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SHP Dry Hydrotherapy

AUTH: SHP Medical 267 v4 (AC)

MCG Health
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Coverage

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See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

Application to Products

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Policy is applicable to all products.

Authorization Requirements

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Pre-certification by the Plan is required.

Description of Item or Service

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Dry Hydrotherapy self-contained device such as a table or chair that combine massage, water and heat to apply using a water mattress that patient lies on.

Exceptions and Limitations

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There is insufficient scientific evidence to support the medical necessity of this service as it is not shown to improve health outcomes upon technology review.

Clinical Indications for Procedure

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- NA

Document History

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- Revised Dates:
 - 2021: May
 - 2020: January
 - 2016: April
 - 2015: November, December
 - 2014: January
 - 2013: April, October
- Reviewed Dates:
 - 2023: March
 - 2022: April
 - 2020: May
 - 2018: November
 - 2017: December
 - 2016: January
 - 2015: January
 - 2013: January
- Effective Date: February 2012

Coding Information

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- CPT/HCPCS codes covered if policy criteria is met:
 - None
- CPT/HCPCS codes considered not medically necessary per this Policy:
 - CPT 97039 - Unlisted modality (specify type and time if constant attendance)

References

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References used include but are not limited to the following:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; Uptodate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

(2023). Retrieved Feb 14, 2023, from UpToDate: https://www.uptodate.com/contents/search?search=Dry%20Hydrotherapy&sp=0&searchType=PLAIN_TEXT&source=USER_INPUT&searchControl=TOP_PULLDOWN&searchOffset=1&autoComplete=false&language=&max=0&index

(2023). Retrieved Feb 15, 2023, from HAYES: <https://evidence.hayesinc.com/search?q=%257B%2522text%2522:%2522Dry%2520Hydrotherapy%2522,%2522title%2522:null,%2522termsource%2522:%2522searchbar%2522,%2522page%2522:%25220,%2522size%2522:50%2522D,%2522type%2522:%2522all%2522,%2522sources%2>

(2023). Retrieved Feb 15, 2023, from DMAS: <https://www.dmas.virginia.gov/>

(2023). Retrieved Feb 15, 2023, from Literature Search: https://www.google.com/search?q=dry+hydrotherapy&safe=strict&rlz=1C1GCEA_enUS1019US1019&biw=1280&bih=577&ei=sQ_tY5vJCNy2qtsP0q2owAo&ved=0ahUKEwjb5cKlgJ9AhVcm2oFHdIWCqgQ4dU

National Coverage Determination (NCD) Fluidized Therapy Dry Heat for Certain Musculoskeletal Disorders 150.8. (2023). Retrieved Feb 15, 2023, from NCD CMS: <https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?ncdid=76&ver=1>

NCD Fluidized Therapy Dry Heat for Certain Musculoskeletal Disorders (150.8). (2023). Retrieved Feb 15, 2023, from MCG 26th Edition: <https://careweb.careguidelines.com/ed26/index.html>

What is hydromassage, and what are the benefits? (2022, Aug 16). Retrieved Feb 15, 2023, from Medical News Today: <https://www.medicalnewstoday.com/articles/hydromassage>

Codes

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