

Covered Under Health Care Reform



Covered Preventive Services for Adults

- Abdominal aortic aneurysm screening:** men
- Alcohol misuse:** screening and counseling
- Aspirin use:** adults ages 50–59 with risk of cardiovascular disease
- Cholesterol screening for adults of certain ages**
- Colorectal cancer screening:** regular screenings for adults ages 45–75, selective screenings for adults ages 76–85
- Consultation for screening colonoscopy**
- Depression screening**
- Diabetes screening:** adults with high blood pressure
- Falls prevention:** adults 65 years or older—Vitamin D and exercise or physical therapy
- Healthy diet and physical activity counseling:** adults with cardiovascular disease risk factors
- Hepatitis B screening:** adults at increased risk
- Hepatitis C virus infection screening:** adults ages 18–79
- HIV pre-exposure prophylaxis (PrEP)**
- HIV screening**
- Hypertension screening:** adults ages 18 or older without known hypertension
- Immunization vaccines:**
 - Hepatitis A
 - Hepatitis B
 - Herpes Zoster
 - Human Papillomavirus
 - Influenza
 - Measles, Mumps, Rubella
 - Meningococcal
 - Pneumococcal
 - Tetanus, Diphtheria, Pertussis
 - Varicella
- Lung cancer screening:** adults ages 50–80 with 20 pack-year smoking history and currently smoke or who have quit within the past 15 years

Under the Affordable Care Act, certain preventive services and medications are covered at no cost¹ to the member when administered by an in-network plan physician or pharmacy.

- Male condoms**
- Prediabetes and type 2 diabetes screening:** asymptomatic adults ages 35–70 who are overweight or obese
- Statin medications²:** adults ages 40–75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk
- STI counseling:** adults at increased risk
- Syphilis screening**
- Tobacco use counseling, generic and over-the-counter medications, and cessation interventions**
- Tuberculosis screening**
- Unhealthy drug use:** adults ages 18 and older

Covered Preventive Services for Women, Including Pregnant Persons

- Anemia screening:** pregnant persons
- Aspirin use:** after 12 weeks of gestation in women who are at high risk for preeclampsia
- Bacteriuria screening**
- Behavioral health counseling for healthy weight and weight gain in pregnancy**
- BRCA risk assessment and genetic counseling/screening**
- Breast cancer chemoprevention counseling**
- Breast cancer preventive medication²**
- Breast cancer screening:** women over age 40

¹ An office visit copayment may be charged to health plan members for some services.

² Select medications only are covered at no cost to the member. Please contact member services or pharmacy services at the number on the back of your member ID card for more information.

Covered Preventive Services for Women, Including Pregnant Persons (continued)

Breast feeding support and counseling

Cervical cancer screening

Chlamydia infection screening

Contraception: All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abort/facient drugs. Generic oral contraceptives are eligible for 100% coverage. Please visit optimahealth.com to determine member cost share for brand name oral contraceptives.

Decision making/sharing by clinicians with women at increased risk for breast cancer

Depression screening

Double electric breast pumps, parts, and milk storage supplies

Folic acid supplementation

Gestational diabetes screening: asymptomatic pregnant persons at 24 weeks of gestation or after

Gonorrhea screening

Hepatitis B screening at first prenatal visit

HIV screening: pregnant persons

HPV test

Intimate partner violence screening and counseling

Lactation support and counseling

Osteoporosis screening: postmenopausal women younger than 65 at increased risk, and women over 65 or at high risk

Perinatal depression counseling and interventions

Preeclampsia screening and prevention

Rh incompatibility screening: first pregnancy visit and between 24 and 28 weeks gestation

Syphilis screening

Weight and nutrition counseling: women ages 40-60

Well-woman visits

Tobacco counseling and intervention

Covered Preventive Services for Children

Alcohol and drug use assessments

Autism screening: children at age 18 and 24 months

Behavioral assessments

Blood pressure screening

Cardiac disease screening: at-risk children and adolescents ages 11-21

Cervical dysplasia screening: sexually active females

Congenital hypothyroidism screening: newborns

Dental cavities prevention: infants and children up to age five years

Depression screening: adolescents

Developmental screening: children under age three, and surveillance throughout childhood

Dyslipidemia screening: children at high risk of lipid disorders

Gonorrhea prophylactic medication: newborns

Hearing loss screening: newborns

Height, weight, and body mass index measurements

Hematocrit or hemoglobin screening

Hemoglobinopathies screening: newborns

Hepatitis B infection screening: ages newborn-21

Hepatitis C virus infection screening: adolescents

HIV screening

Immunization vaccines:

Diphtheria, Tetanus, Pertussis

Haemophilus influenzae type b

Hepatitis A

Hepatitis B

Human Papillomavirus

Inactivated Poliovirus

Influenza

Measles, Mumps, Rubella

Meningococcal

Pneumococcal

Rotavirus

Varicella

Iron supplementation

Lead screening: for children at risk of exposure

Medical history

Obesity screening: children and adolescents

Oral fluoride supplementation: starting at age six months for children whose water supply is fluoride deficient

Oral health risk assessment

Phenylketonuria (PKU) screening: newborns

Skin cancer behavioral counseling: children, adolescents and young adults ages 10-24 years old

STI prevention counseling and screening: for all sexually active adolescents

Suicide risk screening: ages 12-21

Tobacco use interventions: school-aged children and adolescents

Tuberculin testing for children at higher risk of tuberculosis

Visual acuity screening