

## Erector Spinae Plane Block

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**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details\*.**

### Purpose:

This policy addresses the medical necessity of Erector Spinae Plane Block.

### Description & Definitions:

Erector Spinae Plane Block uses ultrasound to inject local anesthetic into muscle group (m. spinalis, m. longissimus thoracis and m. ileocostalis) for the erector spinae causing a sensory by blocking spinal nerves reducing the need post op opioids.

### Criteria:

Erector Spinae Plane Block is considered not medically necessary for any indication.

### Coding

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
64999	Unlisted procedure, nervous system

U.S. Food and Drug Administration (FDA) - approved only products only.

### Document History:

Revised Dates:

- 2024: February

Reviewed Dates:

- 2023: February
- 2022: September

Effective Date:

- March 2022

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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*PROPOSED LCD: Trigger Point Injections (TPI) (DL39671)*. (2023, Aug 31). Retrieved Jan 19, 2024, from Centers for Medicare and Medicaid Services: <https://www.cms.gov/medicare-coverage-database/view/lcd.aspx?lcdid=39670&ver=4&keyword=muscle%20injections&keywordType=starts&areald=all&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all&sortBy=relevance&bc=1>

*ScanNav Anatomy Peripheral Nerve Block*. (2022, Apr 07). Retrieved Jan 29, 2024, from U.S. Food and Drug Administration: [https://www.accessdata.fda.gov/cdrh\\_docs/pdf22/DEN220024.pdf](https://www.accessdata.fda.gov/cdrh_docs/pdf22/DEN220024.pdf)

Special Notes: \*

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

#### Keywords:

SHP Erector Spinae Plane Block, SHP Medical 332, pain