

# Comprehensive Care Gap Documentation Guide

## For Medicare and Medicaid All 2024 Measures



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## Introduction

Preventive and chronic care management are critical steps along the pathway to helping your patients, our members, achieve optimal health. Sentara Health Plans is proud to partner with you to accomplish this very achievable goal. Electronic medical records may provide a means to track gaps in care and reminders of needed services. The Care Gap Documentation Guide is designed to help providers easily document the closure of care gaps.

### This resource is organized for ease of use as follows:

- Measure definition.
- Identification of applicable quality program(s).
- Helpful tips to achieve performance measure.
- Codes recommended to document gap closure.

For additional information or assistance, you may contact your network management trainer.

### Key:

VBC Measure - Value-Based Care Program Contractual Measure

STARS 2023 Focus Measure







## Telehealth Codes

The COVID-19 pandemic disruption brought about adjustments to 40 of the most widely used Healthcare Effectiveness Data and Information Set (HEDIS) measures to support health plans, clinicians, and patients who currently rely on telehealth services. The National Committee for Quality Assurance (NCQA) has aligned these telehealth accommodations with the telehealth guidance from the Centers for Medicare & Medicaid Services (CMS) and other federal and state regulators. NCQA changed its requirements to allow telehealth visits, telephone visits, and e-visits or virtual check-ins to meet the specifications for those HEDIS measures.

These include well visits for babies, children, and adolescents; ADHD medication follow-up visits; prenatal care visits; care for older adults; and follow-up visits after hospitalization and/or ED visits.

NCQA defines these different modalities as follows:

*Telehealth* requires real-time interactive audio and video telecommunications. Telehealth is billed using standard CPT and HCPCS codes for professional services along with a telehealth modifier (**GT or 95**) and/or a telehealth place of service code (**02**).

A telephone visit is real-time interactive audio communication. CPT codes for telephone visits are: **98966-98968** and **99441-99443**.

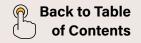
An e-visit or virtual check-in is not real-time but still requires two-way interaction between the member and provider. For example, a patient portal, secure text messaging, or email (such as MyChart). CPT codes for these online assessments are **98970-98972**, **99421-99423**, **99457**, and **99458**.

#### As physicians, you can help improve the quality of care by:

- encouraging your patients to schedule preventive exams
- · reminding your patients to follow up with ordered tests and procedures
- making sure necessary services are being performed in a timely manner
- submitting claims with proper HEDIS codes
- accurately documenting all services and results (if appropriate) in the patient's medical record

We need to work together to improve and maintain a higher quality of care. When our members are healthy, everyone benefits!





## Adherence to Antipsychotic Medications for Individuals With Schizophrenia (SAA)\*

Definition: Adults ages 18 and older.

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnoses of schizophrenia or schizoaffective disorder who were prescribed and remained on an antipsychotic medication for at least 80% of their treatment period (days between the earliest prescription fill in 2024 and the end of the year).



**Exclusion Criteria:** Exclusions include members with a diagnosis of dementia; those who did not have at least two antipsychotic medication-dispensing events; members in hospice or using hospice services during the measurement year; members who died anytime during the measurement year.

\*Adapted by NCQA with permission of the measure developer, CMS.

### Adults' Access to Preventive/Ambulatory Health Services (AAP)

Definition: Adults ages 20 and older

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

An ambulatory or preventive care visit

- in the measurement year (2024) for Medicaid and Medicare members
- in the measurement year or two years prior (2022-2024) for commercial members

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.





## Adult Immunization Status (AIS-E)

Definition: Adults ages 19 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Received recommended routine vaccines:

- **influenza vaccine** on or between July 1, 2023–June 30, 2024, or members with anaphylaxis due to influenza anytime before or during the measurement year
- **Td or Tdap vaccine** on or between January 1, 2014–December 31, 2024, or members with a history of anaphylaxis or encephalitis due to diphtheria, tetanus, or pertussis vaccine
- **zoster vaccine** (one dose of herpes zoster live vaccine or two doses of the herpes zoster recombinant vaccine, at least 28 days apart anytime on or after the member's 50th birthday and before or during 2024), or had anaphylaxis due to herpes zoster vaccine anytime before or during 2024
- **pneumococcal vaccine** on or after the member's 19th birthday, or had anaphylaxis due to pneumococcal vaccine

Exclusion Criteria: Members in hospice or using hospice services during the measurement year.

## Advance Care Planning (ACP) \*Medicare Only

**Definition:** Adults ages 66–80 with advanced illness, an indication of frailty, or receiving palliative care; and adults ages 81 years and older who had advance care planning during the measurement year (2024)

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Advance Care Planning is the discussion or documentation about preferences for resuscitation, life-sustaining treatment, or end-of-life care.

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year

#### Codes

**CPT Codes To Identify Advance Care Planning:** 99483, 99497









## Antibiotic Utilization for Respiratory Conditions (AXR)

Definition: Ages 3 months and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of a respiratory condition that resulted in a prescription for an antibiotic medication (AXR) on or three days after the episode from July 1, 2023–June 30, 2024.



Exclusion Criteria: Members in hospice or using hospice services during the measurement year.

## Antidepressant Medication Management (AMM)

Definition: Adults ages 18 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members treated with antidepressant medication who had a diagnosis of major depression and remained on antidepressant medication treatment.

#### Two rates are reported:

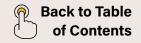
- Effective Acute Phase Treatment: the percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks)
- **Effective Continuation Phase Treatment:** the percentage of members who remained on an antidepressant medication for at least 180 days (six months)

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

ICD-10 Codes To Identify Major Depression: F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9







## Appropriate Testing for Pharyngitis (CWP)

Definition: Ages 3 years and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

- diagnosis of pharyngitis
- prescribed an antibiotic
- received a group A Streptococcus (strep) test for the episode

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

ICD-10 Codes To Identify Pharyngitis: J02.0, J02.8–J02.9, J03.00–J03.01, J03.80–J03.81, J03.90–J03.91

## Appropriate Treatment for Upper Respiratory Infection (URI)

Definition: Ages 3 months and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members with a diagnosis of upper respiratory infection (URI) that did not result in an antibiotic-dispensing event



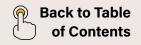
**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.

#### Codes

**ICD-10 Codes To Identify URI:** J00, J06.0, J06.9

Pharyngitis: J02.0, J02.8–J02.9, J03.00–J03.01, J03.80, J03.81, J03.90, J03.91





## Asthma Medication Ratio (AMR)

Definition: Ages 5-64

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members identified as having persistent asthma and a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year (2024)



**Exclusion Criteria:** Members who had any diagnosis of the following during the member's history through December 31 of the measurement year: emphysema, COPD, obstructive chronic bronchitis, chronic respiratory condition due to fumes or vapors, cystic fibrosis, or acute respiratory failure. Members who had no asthma controller or reliever medications prescribed during the measurement year. Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### ICD-10 Codes To Identify Asthma:

J45.21, J45.22, J45.30, J45.31, J45.32, J45.40, J45.41, J45.42, J45.50, J45.51, J45.52, J45.901, J45.902, J45.909, J45.991, J45.998

### Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis (AAB)

Definition: Ages 3 months and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of acute bronchitis/bronchiolitis and not prescribed an antibiotic



**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members with a diagnosis of any of the following comorbid conditions: emphysema, COPD, immune system disorder, HIV, or malignant neoplasms. Members who died anytime during the measurement year.





## Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis (AAB) - continued

#### Codes

ICD-10 Codes To Identify Acute Bronchitis: J20.3–J20.9, J21.0–J21.1, J21.8–J21.9

## Blood Pressure Control for Patients With Diabetes (BPD) VBC Measure

Definition: Adults ages 18-75

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of diabetes (type 1 or type 2) whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year (2024)



**Exclusion Criteria:** Members in hospice, using hospice services, or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

ICD-10 Codes To Identify Diabetes: E10.10, E10.11, E10.21, E10.22, E10.29, E11.00-E11.9, E13.00-E13.9

#### **CPT/CPT II Codes for BP Values:**

Systolic less than 140: 3074F, 3075F Systolic greater than/equal to 140: 3077F Diastolic less than 80: 3078F Diastolic 80–89: 3079F Diastolic greater than/equal to 90: 3080F





## Breast Cancer Screening (BCS-E) VBC Measure

Definition: Women 50-74 years of age

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Rating

#### Helpful Tips To Achieve Performance Measure:

A mammogram to screen for breast cancer on or between October 1, 2022–December 31, 2024



**Exclusion Criteria:** Members in hospice or using hospice services or receiving palliative care anytime during the measurement year. Bilateral mastectomy anytime during the member's history through the end of the measurement year. Members who died anytime during the measurement year.

