

2026 Sentara Plans | On- & Off-Exchange

On-Exchange Plan Name	Sentara M Gold 1000 Ded	Sentara M Gold 2200 Ded	Sentara M Gold 3500 Ded	Sentara M Silver 4400 Ded	Sentara M Silver 6500 Ded
Off-Exchange Plan Name	Sentara Gold 1000 Ded	Sentara Gold 2200 Ded	Sentara Gold 3500 Ded	Sentara Silver 4400 Ded	Sentara Silver 6500 Ded
In-network deductible: individual family	\$1,000 \$2,000	\$2,200 \$4,400	\$3,500 \$7,000	\$4,400 \$8,800	\$6,500 \$13,000
In-network out-of-pocket max: individual family	\$9,950 \$19,900	\$7,500 \$15,000	\$6,450 \$12,900	\$9,650 \$19,300	\$8,950 \$17,900
Coinsurance	20%	20%	30%	25%	30%
Preventive care	No charge	No charge	No charge	No charge	No charge
Physician services					
Primary Care Physician (PCP) office visit	\$35	\$25	\$20	\$40	\$35
Specialist office visit	\$65	\$50	\$50	\$75	\$75
Virtual consults	No charge	No charge	No charge	No charge	No charge
Emergency & urgent care services					
Urgent care	\$50	\$50	\$50	\$50	\$50
Emergency services (in- and out-of-network)	40% AD	40% AD	50% AD	45% AD	50% AD
Inpatient services					
Inpatient hospital services	20% AD	20% AD	30% AD	25% AD	30% AD
Outpatient services					
Outpatient diagnostic tests: X-ray, ultrasound, EKG, etc.	20% AD	20% AD	30% AD	25% AD	30% AD
Outpatient advanced diagnostic tests: MRI, CT scan, etc.	20% AD	20% AD	30% AD	25% AD	30% AD
Outpatient surgery	20% AD	20% AD	30% AD	25% AD	30% AD
Mental/behavioral health & substance use disorder services					
Outpatient office visits (PCP, specialist, or virtual consults)	\$45	\$35	\$30	\$50	\$45
Inpatient services	20% AD	20% AD	30% AD	25% AD	30% AD
Other covered services					
Maternity care	20% AD	20% AD	30% AD	25% AD	30% AD
Chiropractic care (spinal manipulation)*	20% AD	20% AD	30% AD	25% AD	30% AD
Physical and occupational therapy*	20% AD	20% AD	30% AD	25% AD	30% AD
Pharmacy					
Retail prescription drug coverage tier 1 tier 2 tier 3 tier 4	Medical deductible applies \$15 \$40 35% AD 40% AD	Medical deductible applies \$15 \$40 30% AD 35% AD	Medical deductible applies \$10 \$50 45% AD 50% AD	Medical deductible applies \$15 \$50 45% AD 50% AD	Medical deductible applies \$15 \$75 45% AD 50% AD
Mail-order prescription drug coverage tier 1 tier 2 tier 3 tier 4	Medical deductible applies \$45 \$120 35% AD 40% AD	Medical deductible applies \$45 \$120 30% AD 35% AD	Medical deductible applies \$30 \$150 45% AD 50% AD	Medical deductible applies \$45 \$150 45% AD 50% AD	Medical deductible applies \$45 \$225 45% AD 50% AD



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2026 Sentara Plans | **On- & Off-Exchange** *(continued)*

