

Oh, hello.

A health plan you can count on.

Our mission is to *improve health every day*. For over 35 years*, Optima Health has offered affordable health plans that empower our members to live healthier and happier lives. We provide a member-focused approach by delivering holistic health plans and customizable wellness programs. Backed by a dedicated member services team and an outstanding network of providers, our members know we've got them covered on their journey to better health.

Why Optima Health?

Who is in-network?

Our collaborative partnerships with providers help us deliver quality health plans that can meet the unique needs of Virginians. Optima Health offers a comprehensive statewide network of hospitals, facilities, and providers.

In-Network in Northern Virginia

- Fauquier Health
- Haymarket Medical Centers
- HCA Reston Hospital Center
- Inova Health System
- Mary Washington Hospital
- RMH Medical Centers
- Sentara Northern Virginia Medical Center
- Spotsylvania Hospital Center
- Stafford Hospital
- Stonesprings Hospital Centers
- UVA Prince William Medical Center
- Virginia Hospital Center

Who is eligible?

Employer groups and individuals can enroll in a plan with an effective date on or after January 1, 2023.

Northern Virginians will be able to access an Optima Health plan that is tailored to fit their busy lives and changing needs. Here's what they can count on:

- Virginia-based sales, claims, and customer service teams
- Comprehensive hospital, facility, and provider network
- Video or phone access to board-certified physicians and behavioral health providers
- Member wellness and coaching services with flexible programs and expert guidance
- Emergency travel assistance available for global-emergency, medically related travel services
- Discounts on fitness and wellness programs, products, and services
- Holistic, member-centered care management programs
- Integrated retail, mail-order, and specialty pharmacy services
- Health incentive programs

**What will
Optima Health
bring to
Northern
Virginia?**

**How do I
learn more?**

Your Optima Health representative can answer any questions about this exciting new offering in Northern Virginia. To get appointed with Optima Health, visit optimahealth.com/brokers/appointments-and-certifications



Introduce your clients to a health plan they can count on. Introduce them to Optima Health. Contact your Optima Health representative to learn more.

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optimahealth.com/brokers