

Access a health program built just for members

Express Scripts is offering Omada® to help people lose weight with one-on-one health coaching and the tools needed to build healthy habits that stick.

The best part: the program—a \$700 value—is **no additional cost** if clinically eligible to enroll.

With Omada, members get

- ✓ One-on-one support from a health coach
- ✓ Easy monitoring with a smart scale
- ✓ OmadaSpark AI—get answers to food related questions and ideas for healthier meals and snacks
- ✓ Easy food tracking—just snap a picture, scan a barcode, or type in meals



Get a welcome kit at no extra cost once enrolled

It includes an easy-to-use smart scale shipped to members' door, theirs to keep.

- Readings sync automatically
- No set up required, batteries included
- Get a personalized plan based on progress

If eligible, Express Scripts will pay for the entire cost of the program.



Claim My Benefit:
omadahealth.com/express-scripts1