

Cervical Laminectomy, Surgical 122

Table of Content

Purpose

Description & Definitions

Criteria Coding

Document History

References

Special Notes

Keywords

Effective Date 7/2023

Next Review Date 10/2025

Coverage Policy Surgical 122

<u>Version</u> 5

Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details $\underline{*}$.

Purpose:

This policy addresses Cervical Laminectomy of the spine.

Description & Definitions:

Cervical Laminectomy is a surgery that creates space by removing of the lamina, the back portion of a spinal bone in the neck. The laminectomy procedure removes pressure on the spinal cord caused by stenosis, spondylosis, intervertebral disc prolapse, degenerative changes, arthritis, or trauma.

Criteria:

Cervical Laminectomy is considered medically necessary for 1 or more of the following:

- Treatment of myelopathy secondary to cervical spondylopathy, as indicated by ALL of the following are present
 and will be approved as ambulatory (outpatient) unless additional criteria are met as noted by MCG's Ambulatory
 Surgery or Procedure criteria located at the bottom of this section:
 - Spondylopathy at 3 or more levels
 - Signs or symptoms of myelopathy, as indicated by 1 or more of the following:
 - Upper limb weakness in more than single nerve root distribution
 - Lower limb weakness in upper motor neuron distribution
 - Loss of dexterity (eg, clumsiness of hands)
 - Bowel or bladder incontinence
 - Frequent falls
 - Hyperreflexia
 - Hoffmann sign
 - Increased extremity muscle tone or spasticity
 - Gait abnormality
 - Positive Babinski sign
 - Alternative clinical signs or symptoms of myelopathy

Surgical 122 Page 1 of 5

- MRI or other neuroimaging finding demonstrates cord compression from spondylosis that corresponds with clinical presentation
- Ossification of posterior longitudinal ligament with associated myelopathy
- Congenital cervical stenosis or Chiari malformation with impending or actual cord compression
- Basilar impression
- Cord compression due to rheumatoid arthritis (in conjunction with posterior fusion procedure for stabilization)
- Biopsy or excision of spinal lesions (eg, neoplasm, arteriovenous malformation)
- Infection of cervical spine requiring decompression or debridement
- Cervical intradural disk herniation
- Need for procedure as part of treating cervical spine injury (eg, trauma), as indicated by ALL of the following are
 present and will be approved as ambulatory (outpatient) unless additional criteria are met as noted by MCG's
 Ambulatory Surgery or Procedure criteria located at the bottom of this section:
 - Acutely symptomatic cervical radiculopathy or myelopathy
 - MRI or other neuroimaging finding (eg, cord compression, root compression) demonstrates pathologic anatomy corresponding to symptoms.
- Spinal stenosis in the cervical spine, including recurrent spinal stenosis, congenital stenosis, or stenosis caused by cervical spondylosis or ossification of the posterior longitudinal ligament (OPLL) meeting **1 or more** of the following criteria are present and will be approved as ambulatory (outpatient) unless additional criteria are met as noted by MCG's Ambulatory Surgery or Procedure criteria located at the bottom of this section:
 - Signs and symptoms of cervical myelopathy associated with diagnostic imaging.
 - Decompression of the neural elements as an addition to stabilize when mechanical spinal column instability is indicated.
 - Myelomalacia causing spinal cord in an area of spinal cord compression or instability
- Tumor or metastatic neoplasm in 1 or more of the following cases are present and will be approved as ambulatory (outpatient) unless additional criteria are met as noted by MCG's Ambulatory Surgery or Procedure criteria located at the bottom of this section:
 - Open biopsy for tissue diagnosis performed.
 - Removal of tumor to decompress the spinal canal or neural elements.
 - o Intradural lesion (intradural tumor, arachnoid cyst, vascular malformation or hematoma) requiring laminectomy or laminoplasty to access the thecal sac
- Evacuation of an Epidural/subdural hematoma to decompress the spinal canal

As noted in MCG's Ambulatory Surgery or Procedure GRG PG-AS (ISC GRG):

This surgery or procedure will be traditionally approved ambulatory (outpatient), but may receive initial approval for Inpatient Care when **one or more of the following** are met:k