On-Exchange Plan Name	Sentara M Bronze 6250 Ded HSA	Sentara M Bronze 7200 Ded	Sentara M Bronze 8400 Ded	Sentara M Bronze 9800 Ded
Off-Exchange Plan Name	Sentara Bronze 6250 Ded HSA	Sentara Bronze 7200 Ded	Sentara Bronze 8400 Ded	Sentara Bronze 9800 Ded
In-network deductible: individual family	\$6,250 \$12,500	\$7,200 \$14,400	\$8,400 \$16,800	\$9,800 \$19,600
In-network out-of-pocket max: individual family	\$8,500 \$17,000	\$10,600 \$21,200	\$10,600 \$21,200	\$10,600 \$21,200
Coinsurance	30%	40%	45%	50%
Preventive care	No charge	No charge	No charge	No charge
Physician services				
Primary Care Physician (PCP) office visit	30% AD	\$45	\$60	\$75
Specialist office visit	30% AD	\$90	\$120	\$150
Virtual consults	No charge AD	No charge	No charge	No charge
Emergency & urgent care services				
Urgent care	30% AD	\$50	\$75	\$90
Emergency services (in- and out-of-network)	50% AD	50% AD	50% AD	50% AD
Inpatient services				
Inpatient hospital services	30% AD	40% AD	45% AD	50% AD
Outpatient services				
Outpatient diagnostic tests: X-ray, ultrasound, EKG, etc.	30% AD	40% AD	45% AD	50% AD
Outpatient advanced diagnostic tests: MRI, CT scan, etc.	30% AD	40% AD	45% AD	50% AD
Outpatient surgery	30% AD	40% AD	45% AD	50% AD
Mental/behavioral health & substance use disorder services				
Outpatient office visits (PCP, specialist, or virtual consults)	30% AD	\$50	\$60	\$75
Inpatient services	30% AD	40% AD	45% AD	50% AD
Other covered services				
Maternity care	30% AD	40% AD	45% AD	50% AD
Chiropractic care (spinal manipulation)*	30% AD	40% AD	45% AD	50% AD
Physical and occupational therapy*	30% AD	40% AD	45% AD	50% AD
Pharmacy				
Retail prescription drug coverage tier 1 tier 2 tier 3 tier 4	Medical deductible applies 30% AD 30% AD 35% AD 40% AD	Medical deductible applies \$20 40% AD 45% AD 50% AD	Medical deductible applies \$25 40% AD 45% AD 50% AD	Medical deductible applies \$30 40% AD 45% AD 50% AD
Mail-order prescription drug coverage tier 1 tier 2 tier 3 tier 4	Medical deductible applies 30% AD 30% AD 35% AD 40% AD	Medical deductible applies \$60 40% AD 45% AD 50% AD	Medical deductible applies \$75 40% AD 45% AD 50% AD	Medical deductible applies \$90 40% AD 45% AD 50% AD



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2026 Sentara **Cost-Share Reduction (CSR) Plans**

Plan Name	Core Plan	CSR 73%	CSR 87%	CSR 94%	Core Plan	CSR 73%	CSR 87%	CSR 94%
	Sentara M Silver 6500 Ded	Sentara Silver 3400 Ded (04)	Sentara Silver 400 Ded (05)	Sentara Silver 50 Ded (06)	Sentara M Silver 4400 Ded	Sentara Silver 3150 Ded (04)	Sentara Silver 300 Ded (05)	Sentara Silver 0 Ded (06)
In-network deductible: individual family	\$6,500 \$13,000	\$3,400 \$6,800	\$400 \$800	\$50 \$100	\$4,400 \$8,800	\$3,150 \$6,300	\$300 \$600	\$0 \$0
In-network out-of-pocket max: individual family	\$8,950 \$17,900	\$8,000 \$16,000	\$3,350 \$6,700	\$1,400 \$2,800	\$9,650 \$19,300	\$8,200 \$16,400	\$3,450 \$6,900	\$1,600 \$3,200
Coinsurance	30%	30%	25%	15%	25%	25%	25%	15%
Preventive care	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge
Physician services								
Primary Care Physician (PCP) office visit	\$35	\$25	\$20	\$10	\$40	\$30	\$20	\$10
Specialist office visit	\$75	\$75	\$50	\$25	\$75	\$75	\$40	\$20
Virtual consults	No charge	No charge	No charge	No charge	No charge	No charge	No charge	No charge
Emergency & urgent care services								
Urgent care	\$50	\$50	\$50	\$25	\$50	\$50	\$40	\$20
Emergency services (in- and out-of-network)	50% AD	50% AD	45% AD	35% AD	45% AD	45% AD	45% AD	35%
Inpatient services								
Inpatient hospital services	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Outpatient services								
Outpatient diagnostic tests: X-ray, ultrasound, EKG, etc.	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Outpatient advanced diagnostic tests: MRI, CT scan, etc.	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Outpatient surgery	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Mental/behavioral health & substance use disorder services								
Outpatient office visits (PCP, specialist, or virtual consults)	\$45	\$35	\$30	\$20	\$50	\$40	\$30	\$20
Inpatient services	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Other covered services								
Maternity care	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Chiropractic care (spinal manipulation)*	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Physical and occupational therapy*	30% AD	30% AD	25% AD	15% AD	25% AD	25% AD	25% AD	15%
Pharmacy								
Retail prescription drug coverage tier 1 tier 2 tier 3 tier 4	Medical deductible applies \$15 \$75 45% AD 50% AD	Medical deductible applies \$15 \$50 45% AD 50% AD	Medical deductible applies \$10 \$40 45% AD 50% AD	Medical deductible applies \$5 \$25 40% AD 45% AD	Medical deductible applies \$15 \$50 45% AD 50% AD	Medical deductible applies \$15 \$40 45% AD 50% AD	Medical deductible applies \$15 \$40 45% AD 50% AD	No Rx deductible \$5 \$20 40% 45%
Mail-order prescription drug coverage tier 1 tier 2 tier 3 tier 4	Medical deductible applies \$45 \$225 45% AD 50% AD	Medical deductible applies \$45 \$150 45% AD 50% AD	Medical deductible applies \$30 \$120 45% AD 50% AD	Medical deductible applies \$15 \$75 40% AD 45% AD	Medical deductible applies \$45 \$150 45% AD 50% AD	Medical deductible applies \$45 \$120 45% AD 50% AD	Medical deductible applies \$45 \$120 45% AD 50% AD	No Rx deductible \$15 \$60 40% 45%



