



**Sentara**<sup>®</sup>  
Health Plans

1300 Sentara Park  
Virginia Beach, VA 23464

**FOR PLAN USE ONLY**

Subscriber #:

Date:

**Sentara Health Plans | Sentara<sup>®</sup> Sentara Standard  
Application for Individual Health Coverage**

- New Applicant       Change/modification of existing policy

Effective Date: \_\_\_\_\_ Member Name: \_\_\_\_\_  
Member Number: \_\_\_\_\_

**IMPORTANT:**

- This health plan is offered and underwritten by Sentara Health Plans. In this document we may use the term Sentara to refer to this plan.
- Incomplete information will **delay enrollment**. Please complete all sections in blue or black ink.
- Social Security numbers are to be provided for the primary subscriber, spouse and dependent child(ren) covered by this plan.
- If you are adding or removing a spouse or dependent, **please attach supporting documentation within 60 days from the triggering event**. Examples include a marriage or birth certificate, adoption papers, etc.
- Please note that this application is **not valid** if your intent is to enroll on a plan that is offered on the Health Insurance Marketplace. For those plans, please visit [www.healthcare.gov/marketplace/individual](http://www.healthcare.gov/marketplace/individual).

**Pediatric Oral Health Benefits:**

This policy does not provide the ACA-required minimum essential pediatric oral health benefits. Stand-alone dental coverage that includes such benefits must be available to you for purchase separately from a qualified stand-alone dental plan.

**A. IF MAKING A CHANGE FROM PREVIOUS ENROLLMENT** (Check all that apply)

- Change/Correction:**     Name Change     Plan Reinstatement     Address Change     Plan Change  
 Telephone Change     Date of Birth Correction     Email Address

Date of Qualifying Event: (mm/dd/yyyy)

- Add Dependent(s)**     Marriage     Newborn     Adoption     Loss of Coverage  
 Other: Please note:

- Remove Dependent(s)**     Marriage     Divorce     Medicare     Death     Age Out (26 and 65)  
 Other: Please note:

**B. PLAN SELECTION- POLICY DEDUCTIBLE and/or COINSURANCE**

**Sentara Health Plans**

**Sentara Plan Options**

- Sentara Platinum 0 Ded     Sentara Gold 2200 Ded     Sentara Silver 3500 Ded HSA     Sentara Bronze 7200 Ded  
 Sentara Gold 800 Ded     Sentara Silver 3000 Ded     Sentara Silver 6600 Ded  
 Sentara Gold 1300 Ded     Sentara Silver 3250 Ded     Sentara Bronze 6000 Ded HSA

**Sentara Standard Plan Options**

- Sentara Standard Gold 1500 Ded     Sentara Standard Silver 5000 Ded     Sentara Standard Bronze 7500 Ded

**C. PRIMARY APPLICANT INFORMATION** (PLEASE PRINT LEGAL NAME)

**• If this is a child only application, please include the Parent/Guardian name, address, date of birth, relationship to child and primary phone number in this section. The child only applicant information should be included under the Child 1 section on page 3.**

Last Name:		First Name:		Middle Initial:	
Home Address: (no P.O. Box)					
City:			State:		Zip Code:
Social Security Number:			Date of Birth: (mm/dd/yyyy)		U.S. Citizen: <input type="checkbox"/> Yes <input type="checkbox"/> No Disabled: <input type="checkbox"/> Yes <input type="checkbox"/> No
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Primary Phone: <input type="checkbox"/> Mobile <input type="checkbox"/> Home <input type="checkbox"/> Work			Secondary Phone: <input type="checkbox"/> Mobile <input type="checkbox"/> Home <input type="checkbox"/> Work	
Mailing Address: (If different from home address above)			City:		State: <input type="checkbox"/> Zip Code:

**Go Paperless! Consent to Receive Electronic Communications**

Email Address: \_\_\_\_\_

By providing your email address above, you agree to receive email communications that <Sentara Health Plans> or its representatives believe may interest or be relevant to you. You may unsubscribe at any time.

**I CONSENT**

By marking the "I CONSENT" checkbox above, you agree to enroll in our Paperless Program and to accept electronic communications at the email you provided from <Sentara Health Plans> or its representatives. You also consent to receive electronic notice that health plan documents and notices are being provided, and are available to view or download, through the <Sentara Health Plans> secure website at <[sentarahealthplans.com/signin](http://sentarahealthplans.com/signin)> or on the <Sentara Health Plans> mobile app instead of paper documents through personal delivery or the U.S. Mail. Documents and notices include, but are not limited to, the following: Certificate of Insurance or Evidence of Coverage, Summary Plan Description (SPD), Summary of Material Modification, Uniform Summary of Benefits and Coverages (SBCs), Explanation of Benefits (EOB) and other claim notices; Provider Termination Continuity of Care notices, Medicare Part D notices, and COBRA notices.