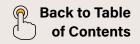
#### Codes

#### **ICD-10-CM Codes:**

Absence of left breast: Z90.12 Absence of right breast: Z90.11 Bilateral mastectomy: OHTV0ZZ History of bilateral mastectomy: Z90.13 Unilateral mastectomy: OHTU0ZZ (left), OHTT0ZZ (right)

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## Cardiac Rehabilitation (CRE)

Definition: Adults ages 18 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members who attended cardiac rehabilitation following a qualifying cardiac event, (myocardial infarction, percutaneous coronary intervention, coronary artery bypass grafting, heart and heart/lung transplantation, or heart valve repair/replacement)



#### Four rates are reported:

- 1. Initiation: percentage of members who attended two or more sessions of cardiac rehabilitation within 30 days after a qualifying event
- **2. Engagement 1:** percentage of members who attended 12 or more sessions of cardiac rehabilitation within 90 days after a qualifying event
- **3. Engagement 2:** percentage of members who attended 24 or more sessions of cardiac rehabilitation within 180 days after a qualifying event
- **4. Achievement:** percentage of members who attended 36 or more sessions of cardiac rehabilitation within 180 days after a qualifying event

**Exclusion Criteria:** Members in hospice or using hospice services or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year. Discharged from an inpatient setting with any of the following on the discharge claim 180 days after the episode date: MI, CABG, heart or heart/lung transplant, or heart valve repair or replacement.

#### Codes

**CPT Codes:** 93797–93798





## Care for Older Adults (COA) \*Medicare Only VBC Measure

Definition: Adults ages 66 and older

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Rating

#### Helpful Tips To Achieve Performance Measure:

Members who had each of the following during the measurement year (2024):

- Medication Review A review of all a member's medications, including prescription medications, OTC medications, and herbal or supplemental therapies
- Functional Status Assessment A complete functional assessment and the date when it was performed
- Pain Assessment Notation of a pain assessment and the date it was performed:
  - Do not include pain assessments performed in an acute inpatient setting.
  - The Functional Status Assessment and Pain Assessment indicators do not require a specific setting; therefore, services rendered during telephone visit, e-visit, or virtual check-in meet criteria.
  - Notation alone of a pain management or treatment plan does not meet criteria.

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members receiving palliative care anytime during the measurement year.

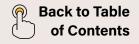
#### Codes

#### **CPT Codes for COA:**

Medication Review: 1160F, 90863, 99483, 99605, 99606 Medication List: 1159F Transition Care Management: 99495, 99496 Functional Status Assessment: 1170F, 99483 Pain Assessment: 1125F, 1126F

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## Cervical Cancer Screening (CCS-E)

#### Definition: Women ages 21-64

- PAP test (cervical cytology) within the last three years (2022–2024) for women ages 21–64
- cervical high-risk human papillomavirus (hrHPV) testing within the last five years (2020–2024) for women ages 30–64
- cervical cytology/high-risk human papillomavirus (hrHPV) cotesting within the last five years (2020–2024) for women ages 30–64

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Documentation in the record must include both of the following:

- date the test was performed
- the result or finding

**Exclusion Criteria:** Documentation of hysterectomy with no residual cervix, cervical agenesis, or acquired absence of cervix. Members in hospice or using hospice services or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year. Members with sex assigned at birth of male at any time in the patient's history.

#### Codes

#### **CPT Codes To Identify Cervical Cancer Screening:**

Cervical Cytology: 88141-88143, 88147-88148, 88150, 88152, 88153, 88164-88167, 88174-88175







## Child and Adolescent Well-care Visits (WCV) VBC Measure

Definition: Members ages 3-21

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

At least one (1) comprehensive well-care visit with a PCP or OB/GYN during the measurement year 2024



**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

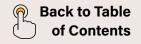
#### **CPT Codes To Identify Well-child Visits:**

99381, 99382, 99383, 99384, 99385, 99391, 99392, 99393, 99394, 99395, 99461

#### ICD-10 Codes:

Z00.0, Z00.01, Z00.110, Z00.111, Z00.121, Z00.129, Z00.2, Z00.3, Z00.5, Z76.1, Z76.2





## Childhood Immunization Status (CIS) VBC Measure

**Definition:** Members who turn 2 years old during the measurement year 2024. Vaccines must be completed on or before the second birthday:

- 4 DTaP or anaphylaxis or encephalitis due to diphtheria, tetanus, or pertussis vaccine (do not count any before 42 days of age)
- 3 IPV or anaphylaxis due to the IPV vaccine (do not count any before 42 days of age)
- 1 MMR; history of measles, mumps, and rubella; or anaphylaxis due to the MMR vaccine (do not count any before 42 days of age)
- 3 HiB or anaphylaxis due to HiB vaccine (do not count any before 42 days of age)
- 3 hepatitis B, anaphylaxis due to hepatitis B vaccine, positive serology, or history of hepatitis B
- 1 VZV, anaphylaxis due to the VZV vaccine, positive serology, or documented history of chicken pox disease
- 4 pneumococcal conjugates or anaphylaxis due to the pneumococcal conjugate vaccine (do not count any before 42 days of age)
- 1 hepatitis A, anaphylaxis due to the hepatitis A vaccine, or documented hepatitis A illness
- 2 or 3 rotavirus vaccines depends on the vaccine administered or documented anaphylaxis due to the rotavirus vaccine (do not count any before 42 days of age)
- 2 influenza with different dates of service or anaphylaxis due to the influenza vaccine. One of the two vaccinations can be a live attenuated influenza vaccine (LAIV) if administered on the child's second birthday (do not count any given prior to 6 months of age)

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Parental refusal is not an exclusion.

- Documentation of "immunizations are up-to-date" is not acceptable.
- Documentation of an immunization (such as the first Hep B) received "at delivery" or "in the hospital" may be counted.
- For documented history of illness, a seropositive test result, or anaphylaxis, there must be a note indicating the date of the event, which must have occurred by the member's second birthday.

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who had a contraindication to a childhood vaccine on or before their second birthday. Members who died anytime during the measurement year.







## Childhood Immunization Status (CIS) - continued VBC Measure

#### Codes

#### 42 Days of Age Through Second Birthday:

(4) DTap - Recommended Codes - CPT: 90697, 90698, 90700, 90723

(3) IPV - Recommended Codes - CPT: 90697, 90698, 90713, 90723

(3) HiB - Recommended Codes - CPT: 90644, 90647, 90648, 90697, 90698, 90748

(4) Pneumococcal Conjugate - Recommended Code - CPT: 90670, 90671

(2 or 3) Rotavirus - Recommended Codes- (2 Dose) CPT: 90681 or (3 Dose) CPT: 90680

#### On or Between First and Second Birthdays:

(1) VZV - Recommended Codes - CPT: 90710, 90716
(1) MMR - Recommended Codes - CPT: 90707; MMRV - 90710
(1) Hepatitis A - Recommended Code - CPT: 90633

#### **On or Before Second Birthday:**

(3) Hepatitis B - Recommended Codes - CPT: 90697, 90723, 90740, 90744, 90747, 90748

#### 6 Months of Age Through Second Birthday:

(2) Influenza - Recommended Codes - CPT: 90655, 90657, 90661, 90673, 90674, 90685, 90686, 90687, 90688, 90689, 90765

**On or Between Ninth and Thirteenth Birthdays:** 

LAIV - Recommended Codes - 90660, 90672





## Colorectal Cancer Screening (COL-E) VBC Measure

Definition: Adults ages 45-75

#### Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

One or more of the following screenings:

- colonoscopy in past 10 years (measurement year and nine years prior)
- flexible sigmoidoscopy in past five years (measurement year and four years prior)
- CT colonography (e.g., virtual colonoscopy) in the past five years (measurement year and four years prior)
- FIT-DNA (e.g., Cologuard) test in the past three years (measurement year and two years prior)
- fecal occult blood test (iFOBT or gFOBT) annually (measurement year)

**Exclusion Criteria:** Diagnosis of colorectal cancer or total colectomy anytime during the member's history through the measurement year. Members in hospice or using hospice services or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### FOBT:

