

## Early Inpatient Admission

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<a href="#">Coverage Policy</a>	Medical 145
<a href="#">Version</a>	7

**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details [\\*](#).**

### Purpose:

This policy addresses the medical necessity of Early Inpatient Admission

### Description & Definitions:

Early Inpatient Admission is for individuals who are having elective surgery are generally admitted to the hospital the day of surgery. The preoperative evaluations, preparation and testing are usually performed prior to surgery on an outpatient basis. There may be situations in which it may be medically necessary to admit the individual to the hospital a day prior to the surgical procedure.

### Criteria:

It is considered medically necessary for individuals to be admitted to the hospital the day prior to surgery with **1 or more** of the following:

- Inpatient treatment is needed as the individual has a coexisting medical issue that needs treatment prior to major surgery and the treatment may assist with a more positive outcome or decrease operative risk.
- The individual is an unstable insulin-dependent diabetic and close monitoring of blood glucose is required prior to the operative procedure
- The individual requires extensive bowel preparation preoperatively due to **1 or more** of the following:
  - The individual has a partially obstructed bowel
  - The individual has a co-morbid condition that would make them high risk for fluid or electrolyte imbalance from the bowel prep
- The individual requires conversion from coumadin to **intravenous** heparin for a surgical procedure planned for the next day. (Individuals with mitral valve disease, especially with atrial fibrillation, may require 2 pre-op days)
- The individual is scheduled for both an invasive diagnostic procedure (e.g., aortogram, myelogram, arteriogram or cardiac catheterization) and major surgery the next day
- The individual requires intravenous steroid preparation the day prior to surgery due to a documented prior allergic reaction to contrast material

- The individual is scheduled for an open heart procedure requiring cardiopulmonary bypass and has **1 or more** of the following:
  - Congestive heart failure
  - Severe hypertension
  - Significant ventricular arrhythmias
  - Unstable angina
- The individual is scheduled for a craniotomy the next day and requires **1 or more** of the following:
  - Intravenous steroid preparation
  - Intravenous anticonvulsant protection
  - Osmotic diuresis
- The individual is less than 1 year old and requires intravenous hydration the day prior to a major surgical procedure.
- The individual has been diagnosed with Parkinson's Disease and requires discontinuation of medications prior to insertion of a neurostimulator the next day.
- The individual requires intravenous medication pre-operatively due to **1 or more** of the following:
  - The Individual has a history of seizure disorder and requires intravenous anticonvulsants.
  - The Individual requires intravenous steroid administration.
  - The Individual is considered unstable for surgery and is unable to take the necessary medication orally.

Early Inpatient Admission is considered **not medically necessary** for any use other than those indicated in clinical criteria.

## Coding:

Medically necessary with criteria:

Coding	Description
99221	Initial hospital inpatient or observation care, per day, for the evaluation and management of a patient, which requires a medically appropriate history and/or examination and straightforward or low-level medical decision making. When using total time on the date of the encounter for code selection, 40 minutes must be met or exceeded.
99222	Initial hospital inpatient or observation care, per day, for the evaluation and management of a patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. When using total time on the date of the encounter for code selection, 55 minutes must be met or exceeded.
99223	Initial hospital inpatient or observation care, per day, for the evaluation and management of a patient, which requires a medically appropriate history and/or examination and high level of medical decision making. When using total time on the date of the encounter for code selection, 75 minutes must be met or exceeded.

Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

## Document History:

Revised Dates:

- 2019: December

#### Reviewed Dates:

- 2024: April
- 2023: May
- 2022: April
- 2021: April
- 2020: April, May
- 2018: November
- 2017: December
- 2016: July
- 2015: June
- 2014: June
- 2013: June
- 2012: June
- 2011: June
- 2010: March

#### Effective Date:

- March 2009

### References:

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### Special Notes: \*

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment, and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Services mean both medical and behavioral health (mental health) services and supplies unless We specifically tell You otherwise. We do not cover any services that are not listed in the Covered Services section unless required to be covered under state or federal laws and regulations. We do not cover any services that are not Medically Necessary. We sometimes give examples of specific services that are not covered but that does not mean that other similar services are covered. Some services are covered only if We authorize them. When We say You or Your We mean You and any of Your family members covered under the Plan. Call Member Services if You have questions.

### Keywords:

SHP Early Inpatient Admission, Medical 145, bowel preparation, concurrent medical problem, insulin-dependent diabetic, partially obstructed bowel, co-morbid condition, invasive diagnostic procedure, Coumadin, major surgery