Not all documents will be available electronically in the Go Paperless program. If a document or notice is not available electronically we will provide you paper copies. You do not have to enroll in our paperless program to enroll in the health plan. You may revoke your consent to receive electronic communications or request a paper copy of any document free of charge at any time.

Please be aware that certain of the messages sent by Sentara may be unencrypted and that e-mail communication can be intercepted in transmission or misdirected. Please consider communicating any sensitive information by telephone, fax, or mail and take care to protect your devices and messages. By opting into the Go Paperless program, you agree to receive electronic communications, even if they are sent in an unencrypted format.

**Phone Number and Consent:**

Phone Number: \_\_\_\_\_

**I CONSENT**

By providing your phone number and clicking the "I CONSENT" button above, you consent to allow <Sentara Health Plans> and its representatives to contact you at any phone number you have provided to us, including mobile phone numbers. You understand that you are not required to agree and agreeing is not a condition of being a <Sentara Health Plans> member or receiving health care. If you are not the subscriber to the phone number you provided, then you agree that you have obtained the subscriber's consent to receive these communications.

Communications directed to these phone numbers may be conducted using automated dialing/delivery devices, direct dial, text message, SMS or RCS messages, ringless voicemail, push notifications, and prerecorded or artificial voices. These communications may include, but may not be limited to, surveys, marketing messages to promote products and services provided by <Sentara Health Plans>, reminders to renew before your plan expires, information regarding medication, wellness, preventive care, health plan enrollment, communication preferences, payment, and other information <Sentara Health Plans> or its representatives believe may interest or be relevant to you. Content contained within these communications, which may include health information, will not be encrypted. <Sentara Health Plans> will not charge you for these communications. Carrier message and data rates may apply.

You may revoke your consent at any time. To opt out of phone calls, you may sign in to the <Sentara Health Plans> website at <[sentarahealthplans.com/signin](http://sentarahealthplans.com/signin)>, use the <Sentara Health Plans> mobile app, or call Member Services at <1-866-514-5916>. To opt out of text messages, text STOP to short code <59270>, sign in to the <Sentara Health Plans> website at <[sentarahealthplans.com/signin](http://sentarahealthplans.com/signin)>, use the <Sentara Health Plans> mobile app, or call <1-866-514-5916>.

**Primary Care Physician: (PCP)**  
If applying for Sentara Health Plans Health Maintenance Organization (HMO) please select a primary care physician from the Plan's Provider Directory for each family member listed.

PCP Last Name:	PCP First Name:
Provider Number: <i>(If known)</i>	
Current Patient? <input type="checkbox"/> Yes <input type="checkbox"/> No	

**Parent/Guardian Information** *(if child only application)*   **Relationship to Child:**    Parent    Guardian

Parent/Guardian Last Name:	Parent/Guardian First Name:	Date of Birth: <i>(mm/dd/yyyy)</i>
Home Address: <i>(no P.O. Box)</i>	City:	State:
		Zip Code:

**D. HEALTH SAVINGS ACCOUNT**   *(if applicable)*

**Health Savings Account (HSA) Administration** - If you have chosen the HSA eligible high deductible plan, you are eligible to establish a Health Savings Account (HSA). HealthEquity is Sentara's preferred vendor for HSA administration.

Do you want to establish a HSA?   Effective date:  
*(mm/dd/yyyy)* \_\_\_\_\_

Yes, please DO establish or continue my existing health savings account for me with HealthEquity.

No, please DO NOT establish a health savings account for me with HealthEquity.

**E. INDIVIDUAL COVERAGE HEALTH REIMBURSEMENT ARRANGEMENT (ICHRA)**

Is anyone listed on the application offered an Individual Coverage Health Reimbursement Arrangement (ICHRA)?

If YES, then please provide the following information.   Name of employer: \_\_\_\_\_

If NO, skip to Section F   Name of ICHRA administrator: \_\_\_\_\_

**F. ALTERNATE MAILING ADDRESS**

If your spouse or any dependent should receive plan information to an address other than that listed under Section C Primary Applicant Information, please provide that address and the plan member's name.

Applicable Member:	Alternate Mailing Address:	City:	State:	Zip Code:

• For additional addresses, please reprint this page and continue to fill out for additional policy members.

**G. FAMILY INFORMATION**

**Please complete only if your spouse and/or dependent children are applying for coverage.**

• If enrolling dependents, how many? \_\_\_\_\_

**SPOUSE**    Add    Cancel   **Use Alternate Mailing Address for this member?**    Yes    No

Last Name:	First Name:	Middle Initial:
Social Security Number:	Date of Birth: <i>(mm/dd/yyyy)</i>	U.S. Citizen: <input type="checkbox"/> Yes <input type="checkbox"/> No
		Disabled: <input type="checkbox"/> Yes <input type="checkbox"/> No
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Primary Phone:	Secondary Phone:
	Email Address:	

**NOTE: Primary Care Physician: (PCP)** If applying for Sentara Health Plans Health Maintenance Organization (HMO) please select a primary care physician from the Plan's Provider Directory for each family member listed.