- Inpatient care needed for clinically significant disease or condition identified preoperatively, as indicated by one or more of the following:
 - Severe infection
 - Altered mental status
 - Dangerous arrhythmia
 - Hypotension
 - Hypoxemia
- Complex surgical approach or situation anticipated, as indicated by 1 or more of the following:
 - Prolonged airway monitoring required (eg, severe obstructive sleep apnea, open neck procedure)
 - Other aspect or feature of procedure that indicates a likely need for prolonged postoperative care or monitoring
- High patient risk identified preoperatively, as indicated by 1 or more of the following:
 - American Society of Anesthesiologists class IV or greater <u>American Society of Anesthesiologists</u>
 (ASA) Physical Status Classification System
 - Severe frailty
 - Severe valvular disease (eg. severe aortic stenosis)
 - Symptomatic coronary artery disease, or heart failure
 - Symptomatic chronic lung disease (eg, COPD, chronic lung disease of prematurity)

Surgical 122 Page 2 of 5

- Severe renal disease (eg, glomerular filtration rate (GFR) less than 30 mL/min/1.73m² (0.5 mL/sec/1.73m²) or on dialysis) eGFR Adult Calculator
- Morbid obesity (eg, body mass index greater than 40 BMI Calculator) with hemodynamic or respiratory problems (eg, severe obstructive sleep apnea, hypoventilation)
- Complex chronic condition in children (eg, ventilator-dependent, neuromuscular, genetic, or immunologic disease)
- Other patient condition or finding that places patient at increased anesthetic risk such that prolonged postoperative inpatient monitoring or treatment is anticipated
- o Presence of drug-related risk identified preoperatively, as indicated by 1 or more of the following:
 - Procedure requires discontinuing medication (eg, antiarrhythmic medication, antiseizure or anticoagulant medication), which necessitates preoperative or prolonged postoperative inpatient monitoring or treatment.
 - Preoperative use of drugs that may interact with anesthetic (eg, cocaine, amphetamines, monoamine oxidase inhibitor) such that prolonged postoperative monitoring or treatment is needed

Cervical laminectomy is NOT COVERED for ANY of the following:

 Minimally invasive/endoscopic cervical laminoforaminotomy for cervical radiculopathy/lateral and foraminal cervical disc herniations or other indications

There is insufficient scientific evidence to support the medical necessity of cervical laminectomy for uses other than those listed in the clinical indications for procedure section.

Coding:

Medically necessary with criteria:

Coding	Description
22845	Anterior instrumentation; 2 to 3 vertebral segments (List separately in addition to code for primary procedure
22846	Anterior instrumentation; 4 to 7 vertebral segments (List separately in addition to code for primary procedure
22847	Anterior instrumentation; 8 or more vertebral segments (List separately in addition to code for primary procedure
63001	Laminectomy with exploration and/or decompression of spinal cord and/or cauda equina, without facetectomy, foraminotomy or discectomy (eg, spinal stenosis), 1 or 2 vertebral segments; cervical
63015	Laminectomy with exploration and/or decompression of spinal cord and/or cauda equina, without facetectomy, foraminotomy or discectomy (eg, spinal stenosis), more than 2 vertebral segments; cervical
63045	Laminectomy, facetectomy and foraminotomy (unilateral or bilateral with decompression of spinal cord, cauda equina and/or nerve root[s], [eg, spinal or lateral recess stenosis]), single vertebral segment; cervical
63050	Laminoplasty, cervical, with decompression of the spinal cord, 2 or more vertebral segments
63051	Laminoplasty, cervical, with decompression of the spinal cord, 2 or more vertebral segments; with reconstruction of the posterior bony elements (including the application of bridging bone graft and non
63081	Vertebral corpectomy (vertebral body resection), partial or complete, anterior approach with decompression of spinal cord and/or nerve root(s); cervical, single segment

