

Platelet Rich-Plasma, Medical 246

Table of Content

Description & Definitions

Criteria

Document History

Coding

Special Notes

References

Keywords

Effective Date 9/2007

Next Review Date 1/2026

Coverage Policy Medical 246

Version 6

All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.*.

Description & Definitions:

Autologous platelet-rich plasma, a platelet concentrate suspended in plasma, is prepared from samples of centrifuged autologous blood. Platelets are stimulated to release a variety of growth factors by addition of thrombin and calcium. A platelet gel is created which has been used during surgery with the intent of accelerating healing and improving surgical outcomes. In addition, PRP has been studied for improving healing of chronic wounds. Platelet Rich-Plasma injection (including but not limited to bone marrow plasma injection and Autologous Platelet Rich-Plasma injections) is the administration of platelet-rich plasma into joint spaces, sites of pain or injury, augmentation, and fusion of bone to help heal and reduce pain.

Criteria:

Platelet-rich plasma is medically necessary for the treatment of chronic non-healing diabetic wounds when clinical documentation supports that the individual meets **ALL** the following criteria:

- The individual's wound has failed to improve or has increased in size following at least a thirty-day trial of
 conservative wound care management. Clinical documentation, including size of wound and adherence to
 prescribed treatment must be included AII the following:
 - Appropriate wound care management includes Any of the following:
 - Control of edema, venous hypertension, and/or lymphedema
 - Treatment of infection
 - Removal of any foreign body or malignancy
 - Debridement of necrotic tissue
 - Appropriate off-loading of pressure, protection from trauma, and elimination of aggravating factors

Medical 246 Page 1 of 5

- For venous stasis ulcers, compression therapy with diligent use of multilayer dressing of
 20 mmHG pressure or pneumatic compression
- The documentation must support that the wound All of the following:
 - does not involve tendon, muscle, joint capsule, exposed bone, or sinus tracts
 - has a clean granular base
 - is at least 1.0 cm in size
 - is clean without necrotic debris or exudate
 - has adequate circulation to support wound healing
 - does not have evidence of infection or foreign body
- o If applicable, the provider must have counseled the member on smoking cessation
- The documentation must support that the member's diabetes mellitus is under appropriate treatment
- For a duration of 20 weeks only

Platelet-rich plasma is considered **not medically necessary** for uses other than those listed in the clinical criteria.

Document History:

Revised Dates:

- 2025: No criteria changes. Removed CPT code P9020.
- 2024: January
- 2023: July
- 2023: January
- 2022: January
- 2020: January
- 2015: March
- 2013: August
- 2012: August
- 2011: September
- 2010: December
- 2009: November

Reviewed Dates:

- 2021: January
- 2018: October
- 2017: November
- 2016: August
- 2015: August
- 2014: August
- 2010: August, November
- 2009: August
- 2008: August

Effective Date:

• September 2007

Coding:

Medically necessary with criteria:

Coding	Description
G0460	Autologous platelet rich plasma for chronic wounds/ulcers, including phlebotomy, centrifugation, and all other preparatory procedures, administration and dressings, per treatment

Medical 246 Page 2 of 5

S0157	Becaplermin gel 0.01%, 0.5 gm (Status Indicator of "I" on Medicare Physician Fee Schedule) (Invalid for Medicare Billing Purposes)
S9055	Procuren or other growth factor preparation to promote wound healing (Status Indicator of "I" on Medicare Physician Fee Schedule) (Invalid for Medicare Billing Purposes)
0232T	Injection(s), platelet rich plasma, any site, including image guidance, harvesting and preparation when performed

Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

The preceding codes are included above for informational purposes only and may not be all inclusive. Additionally, inclusion or exclusion of a treatment, procedure, or device-code(s) does not constitute or imply member coverage or provider reimbursement.

Special Notes: *

- Coverage: See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.
- Application to products: Policy is applicable to Sentara Health Plan Medicaid Products.
- Authorization requirements: Pre-certification by the Plan is required.
- Special Notes:
 - This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.
 - Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.
 - The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to "correct or ameliorate" (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to by medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.

Medical 246 Page 3 of 5

 Service authorization requests must be accompanied by sufficient clinical records to support the request. Clinical records must be signed and dated by the requesting provider withing 60 days of the date of service requested.

