

Home Music Therapy

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<u>Effective Date</u>	12/2021
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<u>Coverage Policy</u>	BH 38
<u>Version</u>	2

Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual’s benefit plan for details.

Purpose:

This policy addresses - Home Music Therapy

Description & Definitions:

Music Therapy is an activity incorporated into the care and treatment of patient's disabling mental health problems using music.

Criteria:

Home Music Therapy is considered not medically necessary for any indication.

Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
G0176	Activity therapy, such as music, dance, art or play therapies not for recreation, related to the care and treatment of patient's disabling mental health

U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Behavioral Health 38

Revised Dates:

- 2022: October

Reviewed Dates:

- 2023: August

Effective Date:

- December 2021

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

(2023). Retrieved July 27, 2023, from MCG 26th Edition: <https://careweb.careguidelines.com/ed26/index.html>

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Special Notes: *

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Keywords:

SHP Music Therapy, SHP Behavioral Health 38, Activity therapy

