

Bariatric Surgery Options



Surgical Weight Loss options with Sentara Health Plans:

Losing weight is not an easy task. The excess weight associated with obesity can be dangerous and can increase the chance of developing obesity-related diseases. Your plan through Sentara Health Plans offers permanent weight loss solutions for members.

Bariatric surgery services include coverage for treatments such as gastric bypass surgery or other methods recognized by the National Institutes of Health as effective for the long-term reversal of morbid obesity.

Guidelines:

Members must be a weight that is at least 100 pounds over or twice the ideal weight for frame, age, weight, and gender as specified in the 1983 Metropolitan Life Insurance tables.

Eligible members will receive a waiver for their inpatient or outpatient surgery copayment.

Eligibility:

Members are required to take a six-month education program that includes weight management, nutrition counseling, coaching, and disease management. After surgery, coaching may continue for up to 24 months.



Request to participate by calling member services at 1-866-846-2682



For more information, visit: sentarahealthplans.com/cova