

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; **fax to 1-800-750-9692.** No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If information provided is not complete, correct, or legible, authorization may be delayed.**

**Drug Requested:** (select ONE below)

☐ **Austedo®** (deutetrabenazine)

☐ **Austedo® XR** (deutetrabenazine)

**MEMBER & PRESCRIBER INFORMATION:** Authorization may be delayed if incomplete.

**Member Name:** \_\_\_\_\_

**Member Optima #:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Prescriber Name:** \_\_\_\_\_

**Prescriber Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Office Contact Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Fax Number:** \_\_\_\_\_

**DEA OR NPI #:** \_\_\_\_\_

**DRUG INFORMATION:** Authorization may be delayed if incomplete.

**Drug Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code:** \_\_\_\_\_

**Weight:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**CLINICAL CRITERIA:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

☐ **DIAGNOSIS: Huntington's Disease**

**Initial Authorization – 12 months. Dose may not exceed 48 mg/day.**

- ☐ Prescribed by or in consultation with a Neurologist
- ☐ Member is  $\geq 18$  years of age
- ☐ Member has been diagnosed with chorea associated with Huntington's Disease
- ☐ Member has a trial and failure of **at least 30 days** of therapy with tetrabenazine (**verified by chart notes or pharmacy paid claims**)

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- ☐ Member is **NOT** actively suicidal and does **NOT** have any of the following:
  - ☐ untreated or inadequately treated depression
  - ☐ concomitant use of MAOI medication
  - ☐ hepatic impairment
- ☐ Member is **NOT** using concomitant therapy with tetrabenazine

**Reauthorization – 12 months. Dose may not exceed 48 mg/day.** To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

- ☐ Chorea symptoms must have improved or stabilized
- ☐ Member is **NOT** actively suicidal and does **NOT** have any of the following:
  - ☐ untreated or inadequately treated depression
  - ☐ concomitant use of MAOI medication
  - ☐ hepatic impairment

**CLINICAL CRITERIA:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

☐ **DIAGNOSIS: Tardive Dyskinesia**

**Initial Authorization – 6 months. Dose may not exceed 48 mg/day.**

- ☐ Prescriber is one of the following (**check box below that applies**):

☐ Neurologist

☐ Psychiatrist

- ☐ Member is  $\geq 18$  years of age
- ☐ Member has a diagnosis of moderate to severe tardive dyskinesia, meeting all DSM-5 diagnostic criteria (**chart notes must be attached**)
- ☐ Member has experienced involuntary athetoid or choreiform movements
- ☐ Member has a history of treatment with dopamine receptor blocking agent (DRBA) (**Claims history or chart notes must be attached**)
- ☐ Member's symptom duration has lasted more than 4 to 8 weeks
- ☐ Provider has submitted documentation that an AIMS test has been completed to obtain baseline evaluation (**testing or score must be attached**)

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- ☐ **ONE** of the following criteria exists:
  - ☐ Persistence symptoms of tardive dyskinesia despite a trial dose reduction, tapering, or discontinuation of the offending agent
  - ☐ Member is **NOT** a candidate for a trial dose reduction, tapering, or discontinuation of the offending agent
- ☐ Member is **NOT** actively suicidal and does **NOT** have any of the following:
  - ☐ untreated or inadequately treated depression
  - ☐ concomitant use of MAOI medication
  - ☐ hepatic impairment

**Reauthorization - 12 months. Dose may not exceed 48 mg/day.** To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

- ☐ Member has experienced a positive clinical response to therapy (**chart notes must be attached**)
- ☐ Provider has noted an improvement in current AIMS score compared to baseline submission (**testing or score must be attached**)
- ☐ Member is **NOT** actively suicidal and does **NOT** have any of the following:
  - ☐ untreated or inadequately treated depression
  - ☐ concomitant use of MAOI medication
  - ☐ hepatic impairment

**Medication being provided by a Specialty Pharmacy - PropriumRx**

*Not all drugs may be covered under every Plan*

*If a drug is non-formulary on a Plan, documentation of medical necessity will be required.*

***\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\****

***\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\****