

SHP Foot Orthotics

AUTH: SHP Durable Medical Equipment 64 (AC)

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Coverage

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See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

Application to Products

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Policy is applicable to all products.

Authorization Requirements

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Pre-certification by the Plan is required.

Description of Item or Service

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Foot orthotics are customized inserts used to correct/support the form and function of the foot.

Exceptions and Limitations

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- There is insufficient scientific evidence to support the medical necessity of the following foot orthotics for Optima Medicare Plans as they are not shown to improve health outcomes upon technology review:
 - Shoes are denied as noncovered when they are put on over a partial foot prosthesis or other lower extremity prosthesis which is attached to the residual limb by other mechanisms because there is no Medicare benefit for these items.
 - A foot pressure off-loading/ supportive device (A9283) is denied as noncovered because there is no Medicare benefit category for these items.
 - Orthopedic footwear billed using codes L3201, L3202, L3203, L3204, L3206, L3207, L3208, L3209, L3211, L3212, L3213, L3214, L3254, L3255, L3257, L3260, L3265 will be denied as noncovered.
 - A shoe and related modifications, inserts, and heel/sole replacements, are covered only when the shoe is an integral part of a brace.
- There is insufficient scientific evidence to support the medical necessity of foot orthotics for uses other than those listed in the clinical indications for procedure section.

Clinical Indications

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- Foot orthotics are considered medically necessary for **1 or more** of the following
 - Individual has Optima Commercial Plan or Optima Virginia Medicaid Plan and **ALL** of the following are present:
 - Arch, heel, or other foot pain
 - Foot condition, as indicated by **1 or more** of the following
 - Diplegic cerebral palsy
 - Juvenile idiopathic arthritis
 - Pes cavus (high arch)
 - Plantar fasciitis, with **ALL** of the following
 - Adjustment of activities failed to improve symptoms
 - Anti-inflammatory medications failed to improve symptoms
 - Prefabricated orthotics failed to improve symptoms
 - Failure of 6 weeks of physical therapy
 - Symptoms are present for 3 months or more
 - Posterior tibial tendon dysfunction in adult, as indicated by **1 or more** of the following
 - Stage I disease (tenosynovitis without deformity)
 - Stage II disease (flexible and passively correctable deformity)
 - Rheumatoid arthritis
 - Individual has Optima Medicare Plan with **1 or more** of the following
 - Prosthetic shoe as integral part of prosthesis for beneficiary with partial foot amputation (L3250)
 - Shoes that are an integral part of a covered leg brace (L1900, L1920, L1980, L1990, L2000, L2005, L2010, L2020, L2030, L2050, L2060, L2080, or L2090)
 - Oxford shoes (L3224, L3225) that is an integral part of a covered leg brace
 - Other shoes, e.g. high top, depth inlay or custom for non-diabetics (L3649) with **ALL** of the following
 - They are an integral part of a covered brace
 - They are medically necessary for the proper functioning of the brace
 - Heel replacements, sole replacements, and shoe transfers involving shoes on a covered brace (L3455, L3460, L3530, L3540, L3600, L3610, L3620, L3630 and L3640)
 - Inserts and other shoe modifications for **ALL** of the following
 - They are on a shoe that is an integral part of a covered brace
 - They are medically necessary for the proper functioning of the brace (L3000, L3001, L3002, L3003, L3010, L3020, L3030, L3031, L3040, L3050, L3060, L3070, L3080, L3090, L3100, L3140, L3150, L3160, L3170, L3300, L3310, L3320, L3330, L3332, L3334, L3340, L3350, L3360, L3370, L3380, L3390, L3400, L3410,

Document History

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- Revised Dates:
 - 2022: October
 - 2020: June
 - 2016: May
 - 2015: May, October
 - 2014: May
 - 2013: May
 - 2012: September
 - 2011: May
 - 2009: May
 - 2008: May
 - 2006: October
 - 2005: December
 - 2002: October
 - 2000: September
- Reviewed Dates:
 - 2021: November
 - 2020: November
 - 2019: October, November
 - 2018: August
 - 2017: November
 - 2012: May
 - 2010: May
 - 2004: December
 - 2003: November
- Effective Date: May 1993

