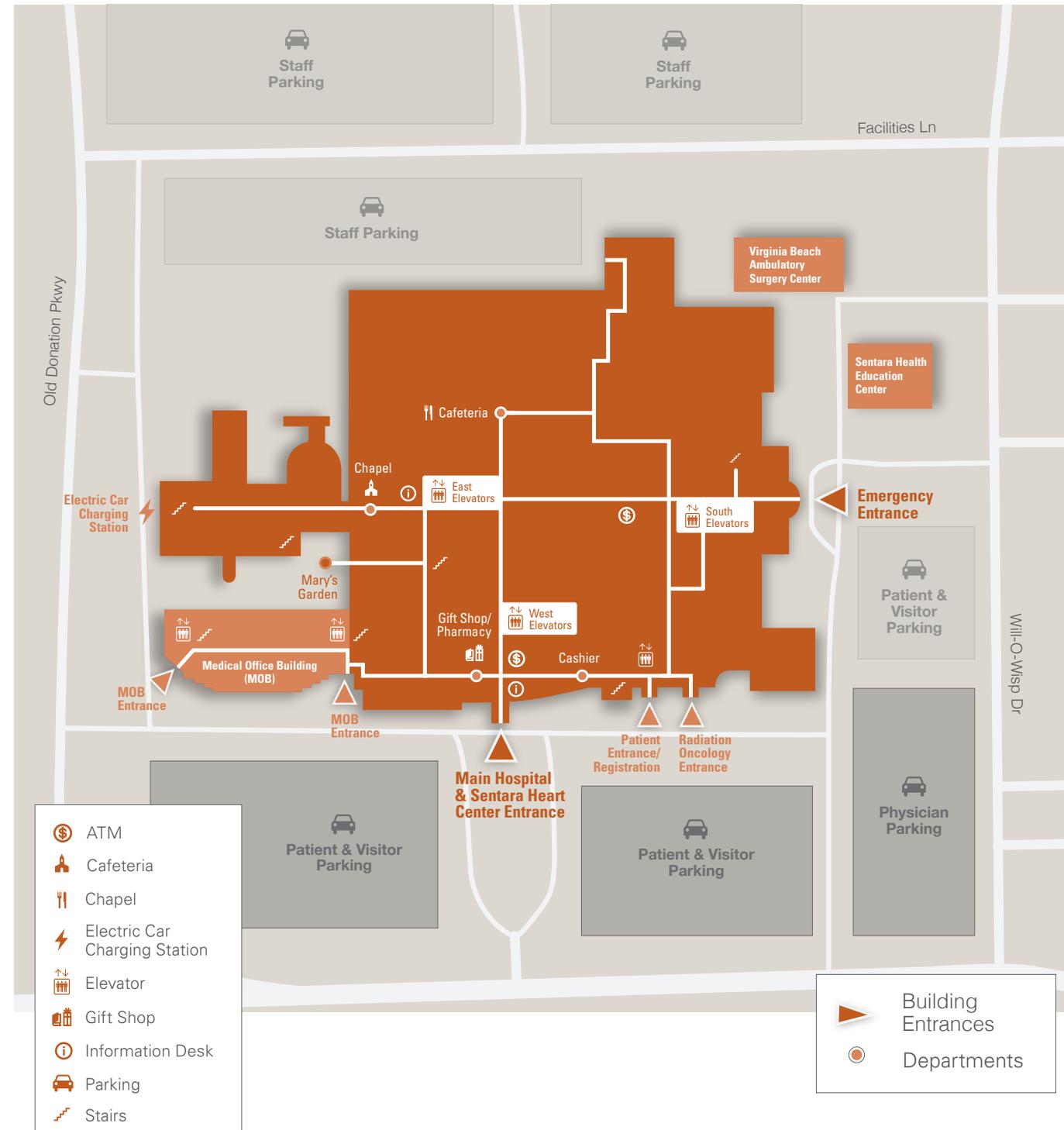


## How To Use This Map

Follow the directories below to find which floor your destination is located on. Use the map to help you navigate to the nearest elevator, then use it to reach destinations above Floor 1.

## FLOOR 1



## Floor 2

- 2 West Cardiology Unit
- Cardiac Care Unit
- 2 East Neurology Unit
- 2 South Oncology Unit
- Intensive Care Unit

## Floor 3

- 3 East Stepdown Unit
- Rehabilitation
- 3 West Wing Medical Surgical Unit & Orthopedics Unit

## Floor 4

- Behavioral Health Unit
- 4 East Medical Surgery Unit
- 4 West Medical Surgery Unit

## Medical Office Building (MOB)

- Advanced Imaging Center
- Breast Center
- Diabetes Center & Cancer Resource Center
- Pain Management Unit
- PVL (Peripheral Vascular Laboratory)
- Sleep Disorders Center

