

FOR IMMEDIATE RELEASE

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OPTIMA HEALTH EXTENDS COVERAGE FOR TREATMENT OF COVID-19

VIRGINIA BEACH, Va. (May 11, 2020)— To remove barriers to care and provide safe treatment options for our members during the COVID-19 crisis, and as outlined in the CARES Act, Optima Health is extending coverage for treatment of COVID-19 to June 30.

Effective now through June 30, Optima Health is providing the following benefits at no cost to members (i.e. no member co-pays or cost-share) for in-network providers and labs for its fully insured Commercial, Medicare Advantage, and Medicaid plans, as well as participating self-funded groups:

- All telehealth visits, including telephone only, with any in-network care provider
- Any necessary in-network or emergent out-of-network treatment of COVID-19

In accordance with the CARES Act, out-of-pocket member costs will be covered for medical care and testing provided to our members who see a health care provider, in-person or via-telehealth technology, when they suspect they are suffering from COVID-19 through the duration of the pandemic.

Reminder of pharmacy benefit changes

As previously announced, Optima Health has relaxed pharmacy benefits to ensure members have prescriptions on hand. Members:

- May fill prescriptions earlier than normal without penalty.
- Can contact their provider to evaluate and replace 30-day supplies of medications with 90-day supplies.
- Should consider, depending on their plan, home delivery options for prescriptions as a way to comply with social distancing guidelines. To learn how to order, visit optimahealth.com/covid-19.

Coronavirus Screening Assessment Tool

Optima Health has a web-based, interactive questionnaire to help people decide if they should seek medical attention based on their risk level for COVID-19. The pop-up tool can be found on the right-hand side of any page of optimahealth.com by clicking the 'Coronavirus Assessment Tool.'

For more information about COVID-19, please visit the [Centers for Disease Control and Prevention website](https://www.cdc.gov). To learn more about Optima Health and its COVID-19 programs, please visit optimahealth.com/covid19.

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About Optima Health

Optima Health, based in Virginia, provides health insurance coverage to more than 560,000 members. With more than 35 years of experience, Optima Health offers a suite of commercial products including consumer-directed, employee-owned, and employer-sponsored plans, individual health plans, employee assistance programs and plans serving Medicare and Medicaid enrollees. Its provider network features approximately 30,000 providers including specialists, primary care physicians and hospitals across Virginia. Optima Health also offers programs to support members with chronic illnesses, customized wellness programs and integrated clinical and behavioral health services, as well as pharmacy management—all to help members improve their health every day. The company's goals are to provide better health, be easy to use and offer services that are a great value. Optima Health is a service of Sentara Healthcare. To learn more about Optima Health, visit www.optimahealth.com.