

Sports Hernia Repair (Athletic Pubalgia Surgery)

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<u>Effective Date</u>	11/2021
<u>Next Review Date</u>	8/15/2024
<u>Coverage Policy</u>	Surgical 127
<u>Version</u>	2

Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual’s benefit plan for details*.

Purpose:

This policy addresses the medical necessity for Sports Hernia Repair (Athletic Pubalgia Surgery).

Description & Definitions:

Sports Hernia Repair (Athletic Pubalgia Surgery) is the surgical repair of torn groin muscles of the leg and abdomen.

Criteria:

Sports Hernia Repair (Athletic Pubalgia Surgery) is considered **not medically necessary** for any indication.

Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
27299	Unlisted procedure, pelvis or hip joint
49659	Unlisted laparoscopy procedure, hernioplasty, herniorrhaphy, herniotomy

49999	Unlisted procedure, abdomen, peritoneum and omentum
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U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Revised Dates:

Reviewed Dates:

- 2023: August
- 2022: August

Effective Date:

- November 2021

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

(2023). Retrieved July 31, 2023, from MCG 26th Edition: <https://careweb.careguidelines.com/ed26/index.html>

(2023). Retrieved July 31, 2023, from CMS: <https://www.cms.gov/medicare-coverage-database/search-results.aspx?keyword=Pubalgia&keywordType=all&areald=all&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all&sortBy=relevance>

Core Muscle Injury Producing Groin Pain in the Athlete: Diagnosis and Treatment. (2023, June 1). Retrieved July 31, 2023, from Journal of the American Academy of Orthopaedic Surgeons: <https://doi.org/10.5435/JAAOS-D-22-00739>

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Procedure Fee Files & CPT Codes. (2023). Retrieved July 31, 2023, from Department of Medical Assistance Services: <https://www.dmas.virginia.gov/for-providers/rates-and-rate-setting/procedure-fee-files-cpt-codes/> & <https://www.dmas.virginia.gov/for-providers/cardinal-care-transition/>

Sports-related groin pain or 'sports hernia'. (2023, Jan 5). Retrieved July 31, 2023, from UpToDate: https://www.uptodate.com/contents/sports-related-groin-pain-or-sports-hernia?search=core%20muscle%20injury&topicRef=100491&source=see_link

Special Notes: *

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Keywords:

Sports Hernia Repair, Athletic Pubalgia Surgery, Surgical 127, injury, groin, sportsman's hernia, hernioplasty, hockey groin, Gilmore's groin