PCP Last Name:	PCP First Name:
Provider Number: <i>(If known)</i>	
Current Patient? <input type="checkbox"/> Yes <input type="checkbox"/> No	

**G. FAMILY INFORMATION** *(continued)*

<b>CHILD 1</b>		<input type="checkbox"/> Add	<input type="checkbox"/> Cancel	<b>Use Alternate Mailing Address for this member?</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Last Name:		First Name:			Middle Initial:		
Social Security Number:		Date of Birth: <i>(mm/dd/yyyy)</i>		U.S. Citizen:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Disabled:	
Gender:		Primary Phone:			Secondary Phone:		
<input type="checkbox"/> Male <input type="checkbox"/> Female		Email Address:					
<b>Primary Care Physician (PCP):</b> <i>(If needed)</i>							
PCP Last Name:				PCP First Name:			
Provider Number: <i>(If known)</i>				Current Patient? <input type="checkbox"/> Yes <input type="checkbox"/> No			

<b>CHILD 2</b>		<input type="checkbox"/> Add	<input type="checkbox"/> Cancel	<b>Use Alternate Mailing Address for this member?</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Last Name:		First Name:			Middle Initial:		
Social Security Number:		Date of Birth: <i>(mm/dd/yyyy)</i>		U.S. Citizen:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Disabled:	
Gender:		Primary Phone:			Secondary Phone:		
<input type="checkbox"/> Male <input type="checkbox"/> Female		Email Address:					
<b>Primary Care Physician (PCP):</b> <i>(If needed)</i>							
PCP Last Name:				PCP First Name:			
Provider Number: <i>(If known)</i>				Current Patient? <input type="checkbox"/> Yes <input type="checkbox"/> No			

<b>CHILD 3</b>		<input type="checkbox"/> Add	<input type="checkbox"/> Cancel	<b>Use Alternate Mailing Address for this member?</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Last Name:		First Name:			Middle Initial:		
Social Security Number:		Date of Birth: <i>(mm/dd/yyyy)</i>		U.S. Citizen:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Disabled:	
Gender:		Primary Phone:			Secondary Phone:		
<input type="checkbox"/> Male <input type="checkbox"/> Female		Email Address:					
<b>Primary Care Physician (PCP):</b> <i>(If needed)</i>							
PCP Last Name:				PCP First Name:			
Provider Number: <i>(If known)</i>				Current Patient? <input type="checkbox"/> Yes <input type="checkbox"/> No			

• *If you have more than three (3) dependents please reprint this page and continue to fill out the information requested for all eligible dependents.*



**I. INITIAL PAYMENT INFORMATION- Please select one payment type**

**CREDIT CARD / DEBIT CARD**

*If paying by credit card or debit card, please wait to receive either your welcome letter or initial invoice from Sentara with instructions on how to make payment.*

**AUTOMATIC BANK DEDUCTION**

**Banking Information**  
*If your banking information is different for your initial payment and your ongoing electronic payments, please fill out the next page and provide the information for ongoing payment transactions.*

Bank Routing Number:		Bank Account Number:	
Primary Name on Bank Account:			
Name of Financial Institution:		Branch Phone Number:	
Branch Address:	City:	State:	Zip:

**CHECK, MONEY ORDER, OR CASHIERS CHECK**

**To ensure proper posting, please include member name, member number, and invoice number (if applicable) on Check, Money Orders, or Cashiers Check.**

**Mail Payment to:**  
Sentara Health Plans  
1300 Sentara Park  
Virginia Beach, VA 23464

**MONEYGRAM**

Make convenient premium payments at MoneyGram Locations across Virginia, including most 7-Eleven, CVS and Walmart locations.  
(No service fees apply)

**J. ON-GOING MONTHLY PAYMENT INFORMATION- Payments Must Be Made Monthly**

**AUTOMATIC CREDIT CARD / DEBIT CARD**

*Instructions for automatic credit or debit card payments are available on our website, during or after initial payment is made.*

**AUTOMATIC BANK DEDUCTION**

**Banking Information**

*If your banking information is different for your initial payment and your ongoing electronic payments, please fill out the previous page and provide the information for the initial payment transaction.*

Bank Routing Number:		Bank Account Number:	
Primary Name on Bank Account:			
Name of Financial Institution:		Branch Phone Number:	
Branch Address:	City:	State:	Zip:

**CHECK, MONEY ORDER, OR CASHIERS CHECK**

To ensure proper posting, please include member name, member number, and invoice number (if applicable) on Check, Money Orders, or Cashiers Check.

