



Top 5 reasons to choose a D-SNP from Sentara Medicare

Sentara Community Complete (HMO D-SNP) is a Dual-Eligible Special Needs Plan (D-SNP) designed for people who are eligible for both Medicaid and Medicare at the same time.

Sentara Medicare's D-SNP coverage works harder for you and gives you more of the extra benefits you deserve at no extra cost, all at a \$0 monthly premium. **Plus, you keep your Medicaid.**



I'd love to hear from you.

Contact me to learn more.

Name:

Phone:

Hours:

or visit sentaramedicare.com/dsnp



Top 5 reasons to choose Sentara Community Complete (HMO D-SNP)

- 1. Keep your healthcare all in one place—including your care coordinator**
They will help schedule medical visits and rides, connect you with health resources and social services, and help you use your extra benefits.
- 2. Monthly grocery allowance¹**
You can receive a **\$350** monthly grocery allowance for a variety of healthy food items. The allowance can be used at grocery stores like Food Lion, Harris Teeter, Kroger, and Walmart, or online through a member portal.
- 3. Over-the-counter (OTC) products allowance**
Members will receive a **\$200** quarterly allowance for non-prescription drugs and healthcare products such as toothpaste and foot care supplies. Items can be ordered through a product catalog online, by phone, or by mail.
- 4. SilverSneakers®**
Members receive a SilverSneakers membership, which includes access to participating locations, online and in-person classes, exercise equipment, and a mobile app.
- 5. Healthy Rewards² Prepaid Flex Card**
Members can earn rewards for completing health-related activities that promote your health and well-being. Your earned rewards get loaded on a prepaid flex card that you can use toward **utilities, groceries**, and more.



Your Sentara Medicare D-SNP plan also includes:

- \$4,000 yearly dental allowance
- \$2,000 yearly hearing aid allowance
- \$400 yearly vision allowance

For extra benefits offered by both Medicaid and D-SNP, members use their D-SNP benefit first. Medicaid coverage is sometimes used for the remainder.

¹Members with chronic condition(s) that meet certain criteria may be eligible for this special supplemental benefit. ²Rewards cannot be used to buy tobacco or alcohol. Rewards cannot be converted to cash. You can only receive one reward per applicable service per plan year. Sentara Medicare is an HMO Dual Eligible Special Needs Plan (HMO D-SNP) that has contracts with Medicare and the Virginia Department of Medical Assistance Services' Medicaid program. "Cardinal Care" is the brand name of Virginia Medicaid. Enrollment in Sentara Medicare depends on contract renewal.