



Sentara Health Plans Medical and Clinical Policy Updates

Effective October 1, 2026

Sentara Health Plans would like to notify you of the following medical policy updates made since the last version of **Provider News**.

You can access all current Sentara Health Plans medical policies at sentarahealthplans.com.

You can link directly to Sentara Health Plans current Prior Authorization List (PAL) at pal.sentarahealthplans.com.

For the most current, comprehensive review of the proceedings from Sentara Health Plans' pharmacy and therapeutics committee, please view the [Quarterly Pharmacy Changes](#) to see Formulary and Authorization updates.

Medical Policies

The Medical Policy Committee (MPC) approved the following Medical Policies applicable to Sentara Health Plans. These medical policies take effect October 1, 2026.

Policy Number	Policy Name	Status	Applicable Service Lines
Surgical 230	Nasal Repair	Archived	Commercial and Medicaid
Surgical 03	Cosmetic and Reconstructive Surgery	Revised	Commercial and Medicaid
Surgical 73	Skin and Tissue Substitutes	Revised	Commercial and Medicaid
DME 24	Wearable External Cardioverter Defibrillators	Archived	Commercial and Medicaid
DME 63	Automated External Defibrillators	Revised	Commercial and Medicaid
Surgical 126	Leadless Cardiac Pacemaker	Revised	Commercial and Medicaid
Surgical 106	Subcutaneous and Substernal Implantable Cardioverter-Defibrillator	Revised	Commercial and Medicaid
DME 251	Orthotics and Braces	Revised	Commercial and Medicaid
DME 21	Prosthetics	Revised	Commercial and Medicaid
DME 33	Vitrectomy Face-Down Positioning System	Archived	Commercial and Medicaid
Surgical 233	Computer Assisted Navigation	Archived	Commercial, Medicaid and Medicare

Surgical 04	Varicose Veins of the Lower Extremities	Revised	Commercial and Medicaid
Surgical 39	Tissue Transplantation of the Knee, Ankle and Talus	Reviewed	Commercial and Medicaid
Surgical 231	Percutaneous Spinal Augmentation	Reviewed	Commercial and Medicaid
Surgical 96	Total Ankle Replacement	Reviewed	Commercial, Medicaid and Medicare
DME 60	Ultraviolet Light Therapy System for Home Use	Reviewed	Commercial and Medicaid
Medical 247	Muscle Pain Detector	Reviewed	Commercial and Medicaid
Medical 317	Implantable Hemodynamic Monitoring	Reviewed	Commercial and Medicaid
DME 32	Iontophoresis Treatment for Hyperhidrosis	Reviewed	Commercial, Medicaid and Medicare