Surgical 122 Page 3 of 5

00000	
63082	Vertebral corpectomy (vertebral body resection), partial or complete, anterior approach with
	decompression of spinal cord and/or nerve root(s); cervical, each additional segment (List separately
	in addition to code for primary procedure)
C240E	· · · · · · · · · · · · · · · · · · · ·
63185	Laminectomy with rhizotomy; 1 or 2 segments
63190	Laminectomy with rhizotomy; more than 2 segments
00404	
63191	Laminectomy with section of spinal accessory nerve
63250	Laminectomy for excision or occlusion of arteriovenous malformation of spinal cord; cervical
63265	Laminectomy for excision or evacuation of intraspinal lesion other than neoplasm, extradural;
03203	· · · · · · · · · · · · · · · · · · ·
	cervical
63270	Laminectomy for excision of intraspinal lesion other than neoplasm, intradural; cervical
63275	Laminectomy for biopsy/excision of intraspinal neoplasm; extradural, cervical
63280	Laminectomy for biopsy/excision of intraspinal neoplasm; intradural, extramedullary, cervical
63285	
03203	Laminectomy for biopsy/excision of intraspinal neoplasm; intradural, intramedullary, cervical
63300	Vertebral corpectomy (vertebral body resection), partial or complete, for excision of intraspinal lesion,
	single segment; extradural, cervical
63304	Vertebral corpectomy (vertebral body resection), partial or complete, for excision of intraspinal lesion,
	single segment; intradural, cervical
	Single Segment, intradutal, Cervical

Considered Not Medically Necessary:

Coding	Description
0274T	Percutaneous laminotomy/laminectomy (interlaminar approach) for decompression of neural elements, (with or without ligamentous resection, discectomy, facetectomy and/or foraminotomy), any method, under indirect image guidance (eg, fluoroscopic, CT), single or multiple levels, unilateral or bilateral; cervical or thoracic

U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Revised Dates:

2024: June - added coded - 22845 - 22847

2023: October

Reviewed Dates:

2024: October – no changes references updated

Effective Date:

• July 2023

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

28th Edition. (2024). Retrieved 9 2024, from MCG: https://careweb.careguidelines.com/ed28/index.html

(2024). Retrieved 9 2024, from CMS: https://www.cms.gov/medicare-coverage-database/search-results.aspx?keyword=laminectomy&keywordType=all&areald=all&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6, 3,5,1,F,P&contractOption=all&sortBy=relevance

(2024). Retrieved 2024, from DMAS: https://vamedicaid.dmas.virginia.gov/manuals/provider-manuals-library

Cervical spondylotic myelopathy. (2024, 8). Retrieved 9 2024, from UpToDate:

https://www.uptodate.com/contents/cervical-spondylotic-

<u>myelopathy?sectionName=Surgical%20decompression&search=Cervical%20spine%20surgery&topicRef=5263&anchor=H14&source=see_link#H14</u>

Clinical Guidelines. (2021). Retrieved 9 2024, from North American Spine Society (NASS):

https://www.spine.org/Research/Clinical-Guidelines

Surgical 122 Page 4 of 5

Percutaneous laminotomy. (2024). Retrieved 9 2024, from Hayes:

Spine Surgery. (2024, 1). Retrieved 9 2024, from Carelon: https://guidelines.carelonmedicalbenefitsmanagement.com/spine-surgery-2024-01-01/

Special Notes: *

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment, and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Services mean both medical and behavioral health (mental health) services and supplies unless We specifically tell You otherwise. We do not cover any services that are not listed in the Covered Services section unless required to be covered under state or federal laws and regulations. We do not cover any services that are not Medically Necessary. We sometimes give examples of specific services that are not covered but that does not mean that other similar services are covered. Some services are covered only if We authorize them. When We say You or Your We mean You and any of Your family members covered under the Plan. Call Member Services if You have questions.

Keywords:

Cervical Laminectomy, SHP Surgical 122, myelopathy, cervical spondylopathy, Spondylopathy, Ossification, posterior longitudinal ligament, associated myelopathy, Congenital cervical stenosis, Chiari malformation, cord compression, Basilar impression, Infection of cervical spine requiring decompression or debridement, Cervical intradural disk herniation, cervical spine injury, cervical radiculopathy, cervical myelopathy

Surgical 122 Page 5 of 5