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There’s more than one way to buy healthcare coverage.

That’s especially true for members who may not be eligible for a health insurance subsidy.

2026 Sentara **Unique Plans | Only available Off-Exchange**

Our Sentara Unique Off-Exchange Plans are only offered outside the Virginia's Insurance Marketplace. Sentara Unique Off-Exchange Plans are ideal for those without subsidies to receive plan benefits with lower out-of-pocket costs. These plans include all the comprehensive benefits, wellness programs, preventive services, and useful tools we offer on all of our Sentara Individual & Family Health Plans.

Plan Name	Sentara Platinum 0 Ded	Sentara Gold 1300 Ded	Sentara Silver 5000 Ded	Sentara Silver 3200 Ded	Sentara Silver 3500 Ded HSA	Sentara Silver 5900 Ded
In-network deductible: individual family	\$0 \$0	\$1,300 \$2,600	\$5,000 \$10,000	\$3,200 \$6,400	\$3,500 \$7,000	\$5,900 \$11,800
In-network out-of-pocket max: individual family	\$3,800 \$7,600	\$7,500 \$15,000	\$10,000 \$20,000	\$8,000 \$16,000	\$7,000 \$14,000	\$9,900 \$19,800
Coinsurance	20%	10%	25%	30%	30%	35%
Preventive care	No charge	No charge	No charge	No charge	No charge	No charge
Physician services						
Primary Care Physician (PCP) office visit	\$20	\$25	\$25	\$30	30% AD	\$35
Specialist office visit	\$40	\$50	\$75	\$60	30% AD	\$75
Virtual consults	No charge	No charge	No charge	No charge	No charge AD	No charge
Emergency & urgent care services						
Urgent care	\$50	\$50	\$50	\$50	30% AD	\$50
Emergency services (in- and out-of-network)	40%	30% AD	45% AD	50% AD	50% AD	50% AD
Inpatient services						
Inpatient hospital services	20%	10% AD	25% AD	30% AD	30% AD	35% AD
Outpatient services						
Outpatient diagnostic tests: X-ray, ultrasound, EKG, etc.	\$40	\$50	\$50	30% AD	30% AD	35% AD
Outpatient advanced diagnostic tests: MRI, CT scan, etc.	\$150	\$250	\$350	30% AD	30% AD	35% AD
Outpatient surgery	20%	10% AD	25% AD	30% AD	30% AD	35% AD
Mental/behavioral health & substance use disorder services						
Outpatient office visits (PCP, specialist, or virtual consults)	\$30	\$35	\$35	\$40	30% AD	\$45
Inpatient services	20%	10% AD	25% AD	30% AD	30% AD	35% AD
Other covered services						
Maternity care	20%	10% AD	25% AD	30% AD	30% AD	35% AD
Chiropractic care (spinal manipulation)*	20%	10% AD	25% AD	30% AD	30% AD	35% AD
Physical and occupational therapy*	\$20	\$25	\$50	30% AD	30% AD	35% AD
Pharmacy						
Retail prescription drug coverage tier 1 tier 2 tier 3 tier 4	No Rx deductible \$10 \$40 \$100 \$350	Medical deductible applies \$15 \$40 30% AD 35% AD	Medical deductible applies \$20 \$60 40% AD 45% AD	Medical deductible applies \$30 \$60 40% AD 45% AD	Medical deductible applies 30% AD 30% AD 40% AD 45% AD	Medical deductible applies \$25 \$75 45% AD 50% AD
Mail-order prescription drug coverage tier 1 tier 2 tier 3 tier 4	No Rx deductible \$30 \$120 \$300 \$350	Medical deductible applies \$45 \$120 30% AD 35% AD	Medical deductible applies \$60 \$180 40% AD 45% AD	Medical deductible applies \$90 \$180 40% AD 45% AD	Medical deductible applies 30% AD 30% AD 40% AD 45% AD	Medical deductible applies \$75 \$225 45% AD 50% AD