CPT/CPT II: 82270, 82274 HCPCS: G0328 LOINC: 12503-9, 12504-7, 14563-1, 14564-9, 14565-6,2335-8, 27396-1, 27401-9, 27925-7, 27926-5, 29771-3, 56490-6, 56491-4, 57905-2, 58453-2, 80372-6

#### **FIT-DNA Test:**

CPT/CPT II: 81528. This code is specific to the Cologuard® FIT-DNA test. HCPCS: G0464. This code was retired and replaced with CPT/CPT II code 81528 on January 1, 2016. LOINC: 77353-1, 77354-9

#### Flexible Sigmoidoscopy:

CPT/CPT II: 45330-45335, 45337, 45338, 45340-45342, 45346, 45347, 45349, 45350 HCPCS: G0104

#### **Computed Tomography (CT) Colonography:**

CPT/CPT II: 74261–74263 LOINC: 60515-4. 72531-7, 79069-1, 79071-7, 79101-2, 82688-3

#### **Colonoscopy:**

CPT/CPT II: 44388-44394, 44401-44408, 45378-45382, 45384-45386, 45388-45393, 45398 HCPCS: G0105, G0121









## Controlling High Blood Pressure (CBP) VBC Measure

Definition: Adults ages 18-85

Adequate control is defined as: <140/90

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of hypertension (HTN).

Most recent blood pressure reading in the medical record for 2024



**Exclusion Criteria:** Members in hospice or receiving palliative care anytime during the measurement year. Members with evidence of end-stage renal disease (ESRD), dialysis, nephrectomy, or kidney transplant anytime during the member's history on or prior to December 31 of the measurement year. Members with a diagnosis of pregnancy anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### ICD-10 Codes To Identify HTN: 110

#### **CPT II Codes for BP Values:**

Systolic less than 140: 3074F, 3075F Systolic greater than/equal to 140: 3077F Diastolic less than 80: 3078F Diastolic 80–89: 3079F Diastolic greater than/equal to 90: 3080

> STARS 2023 Focus Measure





## Deprescribing of Benzodiazepines in Older Adults (DBO) \*Medicare Only

Definition: Adults ages 67 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members who were dispensed benzodiazepines and experienced a 20% decrease or greater in benzodiazepine dose (diazepam milligram equivalent [DME] dose) during the measurement year (2024)



**Exclusion Criteria:** Members with a diagnosis of seizure disorder, REM sleep behavior disorder, benzodiazepine withdrawal, or ethanol withdrawal on or before January 1 of the year prior to the measurement year and the ITE start date. Members in hospice using hospice services, or palliative care. Members who died anytime during the measurement year.

Note: A lower rate represents better performance for all rates.





# Depression Remission or Response for Adolescents and Adults (DRR-E)

Definition: Ages 12 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of major depression with an elevated PHQ-9 (total score  $\geq$  9) or dysthymia who had evidence of response or remission within four to eight months of the elevated score.

#### Three rates are reported:

- 1. Follow-up PHQ-9 within four to eight months after the initial elevated PHQ-9 score
- 2. Depression Remission: achieved remission within four to eight months after the initial elevated PHQ-9 score of <5
- **3. Depression Response:** showed a response within four to eight months after the initial elevated PHQ-9 score, with PHQ-9 score reduction of at least 50%

**Exclusion Criteria:** Members with any of the following anytime during the member's history through the end of the measurement year: bipolar disorder, personality disorder, psychotic disorder, or pervasive developmental disorder. Members in hospice or using hospice services anytime during the measurement year.

#### Codes

#### ICD-10 Codes To Identify Major Depression and Dysthymia:

F32.0-F32.5, F32.9, F33.0-F33.3, F43.40-F43.42, F33.9, F34.1

#### **CPT Codes To Identify Interactive Outpatient Encounters:**

90791, 90792, 90832, 90834, 90837, 98960–98962, 98967–98972, 98980, 98981, 99078, 99202–99205, 99211–99215, 99220, 99242–99245, 99341–99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99411–99412, 99421–99423, 99441–99443, 99457, 99458, 99483, 99492–99494, 99510







# Depression Screening and Follow-up for Adolescents and Adults (DSF-E)

Definition: Ages 12 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Screened for clinical depression using a standardized tool and, if screened positive, received follow-up care within 30 days (e.g., an outpatient or telephone follow-up visit, depression case management encounter, behavioral health encounter, or dispensed antidepressant medication) following a positive depression screen finding.



**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year (2024). Members with a history of bipolar disorder anytime during the member's history through the end of the year prior to the measurement year (2023). Members with depression that starts in the prior year (2023) through the measurement year (2024).

# Diabetes Monitoring for People With Diabetes and Schizophrenia (SMD)

Definition: Adults ages 18-64

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members with diagnosis of schizophrenia or schizoaffective disorder and diabetes who had both an LCL-C test and HbA1c test during the measurement year (2024)



**Exclusion Criteria:** Members who did not have a diagnosis of diabetes in any setting, during 2023 or 2024. Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

CPT Codes To Identify: HBA1c Tests: 83036, 83037 LDL-C Screening: 80061, 83700, 83701, 83704, 83721





## Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD)

Definition: Adults ages 18-64

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

- diagnosis of schizophrenia, schizoaffective disorder, or bipolar disorder
- dispensed an antipsychotic medication on an ambulatory basis
- diabetes screening (glucose or HbA1c) test during the measurement year (2024)

**Exclusion Criteria:** Members with diabetes or who were dispensed insulin or oral hypoglycemics/ antihyperglycemics during the measurement year or the year prior to the measurement year. Members who had no antipsychotic medications dispensed during the measurement year. Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **ICD-10 Codes To Identify Diagnosis:**

**Bipolar:** F30.10–F30.13, F30.2–F30.4, F30.8–F30.9, F31.0, F31.10–F31.13, F31.2, F31.30–F31.32, F31.4–F31.5, F31.60–F31.64, F31.70–F31.78, F31.81, F31.89, F31.9 **Schizophrenia:** F20.0–F20.3, F20.5, F20.81, F20.89, F20.9, F25.0–F25.1, F25.8–F25.9

#### **CPT Codes To Identify Diabetes Screening:**

**Glucose Tests:** 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951 **HbA1c Tests:** 83036,83037





# Diabetes Screening for People With Diabetes and Schizophrenia (SMD)

Definition: Adults ages 18-64

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members with a diagnosis of schizophrenia or schizoaffective disorder and diabetes who had both an LCL-C test and an HbA1c test during the measurement year (2024).



**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

CPT Codes To Identify: HbA1c Tests: 83036, 83037 LDL-C Screening: 80061, 83700, 83701, 83704, 83721





## Emergency Department Visits for Hypoglycemia in Older Adults With Diabetes (EDH) \*Medicare Only

Definition: Members 67 years of age or older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members with diabetes (types 1 and 2) who had an ED visit for hypoglycemia during the measurement year (2024).

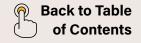


#### Two rates are reported:

- 1. Members with diabetes (types 1 and 2) who had an ED visit for hypoglycemia during the measurement year
- 2. Members with diabetes (types 1 and 2) who had at least one dispensing event of insulin within each sixmonth treatment period from July 1 of the year prior to the measurement year through December 31 of the measurement year

**Exclusion Criteria:** Members who do not have a diagnosis of diabetes in any setting during the measurement year or the year prior to the measurement year and who had a diagnosis of polycystic ovarian syndrome, gestational diabetes, or steroid-induced diabetes in any setting during the measurement year or the year prior to the measurement year. Members in hospice or using hospice services during the measurement year.





## Eye Exam for Patients With Diabetes (EED) VBC Measure

Definition: Adults ages 18-75

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of diabetes (Types 1 and 2) who had one of the following:

- retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist) in 2024
- negative retinal or dilated eye exam (negative for retinopathy) by an eye care professional (optometrist or ophthalmologist) in 2023, **or**
- bilateral eye enucleation anytime during the member's history through December 31 of the measurement year

**Exclusion Criteria:** Members in hospice, using hospice services, or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **ICD-10 Codes To Identify Diabetes:**

E10.10, E10.11, E10.21, E10.22, E10.29, E11.00-E11.9; E13.00-E13.9

#### **CPT/CPT II Codes for Diabetic Retinal Screening:**

67028, 67030, 67031, 67036, 67039-67043, 67101, 67105, 67107, 67108, 67110, 67113, 67121, 67141, 67145, 67208, 67210, 67218, 67220, 67221, 67227, 67228,92002, 92004, 92012, 92014, 92018, 92019, 92134, 92201, 92202, 92227–92228, 92230, 92235, 92240, 92250, 92260, 99203–92205, 99213–99215, 99242–99245, 2022F–2026F, 2033F, 3072F

STARS 2023 Focus Measure







## Fall Risk Management (FRM) \*Medicare Only

Definition: Adults ages 65 and older.