**Mail Payment to:**  
Individual Product  
PO Box 715892  
Philadelphia, PA 19171-5892

**PRE-PAID DEBIT**

Payments with Pre-Paid Debit Cards: Calls must be made monthly to (757)687-6434 or (888)737-5479

**MONEYGRAM**

Make convenient premium payments at MoneyGram Locations across Virginia, including most 7-Eleven, CVS and Walmart locations.  
(No service fees apply)



**K. CERTIFICATION AND AUTHORIZATION**

**The following section must be signed and dated by the primary applicant.**

I understand that no coverage will be in force until Sentara determines eligibility for coverage, and notifies me of the first effective date of coverage. I understand that my enclosed premium will be applied to coverage for eligible person(s); and I understand that the premium will be refunded if no persons are eligible for coverage selected and no other coverage is accepted. I also understand that premiums not paid in accordance with this provision, and the terms of the policy, will result in the non-renewal or discontinuance of the policy issued from this application.

I understand that the policy that I am applying for is an individual health insurance policy, and I understand that the policy, if issued, shall not be used as an employer provided healthcare benefit plan. I certify that no employer of any person covered under this policy may pay any premium for this coverage, directly or indirectly, including through wage adjustment. I understand that “employer” does not include a trade or business wholly owned by an individual or individual and spouse that has no other employees or that does not offer health benefits to any other employees. Also, as it pertains to this provision, a church may purchase an individual policy if only purchasing it for one employee.

I understand that coverage is not in force until the effective date shown on the Schedule of Benefits issued to me or my dependents. I am applying for health coverage for the persons listed on the application, and I agree that we shall abide by the provisions of coverage in the policy document under which we will be enrolled. I understand that it is my responsibility to report to Sentara any change in eligibility of myself and my dependents. I agree to provide supporting documentation that is acceptable to Sentara if requested.

I understand that Sentara may receive and collect personal information from persons other than me. The collected personal or privileged information may be disclosed to third parties without authorization. I understand that I have a right to access and correct all personal information collected in reference to my policy and that I will receive upon request Sentara’s complete notice of information collection and disclosure practices.

I hereby authorize any provider of health services or any insurance company that has any personal medical records or knowledge of my health or my dependents’ health to give to Sentara any such personal medical information for the purposes of administering coordination of benefits provisions and for the payment of claims once enrolled. This Authorization shall extend to representatives of Sentara as needed to fulfill the purposes of the disclosure. This Authorization shall not extend to the disclosure of a provider’s notes taken during psychotherapy sessions that are maintained separately from the rest of the provider’s medical record.



**K. CERTIFICATION AND AUTHORIZATION** *(continued)*

I understand any personal medical information received by Sentara pursuant to this application is subject to restrictions on disclosure to others as set forth under state and federal laws. I understand that there is a possibility of redisclosure of any information disclosed pursuant to this Authorization, and that information, once disclosed, may no longer be protected by federal rules governing privacy and confidentiality. I understand that authorizing the disclosure of this health information is voluntary. I need not sign this form in order to assure treatment. I understand that I, or my authorized representative, are entitled to receive a copy of this Authorization upon request, and I agree that a photographic copy of this Authorization shall be as valid as the original. I understand that for the purposes of processing and payment of claims and for administration of coordination of benefits provisions this Authorization is valid for the term of the policy.

I understand that I can revoke this Authorization at any time by giving written notice to Sentara Health at 1300 Sentara Park Virginia Beach, VA 23464. I also understand that my revocation will not affect the rights of any individual who has acted in reliance on the Authorization prior to receiving notice of my revocation. I understand that, for the purpose of collecting information in connection with this application, this authorization is valid for 30 months from the date of my signature, and for the purpose of collecting information in connection with a claim for benefits this authorization is valid for the term of coverage for the policy.

If a legal representative signs on behalf of the applicant or any other person to be covered, the legal representative's signature constitutes an attestation that the legal representative possesses the authority to sign on behalf of the individual. I further understand that I or my legal representative may receive a copy of this application upon request.

**If you or any of your covered dependents are covered by more than one health plan, benefits under your Sentara plan will be coordinated so that the same health care services don't get paid for twice.**

**I, and my agent (if applicable), hereby certify that I have read, or have had read to me, the completed application; and that I realize that any false statement or misrepresentation in the application may result in loss of coverage under this policy.**

**The following section must be signed and dated by the primary applicant.**

Signature of Primary Applicant *or print, sign name, and specify title* of Legal Representative: Date: (mm/dd/yyyy)

Print Agent name if applicable: Date: (mm/dd/yyyy)

Signature of Agent if applicable: Date: (mm/dd/yyyy)

Agency Number:	Agent Number:	Receipt Date: (mm/dd/yyyy)
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Primary Phone:	Fax Number:
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Email Address: