



**OUT-OF-AREA DEPENDENT CHILD NOTIFICATION**  
**For use with the Out-of-Area Dependent Program**

This form is required for dependent children living outside of the Sentara Health Plans service area in order for them to utilize the PHCS/MultiPlan national network. Except for emergencies, out-of-area dependents must see a participating PHCS provider in order for their claim to be covered.

TO ENSURE ACCURATE CLAIMS PAYMENT,  
 THIS FORM MUST BE COMPLETED AND RETURNED

Via mail:	or via fax:	or via email
SENTARA HEALTH PLANS ATTN: ENROLLMENT DEPT. PO BOX 66189 VIRGINIA BEACH, VA 23466	757-963-0205	Commonwealth_VA@sentara.com

Group Number: \_\_\_\_\_ Group Name: \_\_\_\_\_  
 Effective Date of Coverage: \_\_\_\_\_ Product: Vantage  
 Your Name: \_\_\_\_\_ Your Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Your COVA Employee ID number: \_\_\_\_\_  
 \_\_\_\_\_  
 Last First MI

Enter the name(s) and address(es) of your eligible dependents who are out-of-area:

Dependent 1  
 Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Telephone \_\_\_\_\_

Dependent 2  
 Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Telephone \_\_\_\_\_

Dependent 3  
 Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Telephone \_\_\_\_\_