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Two components of this measure that assess different facets of fall risk management:

#### 1. discussing fall risk

- seen by a practitioner in the past 12 months
- · discussed falls or problems with balance or walking with their current practitioner

#### 2. managing fall risk

- had a fall or problems with balance or walking in the past 12 months
- seen by a practitioner in the past 12 months
- received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner







## Follow-up After Emergency Department Visit for Alcohol and Other Drug Dependence (FUA)

#### **VBC Measure**

**Definition:** Ages 13 and older. ED visit with principal diagnosis of alcohol or other drug (AOD) abuse/dependence who had a follow-up visit for AOD.

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

- follow-up visit with any practitioner with a principal diagnosis of AOD within seven days of discharge (eight total days)
- follow-up visit with any practitioner with a principal diagnosis of AOD within 30 days of discharge (31 total days)

**Exclusion Criteria:** ED visits that result in an inpatient stay and ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit, or within the 30 days after the ED visit, regardless of the principal diagnosis for the admission.

#### Codes

#### **ICD-10:**

F10.10, F10.120, F10.121, F10.129-F10.132, F10.139, F10.14, F10.150, F10.151, F10.159, F10.180-F10.182, F10.188, F10.19

#### CPT:

98960-98962, 99201-99205, 99211-99215





## Follow-up After Emergency Department Visit for Mental Illness (FUM)\*

#### **VBC Measure**

Definition: Ages 6 years and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnosed with a mental illness or intentional self-harm, who had a follow-up visit for mental illness.



#### Two rates are reported:

- 1. the percentage of ED visits for which the member received follow-up within seven days of the ED visit (eight total days)
- 2. the percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days)

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **Behavioral Health Outpatient Visit:**

CPT: 98960–98962, 99078, 99202–99205, 99211–99215, 99242–99245, 99341–99342, 99344, 99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99411, 99412, 99483, 99492–99494, 99510

\*Adapted from an NCQA measure with financial support from the Office of the Assistant Secretary for Planning and Evaluation (ASPE) under Prime Contract No. HHSP23320100019WI/ HHSP23337001T, in which NCQA was a subcontractor to Mathematica. Additional financial support was provided by the Substance Abuse and Mental Health Services Administration (SAMHSA).





### Follow-up After Emergency Department Visit for People With Multiple High-risk Chronic Conditions (FMC) \*Medicare Only - VBC Measure

Definition: Ages 18 and older

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Rating

STARS 2023 Focus Measure

#### Helpful Tips To Achieve Performance Measure:

Members with emergency department (ED) visits who have multiple (two or more) high-risk chronic conditions such as COPD/asthma, dementia, CKD, major depression, heart failure, MI, atrial fibrillation, or stroke who had a follow-up service within seven days of the ED visit (eight total days)

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.





### Follow-up After Emergency Department Visit for Substance Use (FUA)

Definition: Ages 13 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

ED visit with principal diagnosis of substance use disorder (SUD) or any diagnosis of drug overdose for which there was a follow-up



#### Two rates are reported:

- 1. follow-up visit within seven days of the ED visit (eight total days)
- 2. follow-up visit within 30 days of the ED visit (31 total days)

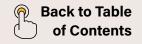
**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **Behavioral Health Outpatient Visit:**

CPT: 98960–98962, 99078, 99202–99205, 99211–99215, 99242–99245, 99341, 99342, 99344, 99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99411, 99412, 99483, 99492–99494, 99510





### Follow-up After High-intensity Care for Substance Use Disorder (FUI)

Definition: Ages 13 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

- · acute inpatient hospitalization, residential treatment, or detoxification visit
- diagnosis of substance use disorder
- follow-up visit or event with any practitioner for a principal diagnosis of substance use disorder

#### Two rates are reported:

- 1. the percentage of visits or discharges for which members received follow-up for substance use disorder within seven days after the visit or discharge
- **2.** the percentage of visits or discharges for which members received follow-up for substance use disorder within 30 days after the visit or discharge

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

### Follow-up After Hospitalization for Mental Illness (FUH)

Definition: Ages 6 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

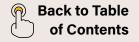
- hospitalized for treatment of selected mental illness or intentional self-harm, and
- one follow-up outpatient visit, intensive outpatient encounter, or partial hospitalization with a mental health provider

#### Two rates are reported:

- 1. follow-up visit within seven days of discharge
- 2. follow-up visit within 30 days of discharge

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.







### Follow-up Care for Children Prescribed ADHD Medication (ADD-E)

Definition: Children ages 6-12

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members with a newly prescribed ADHD medication who had at least three follow-up care visits within a 10-month period, one of which was within 30 days of when the first ADHD medication was prescribed.



#### Two rates are reported:

- 1. Initiation Phase: one follow-up visit with a practitioner with prescribing authority within 30 days
- 2. Continuation and Maintenance Phase: remained on the medication for at least 210 days and had two additional visits with a practitioner within 270 days (nine months) after the initiation phase ended

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members with a diagnosis of narcolepsy anytime during their history through the measurement year. Members who died anytime during the measurement year.





### Glycemic Status Assessment for Patients With Diabetes (GSD)

### **VBC Measure**

Definition: Adults ages 18-75

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of diabetes (Types 1 and 2) whose most recent glycemic status (hemoglobin A1c (HbA1c) or glucose management indicator (GMI) was at the following levels from measurement year (2024):



• Glycemic Status (<8.0%)

**Exclusion Criteria:** Members in hospice or using hospice services or palliative care anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **ICD-10 Codes To Identify Diabetes:**

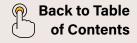
E10.10, E10.11, E10.21, E10.22, E10.29, E11.00-E11.9, E13.00-E13.9

#### **CPT/CPT II for HbA1c:**

83036, 83037, 3044F, 3046F, 3051F, 3052F









### Immunizations for Adolescents (IMA-E)

Definition: Children who turn 13 years old during the measurement year (2024)

- 1 dose meningococcal vaccine between the 11th and 13th birthdays, or anaphylaxis due to the vaccine anytime on or before the member's 13th birthday, and
- 1 tetanus, diphtheria toxoids, and acellular pertussis (Tdap) vaccine between the 10th and 13th birthdays; or anaphylaxis or encephalitis due to the vaccine anytime on or before the 13th birthday, and
- 2-dose or 3-dose HPV vaccination series between the 9th and 13th birthdays, or anaphylaxis due to the vaccine anytime on or before the 13th birthday

\*Note: This measure includes the human papillomavirus vaccine (HPV) for both males and females.

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

- All vaccines must be completed on or before the 13th birthday.
- For documented history of anaphylaxis, there must be a note indicating the date of the event, which must have occurred by the member's 13th birthday.

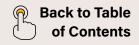
**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.

- Parental refusal is not an exclusion.
- Documentation of "immunizations are up-to-date" is not acceptable.
- For meningococcal, do not count meningococcal recombinant (serogroup B) (MenB) vaccines.

#### Codes

CPT Codes: Meningococcal CPT: 90619, 90733, 90734 Tdap CPT: 90715 HPV-CPT: 90649–90651





### Initiation and Engagement of Substance Use Disorder Treatment (IET)

### **VBC Measure**

Definition: Ages 13 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

New substance use disorder (SUD) episodes (194 days negative diagnosis history) that results in treatment initiation and engagement



#### Two rates are reported:

- 1. Initiation of SUD Treatment: within 14 days of the diagnosis through an inpatient SUD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth, or medication treatment
- 2. Engagement of SUD Treatment: evidence of treatment engagement within 34 days of the initiation

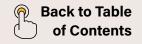
**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **Codes To Identify AOD Visits:**

CPT: 98960–98962, 99078, 99201–99205, 99211–99215, 99241–99245, 99341–99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99408, 99409, 99411, 99412, 99483, 99492–99494, 99510





### \*Kidney Health Evaluation for Patients With Diabetes

Definition: Adults ages 18-85

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Diagnosis of diabetes (type 1 and type 2) who received a kidney health evaluation during the measurement year (2024), defined by:



- an estimated glomerular filtration rate (eGFR) and
- a urine albumin-creatinine ratio (uACR)

**Exclusion Criteria:** Members with evidence of ESRD or dialysis anytime during the member's history on or prior to December 31 of the measurement year. Members in hospice or using hospice services or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes:

#### **ICD-10 Codes To Identify Diabetes:**

E10.10, E10.11, E10.21, E10.22, E10.29, E11.00-E11.9, E13.00-E13.9

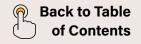
#### **CPT Codes:**

eGFR: 80047-80048, 80050, 80053, 80069, 82565 uACR: 82043, 82570

\*This measure was developed by NCQA with input from the National Kidney Foundation.