References:

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

Federal Register. Journal of the United States Government. Recommendations for the Development of Blood Collection, Processing, and Storage Systems for the Manufacture of Blood Components Using the Buffy Coat Method; Draft Guidance for Industry; Availability. 10.18.2024. Retrieved 1.13.2025. <a href="https://www.federalregister.gov/documents/2024/10/18/2024-24098/recommendations-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-collection-processing-and-storage-systems-for-the-development-of-blood-co

21CFR640.32], TITLE 21--FOOD AND DRUGS, CHAPTER I--FOOD AND DRUG ADMINISTRATION. DEPARTMENT OF HEALTH AND HUMAN SERVICES, SUBCHAPTER F – BIOLOGICS, PART 640 -- ADDITIONAL STANDARDS FOR HUMAN BLOOD AND BLOOD PRODUCTS. Subpart D – Plasma, Sec. 640.32 Collection of source material. 8.30.2024. Retrieved 1.13.2025. https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfcfr/CFRSearch.cfm?fr=640.32

Hayes. A symplr Company. Health Technology Assessment. Oct 21, 2024. Platelet-Rich Plasma for Treatment of Knee Osteoarthritis. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/dir.plateletrich4091

Hayes. A symplr Company. Evolving Evidence Review. Jun 10, 2024. Platelet Rich Plasma for Treatment of Achilles Tendinopathy. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/eer.prpachilles5737

Hayes. A symplr Company. Health Technology Assessment. Mar 19, 2024. Platelet-Rich Plasma Injection for Treatment of Plantar Fasciitis. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/hta.plantar5712

Hayes. A symplr Company. Health Technology Assessment. Jan 26, 2024. Platelet-Rich Plasma for Wound Treatment of Diabetic Foot Ulcers. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/hta.ulcers5170

Hayes. A symplr Company. Health Technology Assessment. Annual Review: Nov 19, 2024. Platelet-Rich Plasma for Wound Treatment in Venous Leg Ulcers. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/dir.ulcers5171

Hayes. A symplr Company. Evidence Analysis Research Brief. Jul 31, 2024. Platelet-Rich Plasma for Treatment of Medial Collateral Ligament Injuries. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/earb.medial5821

Hayes. A symplr Company. Evolving Evidence Review. Jun 11, 2024. Platelet-Rich Plasma in the Surgical Repair of Achilles Tendon Rupture. Retrieved 1.13.2025. https://evidence.hayesinc.com/report/eer.achillesrupture5738

Centers for Medicare and Medicaid Services. CMS.gov. Local Coverage Determination (LCD). Platelet Rich Plasma. L38745. 9.12.2024. Retrieved 1.14.2025. https://www.cms.gov/medicare-coverage-database/view/lcd.aspx?LCDId=38745

Centers for Medicare and Medicaid Services. CMS.gov. National Coverage Determination (NCD). Blood-Derived Products for Chronic Non-Healing Wounds. 270.3. 11.9.2021. Retrieved 1.14.2025. https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=217&ncdver=6

MCG. Informed Care Strategies. 28th Edition. 2024. Platelet-Rich Plasma. ACG: A-0630 (AC).Retrieved 1.14.2025. https://careweb.careguidelines.com/ed28/index.html

Commonwealth of Virginia. Department of Medical Assistance Services. DMAS.gov. Retrieved 1.14.2025. https://vamedicaid.dmas.virginia.gov/pdf chapter/practitioner#gsc.tab=0&gsc.q=platelet%20rich%20plasma&gsc.sort=

Medical 246 Page 4 of 5

National Comprehensive Cancer Network. NCCN.org. Retrieved 1.14.2025. Retrieved 1.14.2025. https://www.nccn.org/search-result?indexCatalogue=nccn-search-index&searchQuery=platelet%20rich%20plasma

Carelon. Clinical Appropriateness Guidelines Musculoskeletal Appropriate Use Criteria: Joint Surgery. 11.17.2024. Retrieved 1.14.2025. https://guidelines.carelonmedicalbenefitsmanagement.com/wp-content/uploads/2024/08/pdf-Joint-Surgery-2024-11-17.pdf

PubMed. Xiong, Y., Gong, C., Peng, X., Liu, X., Su, X., Tao, X., Li, Y., Wen, Y., & Li, W. (2023). Efficacy and safety of platelet-rich plasma injections for the treatment of osteoarthritis: a systematic review and meta-analysis of randomized controlled trials. *Frontiers in medicine*, *10*, 1204144. Retrieved 1.14.2025. https://doi.org/10.3389/fmed.2023.1204144

PubMed. Meznerics, F. A., Fehérvári, P., Dembrovszky, F., Kovács, K. D., Kemény, L. V., Csupor, D., Hegyi, P., & Bánvölgyi, A. (2022). Platelet-Rich Plasma in Chronic Wound Management: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. *Journal of clinical medicine*, *11*(24), 7532. Retrieved 1.14.2025. https://doi.org/10.3390/jcm11247532

Keywords:

SHP Bone Marrow Plasma Injection, SHP Medical 246, Prolotherapy, Medical 108, pain, healing

Medical 246 Page 5 of 5