

Core Decompression for Avascular Necrosis of the Knee, Ankle, Elbow and Shoulder

Table of Content
Purpose
Description & Definitions
Criteria
Coding
Document History
References
Special Notes
Keywords

<u>Effective Date</u>	11/2018
<u>Next Review Date</u>	9/15/2024
<u>Coverage Policy</u>	Surgical 214
<u>Version</u>	3

All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member’s condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.*.

Purpose:

This policy addresses Core Decompression for Avascular Necrosis of the Knee, Ankle, Elbow and Shoulder surgery.

- For Hip Core Decompression, refer to Milliman (MCG) Guidelines.

Description & Definitions:

Core decompression consists of drilling one or more small channels into the dead bone to decrease pressure within the bone by restoring blood flow.

Criteria:

Core Decompression for Avascular Necrosis of the Knee, Ankle, Elbow and Shoulder is considered **not medically necessary** for any indication.

Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
23929	Unlisted procedure, shoulder
24999	Unlisted procedure, humerus or elbow
27599	Unlisted procedure, femur or knee
27899	Unlisted procedure, leg or ankle

Document History:

Revised Dates:

- 2021: December
- 2020: February
- 2019: November

Reviewed Dates:

- 2023: September
- 2022: September

Effective Date:

- November 2018

References:

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

(n.d.). Retrieved Aug 28, 2023, from Hayes:

<https://evidence.hayesinc.com/search?q=%257B%2522text%2522:%2522Core%2520Decompression%2520for%2520Avascular%2520Necrosis%2522,%2522title%2522:null,%2522termsource%2522:%2522searchbar%2522,%2522page%2522:%257B%2522page%2522:0,%2522size%2522:50%257D,%2522t>

(2023). Retrieved Aug 28, 2023, from MCG 27th Edition: <https://careweb.careguidelines.com/ed27/index.html>

(2023). Retrieved Aug 28, 2023, from CMS: <https://www.cms.gov/medicare-coverage-database/search-results.aspx?keyword=Core+Decompression&keywordType=starts&areald=all&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all>

(2023). Retrieved Aug 28, 2023, from DMAS: <https://www.dmas.virginia.gov/>

Arthroscopically Assisted Humeral Head Decompression for Avascular Necrosis: Lateral Cortical Perforation Technique. (2022, Apr). Retrieved Aug 28, 2023, from National Library of Medicine - Arthroscopic Technology: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9051625/#:~:text=Core%20decompression%20is%20thought%20to,to%20form%20new%20healthy%20bone.>

Joint Surgery. (2023-11-05). Retrieved Aug 28, 2023, from Carelon Medical Benefits Management:

<https://guidelines.carelonmedicalbenefitsmanagement.com/joint-surgery-2023-11-05/?highlight=Core+Decompression+for+Avascular+Necrosis&hilite=Core+Decompression+Avascular+Necrosis>

(2023). Retrieved Aug 28, 2023, from American Academy of Orthopaedic Surgeons (AAOS):

<https://login.auth.aaos.org/signon?environmentId=e135348e-3cef-47c6-b3bc-573a913e9479&flowId=00d104d7-d49a-4e15-a858-ed169013fed2>

Special Notes: *

This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or

medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to “correct or ameliorate” (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member’s condition. *Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.*

Keywords:

Core Decompression for Avascular Necrosis, SHP Surgical 214, drilling, bone, bone destruction, osteonecrosis, diseased tissue