



Sentara Health Plans

BEHAVIORAL HEALTH GUIDELINE

MAJOR DEPRESSIVE DISORDER

Guideline History

Date Approved	7/06
Date Revised	7/08; 7/10; 7/12; 10/18
Date Reviewed	7/14; 7/16, 7/18, 10/20, 10/22, 9/24
Next Review Date	9/25

These Guidelines are promulgated by Sentara Healthcare (SHC) as recommendations for the clinical Management of specific conditions. Clinical data in a particular case may necessitate or permit deviation from these Guidelines. The SHC Guidelines are institutionally endorsed recommendations and are not intended as a substitute for clinical judgment.

Sentara Health Plans follows the standards and recommendations set forth in the Clinical Practice Guideline for the Management of Major Depressive Disorder by Veterans Affairs and Department of Defense.

Please utilize this link to review this comprehensive document in its entirety:

[VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder](#)

For ease of reference, Pharmacotherapy recommendations may be found in Appendix J, on page 132 of the guideline.