STARS 2023 Focus Measure





### Lead Screening in Children \*Medicaid Only

Definition: Children who turn 2 years old during the measurement year (2024)

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

At least one capillary or venous lead blood test by their second birthday.

Documentation in the record must include both of the following:

- date the test was performed
- result of finding

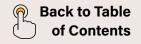
**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.

#### Codes

**CPT:** 83655







### Management of Urinary Incontinence in Older Adults (MUI) \*Medicare Only

Definition: Adults ages 65 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Three components that assess the management of urinary incontinence in older adults:

#### 1. discussing urinary incontinence

- reported having urine leakage in the past six months
- discussed their urinary leakage problem with a healthcare provider

#### 2. discussing treatment of urinary incontinence

- reported having urine leakage in the past six months
- discussed treatment options for their current urine leakage problem

#### 3. impact of urinary incontinence

- reported having urine leakage in the past six months
- reported that urine leakage made them change their daily activities or interfered with their sleep a lot







### Medical Assistance With Smoking Cessation and Tobacco Use Cessation (MSC)

Definition: Current smoker/tobacco user ages 18 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

This measure assesses **three different components** of providing medical assistance with smoking and tobacco use cessation:



- Advising smokers and tobacco users to quit
  - received advice to quit during the measurement year (2024)
- Discussing Cessation Medications
  - discussed or were recommended cessation medications during the measurement year (2024)
- Discussing cessation strategies
  - discussed or were provided cessation methods or strategies during the measurement year (2024)



### Medication Adherence for Cholesterol (Statins) VBC Measure

**Definition:** Any member 18 years or older who has at least two fills of a designated medication(s) as defined in each measure. The measurement is calculated using Proportion of Days Covered (PDC) using Pharmacy Data Encounter (PDE) data. PDC is the number of days the member has medication on hand/is covered by the medication based on the dates of prescription fills (numerator) compared to the number of days in the time period (denominator).

Applicable Quality Program(s): CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

The measurement is calculated using Proportion of Days Covered (PDC) using Pharmacy Data Encounter (PDE) data. PDC is the number of days the member has medication on hand/ is covered by the medication based on the dates of prescription fills (numerator) compared to the number of days in the time period (denominator). Members will only be recognized when filling medication through Sentara Health Plans.



This measure is calculated daily and is not a "gap" that can be closed.

- Write for 90-day supplies: This will ensure that a member is "covered" for 90 days. This gives the member a better chance to make the 80% PDC threshold throughout the year.
- **Update prescriptions:** If the dose changes, make sure to update the prescription with the new directions.
- Ask members about barriers to medication use: Cost of medications is well-known as a barrier, but other factors are just as prevalent. Can members get to the pharmacy? Can members read the small labels? Do members know how to take the medications?

MAC Medication Inclusion: Statin medications

Exclusion Criteria: Hospice enrollment, ESRD diagnosis or coverage dates.





### Medication Adherence for Diabetes Medications VBC Measure

**Definition:** Any member 18 years or older who has at least two fills of a designated medication(s) as defined in each measure

The measurement is calculated using Proportion of Days Covered (PDC) with Pharmacy Data Encounter (PDE) data. PDC is the number of days the member has medication on hand/is covered by the medication based on the dates of prescription fills (numerator) compared to the number of days in the time period (denominator).

#### Applicable Quality Program(s): CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

This measure is calculated daily and is not a "gap" that can be closed.

- Write for 90-day supplies: This will ensure that a member is "covered" for 90 days. This gives the member a better chance to make the 80% PDC threshold throughout the year.
- Update prescriptions: If the dose changes, make sure to update the prescription with the new directions.
- Ask members about barriers to medication use: Cost of medications is well-known as a barrier, but other factors are just as prevalent. Can members get to the pharmacy? Can members read the small labels? Do members know how to take the medications?
- Only medications filled through Sentara Health Plans will be recognized.
- This measure is calculated daily and is not a "gap" that can be closed.

**Medication Inclusion:** biguanides, sulfonylureas, thiazolidinediones, and dipeptidyl peptidase (DPP)-IV inhibitors, incretin mimetics, meglitinides, and sodium glucose cotransporter 2 (SGLT2) inhibitors.







### Medication Adherence for Hypertension (RAS Antagonists)

### **VBC Measure**

**Definition:** The measurement is calculated using Proportion of Days Covered (PDC) with Pharmacy Data Encounter (PDE) data. PDC is the number of days the member has medication on hand/is covered by the medication based on the dates of prescription fills (numerator) compared to the number of days in the time period (denominator).

Applicable Quality Program(s): CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Any member 18 years or older who has at least two fills of a designated medication(s) as defined in each measure. The measurement is calculated using PDC with PDE data. PDC is the number of days the member has medication on hand/ is covered by the medication based on the dates of prescription fills (numerator) compared to the number of days in the time period (denominator). Only medications filled through Sentara Health Plans will be recognized.



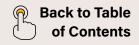
This measure is calculated daily and is not a "gap" that can be closed.

- Write for 90-day supplies: This will ensure that a member is "covered" for 90 days. This gives the member a better chance to make the 80% PDC threshold throughout the year.
- **Update prescriptions:** If the dose changes, make sure to update the prescription with the new directions.
- Ask members about barriers to medication use: Cost of medications is well-known as a barrier, but other factors are just as prevalent. Can members get to the pharmacy? Can members read the small labels? Do members know how to take the medications?

**Medication Inclusion:** angiotensin converting enzyme inhibitor (ACEI), angiotensin receptor blocker (ARB), or direct renin inhibitor medications

**Exclusion Criteria:** Hospice enrollment, ESRD diagnosis or coverage dates, one or more prescriptions for sacubitril/valsartan.





# Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E)\*

Definition: Children and adolescents ages 1-17

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Children and adolescents who had two or more antipsychotics prescriptions and had metabolic testing.

#### Three rates are reported:

- 1. children and adolescents on antipsychotics who received blood glucose testing
- 2. children and adolescents on antipsychotics who received cholesterol testing
- 3. children and adolescents on antipsychotics who received blood glucose and cholesterol testing

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### CPT Codes To Identify Cholesterol Tests Other Than LDL: 82465, 83718, 83722, 84478

\*Developed with financial support from the Agency for Healthcare Research and Quality (AHRQ) and the Centers for Medicare & Medicaid Services (CMS) under the CHIPRA Pediatric Quality Measures Program Centers of Excellence grant number U18 HS020503.





### Non-recommended PSA-based Screening in Older Men (PSA) \*Medicare Only

Definition: Men ages 70 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Screened unnecessarily for prostate cancer using prostate-specific antigen (PSA)-based screening during the measurement year (2024)



**Exclusion Criteria:** Prostate cancer diagnosis anytime during the member's history through December 31 of the measurement year. Dysplasia of the prostate anytime during the measurement year or the year prior to the measurement year. A PSA test during the year prior to the measurement year (2023) where laboratory data indicate an elevated (>4.0 ng/ml) or abnormal result. Dispensed prescription for a 5-alpha reductase inhibitor during the measurement year. Members in hospice or using hospice services during the measurement year.

#### Codes

CPT codes for PSA-based Screening: 84152–84154

### Oral Evaluation Dental Services (OED)

Definition: Members 21 years of age and younger

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members who received a comprehensive or periodic oral evaluation with a dental provider during the measurement year (2024)



**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.





### Osteoporosis Screening in Older Women (OSW) \*Medicare Only

Definition: Women ages 65-75

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Received one or more osteoporosis screening tests on or between the member's 65th birthday and December 31 of the measurement year (2024)



**Exclusion Criteria:** Members who had a claim/encounter for osteoporosis therapy anytime in the member's history through December 31 of the year prior to the measurement year. Members who were prescribed a prescription to treat osteoporosis anytime on or between January 1, 2021–December 31, 2024. Hospice enrollment.

