

Occupational health

Supporting the health, safety, and welfare of employees

Sentara has been a trusted partner in occupational health for nearly 15 years, providing robust employee health services across school systems, municipalities, commercial companies, and Department of Transportation employers in Virginia.

Our approach

Sentara's occupational health program prioritizes reducing workplace injuries, minimizing time away from work, and controlling the total cost of care. Our dedicated team of skilled providers, staff, and administrative personnel ensures that every aspect of your program is managed seamlessly.

What truly sets Sentara apart is our commitment to an exceptional experience for both our clients and their employees. Our optimized care pathways and multi-modal approach—including virtual support, onsite care, and mobile service options—offer your organization a flexible, efficient, and scalable solution.



Sentara Employer Solutions



Clinics



Occupational health



Behavioral health



Wellness programs



Care management



University/
student health



Executive health



Sentara Health Plans

Services offered

Physical exams – ensure compliance and catch health issues early, keeping employees fit for duty

Antibody titer testing – proactive health checks that identify immunity, protecting both the workforce and workplace

Immunizations, audiometry, and spirometry testing – prevent and detect conditions that can impact performance and safety

Drug screening & breath-alcohol testing – maintain a safe, compliant, and healthy work environment

OSHA medical recordkeeping and workers' compensation care – streamline compliance and injury care with transparent reporting and support

Medical director support – provide medical director support and oversight to onsite employer services

And much more – customizable to fit your organization's needs

With various modalities—including virtual medical director oversight, onsite clinics, mobile services, and in-person options at Velocity Urgent Care centers—we provide timely care wherever and whenever it's needed. Our team is also available to participate in safety fairs and events that promote health and injury prevention, reinforcing your commitment to a safe and healthy workforce.



Let's discuss how Sentara Employer Solutions helps organizations support their most important asset—their employees.

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