

# Losing Medicaid?



## Go from Uninsured to Reassured.

You do not have to go without health insurance. If you no longer qualify for health coverage through Virginia Medicaid or Family Access to Medical Insurance Security Plan (FAMIS)<sup>1</sup>, we can help you find an affordable health plan that fits your needs.



### Ask About Our Individual & Family Health Plans

Sentara Health Plans, formerly Optima Health, offers Individual & Family Health Plans on- and off-Virginia's Insurance Marketplace. Our health plans are classified by metallic tiers to make it easier for you to compare plans based on prices and coverage.

	Gold	Silver	Bronze
Monthly premium	\$\$\$	\$\$	\$
Percent of healthcare cost covered	80%	70%	60%
Good for members who...	want to pay more premium costs upfront to reduce out-of-pocket expenses at time of care.	need to balance monthly premium costs with out-of-pocket costs.	don't plan to use a lot of healthcare services.



*You may be eligible for financial help (subsidy) that can lower the cost of a Marketplace plan. To find out if you qualify for a subsidy, talk to your broker to learn more about your options.*

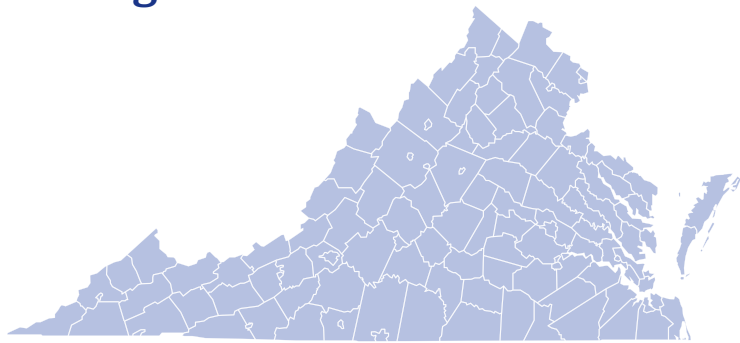
*Sign up for a Marketplace health plan within 60 days of losing your Medicaid coverage or anytime during the annual Open Enrollment Period. Ask your broker for more information.*

Sentara Health Plans is the trade name of Sentara Health Plans, Sentara Health Insurance Company, Sentara Behavioral Health Services, Inc., and Sentara Health Administration, Inc. Sentara Individual & Family Health Plans are issued by Sentara Health Plans. All plans have benefit exclusions and limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage, please call your broker or Sentara Health Plans at 1-866-901-4635 or visit [sentarahealthplans.com](http://sentarahealthplans.com).

# Your Health, Covered.

Plans offered by Sentara Individual & Family Health Plans include essential health benefits<sup>2</sup> to help control and manage your health. All plans also include value-added services like health and wellness programs and gym membership discounts. And with our broad provider network, in most cases, you can even your current doctor.<sup>3</sup>

**We are now offered throughout  
the entire Commonwealth  
of Virginia!**



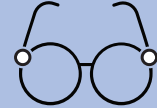
<sup>1</sup> Federally known as Children's Health Insurance Program (CHIP).

<sup>2</sup> Essential health benefits are a set of 10 categories of services covered under the Affordable Care Act. These include inpatient and outpatient hospital care, prescription drug coverage, pregnancy and childbirth, mental health services, and more.

<sup>3</sup> Check the provider directory to make sure your doctor is in network prior to using services.

<sup>4</sup> Cost share may apply for Health Savings Account (HSA) plans.

<sup>5</sup> Office visit copayment or coinsurance may apply.



## Here are some plan features:

- on-demand virtual consults<sup>4</sup>
- \$0 preventive care<sup>5</sup>
- annual pediatric vision exams
- diabetes and asthma prevention, and healthy eating programs
- maternity care
- affordable prescription drugs from a pharmacy or mail-order
- 24/7 Nurse Advice and Behavioral Health Crisis Lines

**Find the affordable healthcare plan  
that works for you.**

**Please contact me below:**


**Learn  
more at  
ChooseSentaraIFP.com**