## **CONTROLLING HIGH BLOOD PRESSURE**

# Common Chart Deficiencies:

- Including readings from patient's home blood pressure monitor in record. Member-reported BP readings may <u>not</u> be used for HEDIS purposes.
- **<u>Undated</u>** Problem List.

# Tips to Improve HEDIS rate:

 When documenting on the Problem List, note the <u>date</u> <u>of the entry</u>. The intent of the measure is to identify when the provider first identified or became aware of the member having HTN.

 Electronic medical records may provide a means to track gaps in care and reminders of needed services. Members 18-85 years of age, who had a diagnosis of hypertension (HTN) and whose BP was *adequately controlled* during the measurement year (currently 2018) defined as:

⇒ **<140/90** 

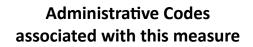
- ⇒ Members are identified as hypertensive if they have at least <u>two</u> outpatient visits with a diagnosis of hypertension during the measurement year (2018) or the year prior to the measurement year (2017).
- ⇒ May <u>not</u> use BP readings taken on dates of diagnostic or therapeutic procedures requiring a medication regimen, a change in diet or a change in medication (e.g., colonoscopy, dialysis, chemotherapy).
- $\Rightarrow$  Representative BP must be taken <u>on or after</u> the second date of service confirming the diagnosis of hypertension.
- ⇒ If multiple readings are recorded on a single date, the lowest systolic and lowest diastolic BP on that date will be used as the representative BP
- ⇒ If <u>NO</u> BP reading is recorded during the measurement year (currently 2018), the member is considered 'not controlled'.

Exclusions:

-Pregnancy during the measurement year

-ESRD, kidney transplant or dialysis

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#### ICD-10 Codes:

Essential Hypertension: I10

ESRD: N18.5; N18.6; Z91.15; Z99.2

Kidney transplant: Z94.0

### **CPT II codes:**

Diastolic less than 80: 3078F Diastolic between 80-89: 3079F Diastolic greater than/equal to 90: 3080F

Systolic less than 140: 3074F, 3075F Systolic greater than/equal to 140: 3077F

\***NOTE**: This is not a comprehensive list.