

# CONTROLLING HIGH BLOOD PRESSURE

## Common Chart Deficiencies:

- Including readings from patient's home blood pressure monitor in record. Member-reported BP readings may **not** be used for HEDIS purposes.
- **Undated** Problem List.

## Tips to Improve HEDIS rate:

- When documenting on the Problem List, note the **date of the entry**. The intent of the measure is to identify when the provider first identified or became aware of the member having HTN.
- Electronic medical records may provide a means to track gaps in care and reminders of needed services.

Members 18-85 years of age, who had a diagnosis of hypertension (HTN) and whose BP was ***adequately controlled*** during the measurement year (currently 2018) defined as:

⇒ **<140/90**

- ⇒ Members are identified as hypertensive if they have **at least two outpatient visits with a diagnosis of hypertension** during the measurement year (2018) or the year prior to the measurement year (2017).
- ⇒ May **not** use BP readings taken on dates of diagnostic or therapeutic procedures requiring a medication regimen, a change in diet or a change in medication (e.g., colonoscopy, dialysis, chemotherapy).
- ⇒ Representative BP must be taken **on or after** the second date of service confirming the diagnosis of hypertension.
- ⇒ If multiple readings are recorded on a single date, the lowest systolic and lowest diastolic BP on that date will be used as the representative BP
- ⇒ If **NO BP reading** is recorded during the measurement year (currently 2018), the member is considered '*not controlled*'.

### Exclusions:

- Pregnancy during the measurement year
- ESRD, kidney transplant or dialysis

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### Administrative Codes associated with this measure

#### ICD-10 Codes:

Essential Hypertension: I10

ESRD: N18.5; N18.6; Z91.15; Z99.2

Kidney transplant: Z94.0

#### CPT II codes:

Diastolic less than 80: 3078F

Diastolic between 80-89: 3079F

Diastolic greater than/equal to 90: 3080F

Systolic less than 140: 3074F, 3075F

Systolic greater than/equal to 140: 3077F

**\*NOTE:** This is not a comprehensive list.