

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If information provided is not complete, correct, or legible, authorization may be delayed.**

### **Drug Requested:** Topical Psoriasis Medications

**Vtama<sup>®</sup>** (tapinarof) **1% cream**

**Zoryve<sup>™</sup>** (roflumilast) **0.3% cream**

**DRUG INFORMATION:** Authorization may be delayed if incomplete.

**Drug Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code, if applicable:** \_\_\_\_\_

**Quantity Limits:** 60 grams (1 tube) per 30 days

**CLINICAL CRITERIA:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

### **Initial Authorization: 6 months**

- Member must meet **ONE** of the following age requirements:
  - Member is  $\geq 18$  years of age for Vtama requests
  - Member is  $\geq 12$  years of age for Zoryve requests
- Member has a diagnosis of plaque psoriasis
- Member has a history of failure, contraindication, or intolerance to **BOTH** of the following therapies (**chart notes documenting contraindication(s) or intolerance must be attached; trials will be verified using pharmacy claims and/or submitted chart notes**):
  - 30 days (14 days for very high potency) of therapy with **ONE** topical corticosteroid in the past 180 days
  - 30 days of therapy with **ONE** other topical agent used for the treatment of psoriasis [e.g., calcipotriene 0.05% ointment or solution, tacrolimus 0.01% or 0.03% ointment, tazarotene 0.1% cream (**requires prior authorization**)] in the past 180 days

**Reauthorization: 12 months.** All criteria that apply must be checked for approval. To support each line checked, all documentation (lab results, diagnostics, and/or chart notes) must be provided or request may be denied.

- Member has experienced disease improvement and/or stabilization of plaque psoriasis (**chart notes must be submitted**)

(Continued on next page; signature page is required to process request.)

(Please ensure signature page is attached to form.)

*Not all drugs may be covered under every Plan.*

*If a drug is non-formulary on a Plan, documentation of medical necessity will be required.*

***\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\****

***\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\****

Member Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 7/21/2022; 9/15/2022  
REVISED/UPDATED: 8/5/2022; 9/9/2022; 10/4/2022