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2026 Sentara **Standard Plans**

On-Exchange Plan Name	Sentara Standard M Gold 2000 Ded	Sentara Standard M Silver 6000 Ded	Sentara Standard M Bronze 7500 Ded	Sentara Standard Silver 3000 Ded (04)	Sentara Standard Silver 700 Ded (05)	Sentara Standard Silver 0 Ded (06)
Off-Exchange Plan Name	Sentara Standard Gold 2000 Ded	Sentara Standard Silver 6000 Ded	Sentara Standard Bronze 7500 Ded	CSR 73%	CSR 87%	CSR 94%
				Available On-Exchange Only	Available On-Exchange Only	Available On-Exchange Only
In-network deductible: individual family	\$2,000 \$4,000	\$6,000 \$12,000	\$7,500 \$15,000	\$3,000 \$6,000	\$700 \$1,400	\$0 \$0
In-network out-of-pocket max: individual family	\$8,200 \$16,400	\$8,900 \$17,800	\$10,000 \$20,000	\$7,400 \$14,800	\$3,300 \$6,600	\$2,200 \$4,400
Coinsurance	25%	40%	50%	40%	30%	25%
Preventive care	No charge	No charge	No charge	No charge	No charge	No charge
Physician services						
Primary Care Physician (PCP) office visit	\$30	\$40	\$50	\$40	\$20	\$0
Specialist office visit	\$60	\$80	\$100	\$80	\$40	\$10
Virtual consults	No charge	No charge	No charge	No charge	No charge	No charge
Emergency & urgent care services						
Urgent care	\$45	\$60	\$75	\$60	\$30	\$5
Emergency services (in- and out-of-network)	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Inpatient services						
Inpatient hospital services	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Outpatient services						
Outpatient diagnostic tests: X-ray, ultrasound, EKG, etc.	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Outpatient advanced diagnostic tests: MRI, CT scan, etc.	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Outpatient surgery	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Mental/behavioral health & substance use disorder services						
Outpatient office visits (PCP, specialist, or virtual consults)	\$30	\$40	\$50	\$40	\$20	\$0
Inpatient services	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Other covered services						
Maternity care	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Chiropractic care (spinal manipulation)*	25% AD	40% AD	50% AD	40% AD	30% AD	25%
Physical and occupational therapy*	\$30	\$40	\$50	\$40	\$20	\$0
Pharmacy						
Retail prescription drug coverage tier 1 tier 2 tier 3 tier 4	No Rx deductible \$15 \$30 \$60 \$250	Medical deductible applies \$20 \$40 \$80 AD \$350 AD	Medical deductible applies \$25 \$50 AD \$100 AD \$500 AD	Medical deductible applies \$20 \$40 \$80 AD \$350 AD	Medical deductible applies \$10 \$20 \$60 AD \$250 AD	No Rx deductible \$0 \$15 \$50 \$150
Mail-order prescription drug coverage tier 1 tier 2 tier 3 tier 4	No Rx deductible \$45 \$90 \$180 \$250	Medical deductible applies \$60 \$120 \$240 AD \$350 AD	Medical deductible applies \$75 \$150 AD \$300 AD \$500 AD	Medical deductible applies \$60 \$120 \$240 AD \$350 AD	Medical deductible applies \$30 \$60 \$180 AD \$250 AD	No Rx deductible \$0 \$45 \$150 \$150



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