

2025 Community Health Needs Assessment

The assessments are completed every 3 years and provide us with a picture of the health status of the residents in our communities and information about health and health-related problems that impact health status.

Community survey

1,218 total responses

Focus groups

9 focus groups with 79 participants

Data collection

Demographics & key health indicators

Community health priorities

Behavioral health | Chronic conditions |
Social drivers of health

Service areas

Cities of Virginia Beach, Norfolk,
Chesapeake, Portsmouth, & Suffolk



Read the complete
2025 Community Health Needs
Assessment at **sentara.com**



Learn more about the
Sentara Cares priorities
at **sentaracares.com**



Looking at the data and listening to our communities



1,135,917 residents with 54.5% White, 30.4% African American, 4.8% Asian, and 7.7% Hispanic, (U.S. Census Bureau).



Respondents reported health screenings, annual checkups, immunizations being important to their health.



Top health concerns are behavioral and mental health or both adults and children, chronic diseases, and social determinants of health.



Availability of services, wait lists and cost of services, make accessing healthcare difficult.



Leading causes of death:

- Heart disease
- Cancer
- COVID-19



Behavioral and mental health concerns increased due to community and gunviolence. This raised suicide rates and emergency room utilization.



Some barriers to access health services were due to a lower number of primary care doctors and mental health doctors in some of our service areas.