#### Codes

**CPT Codes:** 76977, 77078, 77080–77081, 77085





# Osteoporosis Management in Women Who Had a Fracture (OMW) \*Medicare Only

### **VBC Measure**

Definition: Women ages 65-75

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Suffered a fracture and had one of the following in the six months after the fracture:

- a bone mineral density (BMD) test or
- a prescription for a drug to treat osteoporosis

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who received palliative care anytime during the intake period through the end of the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **Bone Mineral Density Tests:**

- CPT/CPT II: 76977, 77078, 77080, 77081, 77085, 77086
- ICD-10 Procedure: BP48ZZ1, BP49ZZ1, BP4GZZ1, BP4HZZ1, BP4HZZ1, BP4HZZ1, BP4MZZ1, BP4NZZ1, BP4PZZ1, BQ00ZZ1, BQ01ZZ1, BQ03ZZ1, BQ04ZZ1, BR00ZZ1, BR07ZZ1, BR09ZZ1, BR0GZZ1

#### **Osteoporosis Medications:**

HCPCS: J0897, J1740, J3110, J3111, J3489







### Pediatric Quality Indicator 14: Asthma Admission Rate (PDI)

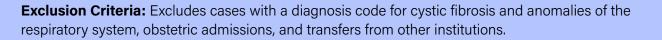
### **VBC Measure**

Definition: Members ages 2 through 17 with a principal ICD-10-CM diagnosis code for asthma (ACSASTD)

#### Applicable Quality Program(s): AHRQ

#### Helpful Tips To Achieve Performance Measure:

- development of a written asthma action plan in partnership with patient/family
- monitor medication compliance



#### Codes

#### Asthma Diagnosis Codes:

J4521, J4552, J4522, J45901, J4531, J45902, J4532, J45990, J4541, J45991, J4542, J45998, J4551





### Pharmacotherapy Management of COPD Exacerbation (PCE)

Definition: Adults ages 40 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Discharged from an acute inpatient admission or an ED visit with a primary diagnosis of COPD on or between January 1–November 30, 2024, **and** 

prescribed appropriate medications (or already had an active prescription for):

- a systemic corticosteroid within 14 days of the event
- a bronchodilator within 30 days of the event

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

ICD-10 Codes To identify COPD: J44.0, J44.1, J44.9

## Pharmacotherapy for Opioid Use Disorder (POD)

Definition: Ages 16 and older

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

- Diagnosis of opioid use disorder
- Dispensed an opioid use disorder treatment medication (e.g., Naltrexone, buprenorphine) taken for 180 days or more without a gap in treatment of eight or more consecutive days

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.





### Physical Activity in Older Adults (PAO) \*Medicare Only

Definition: Adults ages 65 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Two components of this measure that assess different facets of promoting physical activity in older adults:

- 1. Discussing Physical Activity
  - had a doctor's visit in the past 12 months
  - spoke with a doctor or other healthcare provider about their level of exercise or physical activity
- 2. Advising Physical Activity
  - had a doctor's visit in the past 12 months
  - · received advice to start, increase, or maintain their level of exercise or physical activity

### Postpartum Depression Screening and Follow-up (PDS-E)

#### Applicable quality program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

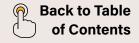
Screened for clinical depression during the postpartum period, and if screened positive, received follow-up care

#### Two rates are reported:

- 1. **Depression Screening:** screened for clinical depression using a standardized instrument during the postpartum period (7–84 days following date of delivery)
- 2. Follow-up on Positive Screen: received follow-up care within 30 days of a positive depression screen finding

**Exclusion Criteria:** Deliveries in which members were in hospice or using hospice services anytime during the measurement period. Members who died during the measurement year.









### Potentially Harmful Drug-Disease Interactions in Older Adults (DDE) \*Medicare Only

Definition: Adults ages 65 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Evidence of an underlying disease, condition, or health concern, and who were dispensed an ambulatory prescription for a potentially harmful medication, concurrent with, or after the diagnosis.



#### Three rates are reported:

- **1. a history of falls** and a prescription for antiepileptics, antipsychotics, benzodiazepines, nonbenzodiazepine hypnotics, or antidepressants (SSRIs, tricyclic antidepressants, SNRIs)
- **2. dementia** and a prescription for antipsychotics, benzodiazepines, nonbenzodiazepine hypnotics, tricyclic antidepressants, or anticholinergic agents
- 3. chronic kidney disease and a prescription for COX-2 selective NSAIDs or nonaspirin NSAIDs

**Exclusion Criteria:** Members in hospice or using hospice services or receiving pallative care anytime during the measurement year. Members with a diagnosis of psychosis, schizophrenia, schizoaffective disorder, or bipolar disorder on or between January 1, 2023 to December 1, 2024. Members who died anytime during the measurement year.





### Prenatal and Postpartum Care (PPC) VBC Measure

Definition: Members who delivered a live infant between October 8, 2023, and October 7, 2024

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Two components to assess prenatal and postpartum care:

1. timeliness of prenatal care – received a prenatal care visit in the first trimester, on or before the enrollment start date, or within 42 days of enrollment



2. postpartum care - had a postpartum visit on or between 7 and 84 days after delivery

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

**Timeliness of Prenatal Care Recommended Codes:** CPT: 99205, 99211–99215, 99241–99245, 99483

Postpartum Care Recommended Codes: CPT: 57170, 58300, 59430, 99501

## Prenatal Depression Screening and Follow-up (PND-E)

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

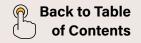
Screened for clinical depression while pregnant and, if screening is positive, received follow-up care

#### Two rates are reported:

- 1. **Depression Screening:** screened for clinical depression during pregnancy using a standardized instrument
- 2. Follow-up on Positive Screen: received follow-up care within 30 days of a positive depression screening finding

**Exclusion Criteria:** Deliveries in which members were in hospice or using hospice services anytime during the measurement period. Deliveries that occurred at less than 37 weeks gestation. Members who died during the measurement year.







## Prenatal Immunization Status (PRS-E)

Definition: Deliveries in the measurement year (2024)

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Received the following recommended vaccines during the measurement year (2024):

- influenza
- tetanus, diphtheria toxoids, and acellular pertussis (Tdap) during the pregnancy (including on the delivery date)



**Exclusion Criteria:** Deliveries in which members were in hospice or using hospice services anytime during the measurement period. Deliveries that occurred at less than 37 weeks gestation. Members who died during the measurement year.

### Prevention Quality Indicator 05 (as calculated by DMAS): COPD or Asthma in Older Adults Admission Rate (PQI) VBC Measure

**Definition:** Admissions with a principal diagnosis of chronic obstructive pulmonary disease (COPD) or asthma per 100,000 population, ages 40 years and older

#### Applicable Quality Program(s): AHRQ

#### Helpful Tips To Achieve Performance Measure:

Discharges, for patients ages 40 years and older, with either

- principal ICD-10-CM diagnosis code for COPD (ACCOPDD\*) (excluding acute bronchitis) or
- principal ICD-10-CM diagnosis code for asthma (ACSASTD\*)

Exclusion Criteria: Excludes obstetric admissions and transfers from other institutions.

#### Codes

#### Primary Diagnosis Codes for COPD and Asthma:

J41.0, J41.1, J41.8, J42, J43.0, J43.1, J43.2, J43.8, J43.9, J44.0, J44.1, J44.9, J47.0, J47.1, J47.9, J45.21, J45.22, J45.31, J45.32, J45.41, J45.42, J45.51, J45.52, J45.901, J45.902, J45.990, J45.991, J45.998





# Prevention Quality Indicator 08 (as calculated by DMAS): Heart Failure Admission Rate (PQI)

### **VBC Measure**

Definition: Admissions with a principal diagnosis of heart failure per 100,000 population, ages 18 years and older

#### Applicable Quality Program(s): AHRQ

#### Helpful Tips To Achieve Performance Measure:

Discharges, for patients ages 18 years and older, with a principal ICD-10-CM diagnosis code for heart failure



**Exclusion Criteria:** Discharges, for patients ages 18 years and older, with a principal ICD-10-CM diagnosis code for heart failure.

