OPTIMADIRECT[®]

For Employer-Sponsored Health Plans



What is OptimaDirect[®]?

OptimaDirect network plans offer all the benefits and services you expect from an Optima Health plan. They include the full network of over 35,000¹ doctors and facilities, in a two-tier structure.

The Direct network consists of:

- **Tier 1:** Entire Optima Health network with the exception of doctors and facilities in Tier 2
- **Tier 2:** Mary Washington Healthcare doctors and facilities

Note: Effective April 15, 2021, University of Virginia Health System doctors and facilities are now in Tier 1

Emergency care received from an out-of-network doctor or facility will be covered at the Tier 1 in-network rate.

Search for doctors on the Find a Doc tool on **optimahealth.com**.

Members can maximize cost savings when they use a Tier 1 doctor or facility.

Where are OptimaDirect plans available?

OptimaDirect Vantage (HMO), POS, and Plus² (PPO) plans are offered throughout the entire Optima Health service area.

¹ Sentara Health Plans, Inc., Provider Status Report, 2020 ²OptimaDirect Plus (PPO) Plans are available for Small Group (1-50 employees) only.



Optima Health is the trade name of Optima Health Plan, Optima Health Insurance Company, and Sentara Health Plans, Inc. Optima Select and Direct HMO and Point-of-Service products are underwritten by Optima Health Plan. Optima Preferred Provider Organization products are underwritten by Optima Health Insurance Company. All Optima Health plans have benefit exclusions and limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage please call your broker or Optima Health or sign in to Optimahealth.com.