Coding Information

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- CPT/HCPCS codes covered if policy criteria is met:
 - HCPCS A9283 – Foot pressure off loading/supportive device, any type, each
 - HCPCS L3000 - Foot insert, removable, molded to patient model, UCB type, Berkeley shell, each
 - HCPCS L3001 - Foot, insert, removable, molded to patient model, Spenco, each
 - HCPCS L3002 - Foot insert, removable, molded to patient model, Plastazote or equal, each
 - HCPCS L3003 - Foot insert, removable, molded to patient model, silicone gel, each
 - HCPCS L3010 - Foot insert, removable, molded to patient model, longitudinal arch support, each
 - HCPCS L3020 - Foot insert, removable, molded to patient model, longitudinal/metatarsal support, each
 - HCPCS L3030 - Foot insert, removable, formed to patient foot, each
 - HCPCS L3031 - Foot, insert/plate, removable, addition to lower extremity orthotic, high strength, lightweight material, all hybrid lamination/prepreg composite, each
 - HCPCS L3040 - Foot, arch support, removable, premolded, longitudinal, each
 - HCPCS L3050 - Foot, arch support, removable, premolded, metatarsal, each
 - HCPCS L3060 - Foot, arch support, removable, premolded, longitudinal/metatarsal, each
 - HCPCS L3070 - Foot, arch support, nonremovable, attached to shoe, longitudinal, each
 - HCPCS L3080 - Foot, arch support, nonremovable, attached to shoe, metatarsal, each
 - HCPCS L3090 - Foot, arch support, nonremovable, attached to shoe, longitudinal/metatarsal, each
 - HCPCS L3100 - Hallus-valgus night dynamic splint, prefabricated, off-the-shelf
 - HCPCS L3140 - Foot, abduction rotation bar, including shoes
 - HCPCS L3150 - Foot, abduction rotation bar, without shoes
 - HCPCS L3160 - Foot, adjustable shoe-styled positioning device
 - HCPCS L3170 - Foot, plastic, silicone or equal, heel stabilizer, prefabricated, off-the-shelf, each
 - HCPCS L3201 - Orthopedic shoe, Oxford with supinator or pronator, infant
 - HCPCS L3202 - Orthopedic shoe, Oxford with supinator or pronator, child
 - HCPCS L3203 - Orthopedic shoe, Oxford with supinator or pronator, junior
 - HCPCS L3204 - Orthopedic shoe, hightop with supinator or pronator, infant
 - HCPCS L3206 - Orthopedic shoe, hightop with supinator or pronator, child
 - HCPCS L3207 - Orthopedic shoe, hightop with supinator or pronator, junior
 - HCPCS L3208 - Surgical boot, each, infant
 - HCPCS L3209 - Surgical boot, each, child
 - HCPCS L3211 - Surgical boot, each, junior
 - HCPCS L3212 - Benesch boot, pair, infant
 - HCPCS L3213 - Benesch boot, pair, child
 - HCPCS L3214 - Benesch boot, pair, junior
 - HCPCS L3215 - Orthopedic footwear, ladies shoe, oxford, each
 - HCPCS L3216 - Orthopedic footwear, ladies shoe, depth inlay, each
 - HCPCS L3217 - Orthopedic footwear, ladies shoe, hightop, depth inlay, each
 - HCPCS L3219 - Orthopedic footwear, mens shoe, oxford, each
 - HCPCS L3221 - Orthopedic footwear, mens shoe, depth inlay, each
 - HCPCS L3222 - Orthopedic footwear, mens shoe, hightop, depth inlay, each
 - HCPCS L3224 - Orthopedic footwear, woman's shoe, oxford, used as an integral part of a brace (orthotic)
 - HCPCS L3225 - Orthopedic footwear, man's shoe, oxford, used as an integral part of a brace (orthotic)
 - HCPCS L3230 - Orthopedic footwear, custom shoe, depth inlay, each
 - HCPCS L3250 - Orthopedic footwear, custom molded shoe, removable inner mold, prosthetic shoe, each
 - HCPCS L3251 - Foot, shoe molded to patient model, silicone shoe, each
 - HCPCS L3252 - Foot, shoe molded to patient model, Plastazote (or similar), custom fabricated, each
 - HCPCS L3253 - Foot, molded shoe, Plastazote (or similar), custom fitted, each
 - HCPCS L3254 - Nonstandard size or width
 - HCPCS L3255 - Nonstandard size or length
 - HCPCS L3257 - Orthopedic footwear, additional charge for split size
 - HCPCS L3265 - Plastazote sandal, each
 - HCPCS L3300 - Lift, elevation, heel, tapered to metatarsals, per in
 - HCPCS L3310 - Lift, elevation, heel and sole, neoprene, per in
 - HCPCS L3320 - Lift, elevation, heel and sole, cork, per in
 - HCPCS L3330 - Lift, elevation, metal extension (skate)

