcohol and/or drug services; acute detoxification (residential addiction program inpatient)

Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Revised Dates:

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- June 2023

References:

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

1. DMAS Manual- Addiction and Recovery Treatment Services
2. DMAS Medallion 4.0 Contract: Section 8.2.A, 8.2.B
3. DMAS CCC Plus Contract: Section 4.2.4
4. Cardinal Care Contract: Section 5.5.6
5. MCG 26th Edition: <https://careweb.careguidelines.com/ed26/index.html>
6. American Society of Addiction Medicine (ASAM) Edition 3

Special Notes: *

This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to "correct or ameliorate" (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. *Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.*

Keywords:

Behavioral Health 45, inpatient admission, substance abuse, addiction, Inpatient admission medically managed substance abuse, withdrawal, intoxication, relapse, alcohol abuse, drug abuse, ASAM Level 4.0, Medically Managed Intensive Inpatient Admission for Substance Abuse, Adolescent, Initial