#### Codes

#### **Primary Diagnosis Codes for Heart Failure:**

109.81, 111.0, 113.0, 113.2, 150.1, 150.20, 150.21, 150.22, 150.23, 150.30, 150.31, 150.32, 150.33, 150.4, 150.41, 150.42, 150.43, 150.9, 150.810, 150.811, 150.812, 150.813, 150.814, 150.82, 150.83, 150.84, 150.89

# Risk of Continued Opioid Use (COU)

Definition: Adults ages 18 and older

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

A new episode of opioid use that puts them at risk for continued opioid use

#### Two rates are reported:

- 1. the percentage of members with at least 15 days of prescription opioids in a 30-day period
- 2. the percentage of members with at least 31 days of prescription opioids in a 62-day period

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who had at least one of the following during the 12 months (1 year) prior to the prescription start date through 61 days after the prescription start date: cancer, sickle cell disease, or palliative care. Members who died anytime during the measurement year.





## Social Need Screening and Intervention (SNS-E)

**Definition:** Members ≤ 17–65 years

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members who were screened, using prespecified instruments, at least once during the measurement year (2024) for unmet food, housing, and transportation needs, and received a corresponding intervention within one month if they screened positive.



Interventions may include any of the following intervention categories: assistance, assessment, counseling, coordination, education, evaluation of eligibility, provision, or referral.

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Medicare members 66 years of age and older by the end of the measurement year who meet either of the following:

- enrolled in Institutional SNP (I-SNP) during the measurement year
- living long-term in an institution during the measurement year, as identified by the LTI flag in the Monthly Membership Detail Data File (use the run date of the file to determine if a member had an LTI flag during the measurement year)
- members who died during the measurement year





# Statin Therapy for Patients With Cardiovascular Disease (SPC)

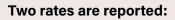
### **VBC Measure**

Definition: Males ages 21-75; females ages 40-75

Applicable quality program(s): CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Identified as having clinical atherosclerotic cardiovascular disease (ASCVD) during the measurement year (2024)



- **1. Received Statin Therapy:** Members who were dispensed at least one high or moderateintensity statin medication during the measurement year
- 2. Statin Adherence 80%: Members who remained on a high or moderate-intensity statin medication for at least 80% of the treatment period (from prescription date through end of year)

**Exclusion criteria:** Diagnosis of pregnancy or had IVF during the measurement year or the year prior. Diagnosis of ESRD, dialysis, or cirrhosis during the measurement year or the year prior. Diagnosis of myalgia, myositis, myopathy, or rhabdomyolysis during the measurement year. Dispensed at least one prescription for clomiphene during the measurement year or the year prior. Member in hospice or using hospice services or receiving palliative care anytime during the measurement year. Member died anytime during the measurement year.

#### Codes

#### Moderate or High-intensity Statin Therapy:

Atorvastatin: 10–80mg Amlodipine-atorvastatin: 10–80mg Rosuvastatin: 5–40mg Simvastatin: 20–80mg Ezetimibe-simvastatin: 20–80mg Pravastatin: 40–80mg Lovastatin: 40–80mg Fluvastatin 40–80mg Pitavastatin 1–4mg



#### ICD-10 Codes for Myalgia/Myositis/Myopathy/Rhabdomyolysis:

G72.0, G72.2, G72.9, M60.80–M60.812, M60.819, M60.821–M60.822, M60.829, M60.831–M60.832, M60.839, M60.841–M60.842, M60.849, M60.851– M60.852, M60.859, M60.861–M60.862, M60.869, M60.871–M60.872, M60.879, M60.88–M60.89, M60.9, M62.82, M79.1–M79.12, M79.18





### Statin Therapy for Patients With Diabetes (SPD) VBC Measure

Definition: Adults ages 40-75

Applicable Quality Program(s): CMS Medicare Advantage Star Ratings

#### Helpful Tips To Achieve Performance Measure:

Identified as having diabetes and does not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria:

#### Two rates are reported:



- 1. **Received Statin Therapy:** Members who were dispensed at least one statin medication of any intensity during the measurement year
- 2. Statin Adherence 80%: Members who remained on a statin medication of any intensity for at least 80% of the treatment period (from prescription date through end of year)

**Exclusion criteria:** Members diagnosed with myalgia, myositis, myopathy, or rhabdomyolysis (in 2024). Members with any of the following (in 2023 or 2024): IVD diagnosis, pregnancy/IVF, prescribed clomiphene, ESRD or dialysis, cirrhosis. Members who had at least one of the following during the year prior to the measurement year: discharged from an inpatient setting with MI or had a CABG, PCI, or another revascularization procedure. Members in hospice or using hospice services or receiving palliative care anytime during the measurement year.

#### Codes

#### Myalgia/Myositis/Myopathy/Rhabdomyalysis:

G72.0, G72.2, G72.9, M60.80-M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839, M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869, M60.871, M60.872, M60.879, M60.88, M60.89, M60.9, M62.82, M79.11, M79.12, M79.18





# Topical Fluoride for Children (TFC)

Definition: Members ages 1-4 years

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members who received at least two fluoride varnish applications during the measurement year (2024)



\*This measure has been included in and/or adapted for HEDIS with the permission of the Dental Quality Alliance (DQA) and American Dental Association (ADA). © 2023 DQA on behalf of ADA, all rights reserved.

**Exclusion Criteria:** Members in hospice or using hospice services anytime during the measurement year. Members who died anytime during the measurement year.





### Transitions of Care (TRC) \*Medicare Only VBC Measure

#### Description: Adults ages 18 and older

#### **Definitions:**

Documentation in the PCP record of the following in 2024:

Applicable Quality Program(s): HEDIS, CMS Medicare Advantage Star Rating

#### Helpful Tips To Achieve Performance Measure:

- 1. Notification of Inpatient Admission
  - on the day of admission through two days after
- 2. Receipt of Discharge Information
  - on the day of discharge through two days after
- 3. Patient Engagement After Inpatient Discharge
  - (e.g., office visits, home visits, telehealth) provided within 30 days after discharge
- 4. Medication Reconciliation Post Discharge
  - conducted by a prescribing practitioner, clinical pharmacist, physician assistant, or registered nurse on the date of discharge through 30 days after discharge (documentation of review of both a list of the member's current outpatient medications and the discharge medications, or notation that no medications were prescribed upon discharge)

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died during the measurement year. Members who died during the measurement year.

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#### Codes

**CPT Codes for Transitional Care Management Services and Medication Reconciliation:** 99483,99495, 99496, 111F

STARS 2023 Focus Measure



### Unhealthy Alcohol Use Screening and Follow-up (ASF-E)

Definitions: Adults ages 18 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

 screened for unhealthy alcohol use using a standardized tool (AUDIT, Single-question Screen), and



 if screened positive, received brief counseling or other follow-up care within two months (e.g., feedback on alcohol use and harms, identification of high-risk situations for drinking and coping strategies, development of a personal plan to reduce drinking, and documentation of receiving alcohol misuse treatment)

**Exclusion Criteria:** Members with alcohol use disorder that starts during the year prior to the measurement year. Members with a history of dementia anytime during the member's history through the end of the measurement year. Members in hospice or using hospice services during the measurement year. Members who died during the measurement year.



# Use of First-line Psychosocial Care for Children and Adolescents on Antipsychotocs (APP)\*

Definitions: Ages 1-17 years

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members who had a **new** prescription (four-month negative medication history) for an antipsychotic medication and had documentation of psychosocial care as first-line treatment during the period from 90 days prior to 30 days after the prescription fill.



**Exclusion Criteria:** Members for whom first-line antipsychotic medications may be clinically appropriate: members with a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, other psychotic disorder, autism, or other developmental disorder during the measurement year (2024). Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.

#### Codes:

#### **CPT Codes To Identify Psychosocial Care:**

90832-90834, 90836-90840, 90845-90847, 90849, 90853, 90875-90876, 90880

\*Developed with financial support from the Agency for Healthcare Research and Quality (AHRQ) and CMS under the CHIPRA Pediatric Quality Measures Program Centers of Excellence grant number U18HS020503, from a measure developed by MedNet Medical Solutions.





### Use of High-risk Medications in Older Adults (DAE) \*Medicare Only

Definitions: Adults ages 67 and older

Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Received at least two dispensing events for high-risk medications to avoid from the same drug class (except for appropriate diagnoses)



**Exclusion Criteria:** Members in hospice or using hospice services or receiving palliative care during the measurement year. Members who died anytime during the measurement year.