- o HCPCS L3332 - Lift, elevation, inside shoe, tapered, up to one-half in
- o HCPCS L3334 - Lift, elevation, heel, per in
- o HCPCS L3340 - Heel wedge, SACH
- o HCPCS L3350 - Heel wedge
- o HCPCS L3360 - Sole wedge, outside sole
- o HCPCS L3370 - Sole wedge, between sole
- o HCPCS L3380 - Clubfoot wedge
- o HCPCS L3390 - Outflare wedge
- o HCPCS L3400 - Metatarsal bar wedge, rocker
- o HCPCS L3410 - Metatarsal bar wedge, between sole
- o HCPCS L3420 - Full sole and heel wedge, between sole
- o HCPCS L3430 - Heel, counter, plastic reinforced
- o HCPCS L3440 - Heel, counter, leather reinforced
- o HCPCS L3450 - Heel, SACH cushion type
- o HCPCS L3455 - Heel, new leather, standard
- o HCPCS L3460 - Heel, new rubber, standard
- o HCPCS L3465 - Heel, Thomas with wedge
- o HCPCS L3480 - Heel, pad and depression for spur
- o HCPCS L3485 - Heel, pad, removable for spur
- o HCPCS L3500 - Orthopedic shoe addition, insole, leather
- o HCPCS L3510 - Orthopedic shoe addition, insole, rubber
- o HCPCS L3520 - Orthopedic shoe addition, insole, felt covered with leather
- o HCPCS L3530 - Orthopedic shoe addition, sole, half
- o HCPCS L3540 - Orthopedic shoe addition, sole, full
- o HCPCS L3550 - Orthopedic shoe addition, toe tap, standard
- o HCPCS L3560 - Orthopedic shoe addition, toe tap, horseshoe
- o HCPCS L3570 - Orthopedic shoe addition, special extension to instep (leather with eyelets)
- o HCPCS L3580 - Orthopedic shoe addition, convert instep to Velcro closure
- o HCPCS L3590 - Orthopedic shoe addition, convert firm shoe counter to soft counter
- o HCPCS L3595 - Orthopedic shoe addition, March bar
- o HCPCS L3600 - Transfer of an orthosis from one shoe to another, caliper plate, existing
- o HCPCS L3610 - Transfer of an orthosis from one shoe to another, caliper plate, new
- o HCPCS L3620 - Transfer of an orthosis from one shoe to another, solid stirrup, existing
- o HCPCS L3630 - Transfer of an orthosis from one shoe to another, solid stirrup, new
- o HCPCS L3640 - Transfer of an orthosis from one shoe to another, Dennis Browne splint (Riveton), both shoes
- o HCPCS L3640 - Transfer of an orthosis from one shoe to another, Dennis Browne splint (Riveton), both shoes
- o HCPCS L3640 - Transfer of an orthosis from one shoe to another, Dennis Browne splint (Riveton), both shoes
- CPT/HCPCS codes considered not medically necessary per this Policy:
 - o None

HCPCS L3470 - Heel, Thomas extended to ball

References

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References used include but are not limited to the following:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; Uptodate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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Codes

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HCPCS: A9283, L3000, L3001, L3002, L3003, L3010, L3020, L3030, L3031, L3040, L3050, L3060, L3070, L3080, L3090, L3100, L3140, L3150, L3160, L3170, L3201, L3202, L3203, L3204, L3206, L3207, L3208, L3209, L3211, L3212, L3213, L3214, L3215, L3216, L3217, L3219, L3221, L3222, L3224, L3225, L3230, L3250, L3251, L3252, L3253, L3254, L3255, L3257, L3260, L3265, L3300, L3310, L3320, L3330, L3332, L3334, L3340, L3350, L3360, L3370, L3380, L3390, L3400, L3410, L3420, L3430, L3440, L3450, L3455, L3460, L3465, L3470, L3480, L3485, L3500, L3510, L3520, L3530, L3540, L3550, L3560, L3570, L3580, L3590, L3595, L3600, L3610, L3620, L3630, L3640, L3649

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