



Visitor guidelines for COVID-19 inpatients and inpatients under investigation (PUI) of having COVID-19

Please know Sentara is committed to taking excellent care of your loved one, but we also want to protect you and the greater community. In order to help us do that, we need you to follow the guidance below:

Screening:

- Be aware of the signs and symptoms of COVID 19 and if you are experiencing any of these, please stay home
 - Fever, chills
 - Cough, shortness of breath
 - Nausea or vomiting or diarrhea
 - Headache
 - Fatigue
 - New loss of taste or smell
 - Sore throat
- Upon entering our hospital, you must proceed through screening
- Once you are screened you must present to the greeter/screener your name and the patient you are going to visit. If you are not the designated visitor on the list, are not community clergy or designated Doula or are not a designated support person you may be asked to leave.

Mask:

- You must wear a face mask covering your nose and mouth the entire time while coming to the hospital- regardless of vaccination status

Before entering the patient's room:

- Visitors must put on the following **Sentara provided personal protective equipment**. Put on in this order:
 - Gown
 - Procedure mask
 - Goggles or face shield
 - Gloves
- Check with care team and enter the room

While in the patient's room:

- Personal protective equipment must remain in place the entire visit
- No VISITOR eating or drinking in the patient's room

Before leaving the patient's room:

- You must wear a face mask covering your nose and mouth the entire time while coming to the hospital- regardless of vaccination status
 - Gown
 - Procedure mask
 - Goggles or face shield
 - Gloves

Upon leaving the patient's room:

- Perform hand hygiene with hand sanitizer
- Put on a new mask to exit the facility
- Exit the facility- do **NOT** stop by the coffee shop, gift shop, cafeteria or visit any other patient

Visitors will still be required to follow the guidance above if they are vaccinated.

If you are unable or unwilling to follow this guidance, we cannot offer in-person visitation