

A Convenient Option for Your Colon Health

Time for your colonoscopy?

You now have a more convenient option for colon health screening: a **BiolQ®** at-home test kit.

Why should I complete a Colorectal Health Screening?

According to the American Cancer Society, colorectal cancer is the third most common cancer diagnosed in both men and women in the United States.

- Outcomes are much better if it is discovered early.
- Advances in screenings and treatment have led to a significant decline in colorectal cancer mortality nationwide.
- Colorectal Cancer is expected to cause over 50,000 deaths, with about 135,000 estimated new cases of colon and rectal cancer, in 2017.
- Treatment and resources for colorectal cancer has significantly improved in recent years.
- Just remember that screening and early detection are key to your health!

What are the benefits of the at-home screening kit?

Optima Health has partnered with BiolQ to implement the **Fecal Immunochemical Testing (FIT)** kit program for colon screenings.

- FIT kit is a convenient screening test - the sample collection supplies and pre-addressed envelope are all included
- Can be completed in the comfort of your home, at anytime
- No prep, anesthesia, or sedation required
- Easy instructions provided to collect a single sample
- You and your doctor will be notified of the results

What is the cost?

Free of charge to you! It is a covered benefit under Optima Health.

How do I get more information?

If you have any questions about colorectal cancer screening or FIT screening for colorectal cancer, please contact your primary care provider. If you have any questions about the Optima Health's FIT Kit screening program please contact Optima Member Services at the phone number on the back of your Optima Health Membership Card.