Note: a lower rate represents a better performance.





### Use of Imaging Studies for Low Back Pain (LBP)

**Definitions:** Adults ages 18–75

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Principal diagnosis of low back pain who did not have an imaging study (plain X-ray, MRI, CT) within 28 days of the diagnosis.



**Exclusion Criteria:** Members in hospice or using hospice services or receiving palliative care anytime during the measurement year. Members who died anytime during the measurement year. Diagnosis of cancer, HIV, spondylopathy, major organ transplant, or history of major organ transplant, osteoporosis therapy, or a dispensed prescription to treat osteoporosis or lumbar surgery anytime during the member's history through 28 days after the IESD. Trauma or a fragility fracture anytime during the 90 days prior to the IESD through 28 days after the IESD. IV drug abuse, neurological impairment, or spinal infection anytime during the 365 days prior to IESD through 28 days after IESD. Prolonged use of corticosteroids: 90 consecutive days of corticosteroid treatment anytime during the 365 days prior to the IESD.

Index Episode Start Date (IESD) is defined as the earliest date of service for an eligible encounter during the intake period (January 1 through December 3, 2024) with a principal diagnosis of low back pain.

#### Codes

#### ICD-10 Codes To Identify Uncomplicated Low Back Pain:

M47.26–M47.28, M47.816–M47.818, M47.896–M47.898, M48.061–M48.07, M48.08, M51.16– M51.17, M51.26, M51.27–M51.36, M51.37, M51.86, M51.87, M53.2X6–M53.2X8–M53.88, M54.16– M54.9, M99.03–M99.84, S33.100A–S33.9XXA, S39.002A–S39.92XS

Note: A higher score indicates appropriate treatment of low back pain.





### Use of Opioids at High Dosage (HDO)

Definitions: Adults ages 18 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Received a prescription for opioids at a high dosage (average morphine milligram equivalent dose [MME]  $\geq$ 90) for  $\geq$ 15 days during the measurement year (2024)



**Exclusion Criteria:** Members with cancer or sickle cell disease anytime during the measurement year. Members in hospice or using hospice services or receiving palliative care during the measurement year. Members who died anytime during the measurement year.

Note: A lower rate indicates better performance.

### Use of Opioids From Multiple Providers (UOP)

Definitions: Adults ages 18 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

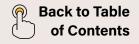
Received a prescription for ≥15 days from multiple providers during the measurement year (2024).

Three rates are reported: Opioid prescriptions received from and/or filled at:

- 1. Multiple Prescribers (four or more different prescribers)
- 2. Multiple Pharmacies (four or more different pharmacies)
- 3. Multiple Prescribers and Multiple Pharmacies (both four or more different prescribers and four or more different pharmacies)

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.





### Utilization of the PHQ-9 To Monitor Depression Symptoms for Adolescents and Adults (DMS-E)

Definitions: Ages 12 and older

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Members with diagnosis of major depression or dysthymia, and had an outpatient encounter with a PHQ-9 score present in their record in the same assessment period as the encounter.



#### Two rates are reported:

- 1. Inclusion in ECDS Rate: The percentage of members 12 and older with a diagnosis of major depression or dysthymia, who are included in an electronic clinical data system (ECDS)
- 2. Utilization of PHQ-9 Rate: The percentage of PHQ utilization. Members with diagnosis of major depression or dysthymia who are covered by an ECDS and, if they had an outpatient encounter, have a PHQ-9 score present in their record

**Exclusion criteria:** Members with any of the following anytime during the member's history through the end of the measurement year: bipolar disorder, personality disorder, psychotic disorder, or pervasive developmental disorder. Members in hospice or using hospice services during the measurement year.

#### Codes:

**ICD-10 Codes To Identify Major Depression and Dysthymia:** F32.0–F32.5, F32.9, F33.0–F33.3, F43.40–F43.42, F33.9, F34.1

#### **CPT Codes To Identify Interactive Outpatient Encounters:**

90791, 90792, 90832, 90834, 90837, 98960–98962, 99078, 99201–99205, 99211–99215, 99217–99220, 99241–99245, 99341–99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99411–99412, 99483, 99510

LOINC Codes To Identify PHQ Administered: 44261–6, 89204–2





### Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents

**Definitions:** Members 3–17 years of age who had an outpatient visit with a PCP or an OB/GYN during the measurement year (2024) and had evidence of the following documented:

- BMI percentile\*
- counseling for nutrition
- counseling for physical activity

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

BMI Percentile documentation must include date, height, and weight.

- BMI percentile may be plotted on age-growth chart
- weight and height must be taken during the measurement year (2024)

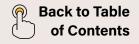
Counseling for nutrition documentation must include a note indicating the **date** and **at least one of the following**:

- discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors)
- · checklist indicating nutrition was addressed
- counseling or referral for nutrition education
- educational materials on nutrition during a face-to-face visit
- anticipatory guidance for nutrition
- weight or obesity counseling
- referral to WIC

Counseling for physical activity documentation includes a note indicating the **date** and **at least one of the following**:

- discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation)
- checklist indicating physical activity was addressed
- · counseling or referral for physical activity
- member received educational materials on physical activity during a face-to-face visit
- anticipatory guidance specific to the child's physical activity
- weight or obesity counseling





### Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents - continued

Documentation of meeting Developmental Milestones only does not meet HEDIS<sup>®</sup> criteria for Physical Activity Counseling.

Services specific to an acute or chronic condition do not count toward the counseling indicators for either nutrition or physical activity.



**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who have a diagnosis of pregnancy anytime during the measurement year. Members who died anytime during the measurement year.

#### Codes

#### **ICD-9 Codes:**

BMI Percentile: Z68.51-Z68.54 Counseling for Nutrition: Z71.3 Counseling for Physical Activity: Z02.5, Z71.82

**CPT Codes:** Counseling for Nutrition: 97802–97804

\*Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.





## Well-child Visits in the First 30 Months of Life (W30)

Definitions: Children who turned 15 months or 30 months during measurent year 2024

#### Applicable Quality Program(s): HEDIS

#### Helpful Tips To Achieve Performance Measure:

Well-child visits with a PCP/pediatrician during the last 15 months.

#### Two rates are reported:

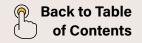
- six (6) or more well-child visits on different dates of service on or before the 15-month birthday
- 2. two (2) or more well-child visits on different dates of service between the child's 15-month birthday plus one day and the 30-month birthday

**Exclusion Criteria:** Members in hospice or using hospice services during the measurement year. Members who died anytime during the measurement year.

#### Codes

**CPT Codes To Identify Well-child Visits:** 99381–99385, 99391–99395, 99461







### Glossary

Attributed Member: member for whom the provider is held accountable in regards to care.

**CPT Category II Code:** tracking codes, ending with an "F," which facilitate data collection related to quality and performance measurement.

**CPT Code:** medical code set used to report medical, surgical, diagnostic procedures, and other services by physicians/providers/facilities to health insurance companies and accreditation organizations.

**Denominator:** the number of members who qualify for the measure criteria.

**Drug Tiers:** a way for insurance providers to determine medicine costs. The higher the tier, the higher the cost of the medicine for the member in general.

**HCPCS Code:** Healthcare Common Procedure Coding System (often pronounced hick picks). A set of codes, beginning with a letter, used to report supplies, materials, drugs, procedures, and other services.

**HEDIS:** Health Care Effectiveness Data and Information Set. Standardized performance measures developed by NCQA (National Committee for Quality Assurance).

**ICD-10-CM (Diagnosis Code):** a code system used by physicians and other healthcare providers to classify and code all diagnoses, signs, and symptoms.

**ICD-10 (Procedure Code):** a code system used to report procedures performed by physicians and other healthcare providers in a facility/hospital setting.

Numerator: the number of members who meet compliance criteria.

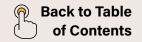
**PMPM:** per member per month. Usual unit of measure that payers remit to providers.

Measurement Year: January 1 through December 31.

**Stars:** CMS rating system used to measure how well Medicare Advantage and Part D plans perform in several areas, including quality of care and customer satisfaction. Stars ratings range from one to five, with one being the lowest score and five being the highest.

**Step Therapy:** trying less expensive options before "stepping up" to drugs that cost more.







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