## Floor 1

- Administration
- Cafeteria
- Cardiovascular Services
- Cashier
- Chapel
- Classroom
- Community Health Resource Center
- Dialysis
- Electrophysiology/EEG
- Emergency
- Emergency Waiting
- Endoscopy
- Gift Shop/Pharmacy
- Inpatient Rehab Unit
- Integrated Care Management
- Laboratory
- Mary's Garden
- Medical Office Building
- Medical Records
- MRI
- Outpatient Medical/Surgical Unit
- Outpatient Testing Diagnostic Laboratory
- Patient Advocates
- PVL (Peripheral Vascular Laboratory)
- Radiation Oncology
- Radiology Film Pick-up
- Sentara Heart Center
- Surgery Family Waiting
- Volunteer & Guest Services

## Dining and Convenience Services

### The Tidewater Cafe

The café is open daily from 6:30am – 12:30am.

**Breakfast:** 6:30 AM - 10:00 AM

**Lunch:** 11 AM – 1:30 PM

**Grill Service:** 1:30 PM – 12:30 AM

### In-Room Meal Service

Patient meals are delivered to their rooms. Delivery of a guest meal tray is available at a reasonable cost.

### Spiritual Care

Chaplaincy services are available for patients, families and medical staff, Monday – Thursday from 8:00am – 5:00pm and varied nights and weekends. The chapel is located on the first floor, near the concierge, and is a quiet, welcoming space for reflection and meditation.

### Contact a Chaplain

To contact a chaplain, please call 757-395-8132, Monday – Friday from 8:00am – 5:00pm. If the chaplain is unavailable, please notify the nursing supervisor at 757-395-3057.

### Mary's Garden

Located at the heart of Sentara Virginia Beach General Hospital, Mary's Garden is easily accessible near Chaplaincy Services and Volunteer Services. Mary's Garden surrounds you with an atmosphere of peace and harmony, giving you the courage to face your next challenge. Patients, family members and medical staff walk the labyrinth as a spiritual and healing journey to quiet the mind, encourage meditation and bring inner peace.

### Sentara To Home—Pharmacy

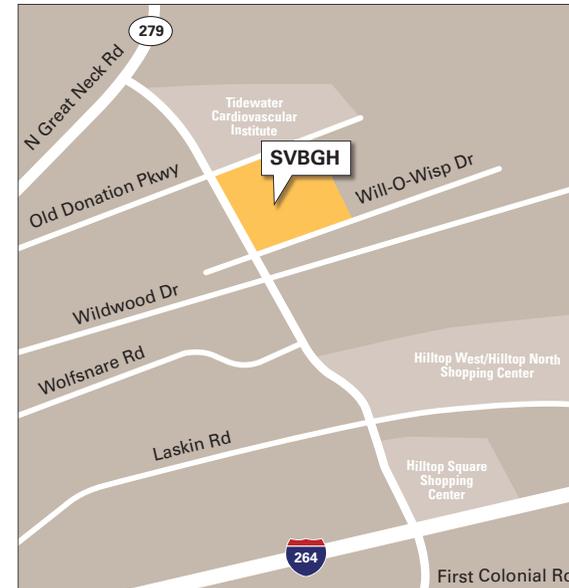
To make the transition simple and convenient for patients leaving the hospital and going home, we have made it easy to purchase medications, home medical equipment and other healthcare needs before leaving the hospital.

**Monday – Friday:** 9:00am – 7:00pm  
757-395-8844

### Patient Advocates

To speak to a patient advocate, please call 757-395-6099 or 757-395-6862.

## Sentara Virginia Beach General Hospital (SVBGH)



Sentara Virginia Beach General Hospital  
1060 First Colonial Rd  
Virginia Beach, VA 23454

(757) 395-8000  
sentara.com

## Your Destination

DEPARTMENT NAME ROOM #

PHYSICIAN NAME

FLOOR

# Map and Guide

## Sentara Virginia Beach General Hospital



## Welcome to Sentara Virginia Beach General Hospital

Sentara Virginia Beach General Hospital is a 273-bed medical center located just miles from the shoreline of Virginia Beach and specializes in orthopedics, neurosurgery, thoracic and colorectal surgery and sleep disorders. As the region's only Level 3 Trauma Center, Sentara Virginia Beach General Hospital is home to a Sentara Heart Center and one of the area's accredited stroke centers.

In 2018, Sentara Virginia Beach General Hospital was recognized by the Surgical Review Corporation as a Center of Excellence in Minimally-Invasive Gynecology and Robotic Surgery demonstrating our unparalleled commitment and ability to deliver safe, effective and evidence-based care.

## Visitor Information

We recognize the value of family and friends in the healing process. Family and friends, in good health, including children accompanied by an adult, are welcome to enjoy our open visitation. Patients in our Intensive Care Unit and Cardiac Care Unit may require different visiting hours, so please speak with a nurse in those units for more details.

**To call a patient's room, simply dial 757-395-8XXX (then the patient's room number.) If you do not know the patient's room number, you can call patient information at 757-395-6883 for assistance.**