2026 Clinical, Preventive Health & Behavioral Health Care Guidelines

AvMed adopts evidence-based clinical practice guidelines to assist providers in screening, assessing, and treating common disorders. Recommendations are intended to augment, not replace, sound judgment.

Category	Main Source(s)	Guidelines & Links
CLINICAL GUIDELINE		
Asthma Management Guidelines updated 2026	Global Initiatives for Asthma	2026 Global Initiative for Asthma (GINA)
Chronic Kidney Disease Guidelines	National Kidney Foundation	KDOQI US Commentary on the 2024 KDIGO Clinical Practice Guideline for the Evaluation and Management of CKD
		KDIGO 2024 Clinical Practice Guideline for the Evaluation and Management of CKD
COPD (Chronic Obstructive Pulmonary Disease) updated 2026	Global Initiatives for Chronic Obstructive Lung Disease (GOLD)	Global Strategy for Prevention, Diagnosis and Management of COPD: 2026 Report
Cardiovascular Disease updated 2026	American Heart Association (AHA) & American College of Cardiology (ACC)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease
		2026 AHA/ACC/ADA/ASN Guideline for the Prevention, Detection, Evaluation, and Management of Cardiovascular-Kidney-Metabolic Syndrome: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
		2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients with Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines
Acute Myocardial Infarction updated 2026	American Heart Association (AHA) & American College of Cardiology (ACC)	2025 ACC/AHA/ACEP/NAEMSP/SCAI Guideline for the Management of Patients With Acute Coronary Syndromes: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
		2015 ACC/AHA/SCAI Focused Update on Primary Percutaneous Coronary Intervention for Patients with ST-Elevation Myocardial Infarction: An Update of the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention and the 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction
CAD (Coronary Artery Disease)	American Heart Association (AHA)	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women 2011 Update
	American Heart Association (AHA) & American College of Cardiology (ACC)	2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines
		AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease: 2011 Update
Heart Failure Guidelines	American College of Cardiology Foundation/American Heart Association TaskForce on Practice Guidelines/Heart Failure Society of America	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
Diabetic Care Management Guidelines updated 2026	American Diabetes Association (ADA)	Standards of Medical Care in Diabetes – 2026, American Diabetes Association
		Standards of Medical Care in Diabetes—2026 Abridged for Primary Care Providers
Hypertension Care Management Guidelines	American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines	2025 AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults
Low Back Pain Guidelines updated 2026	American College of Physicians: Annals of Internal Medicine	Guideline: In low back pain, nonpharmacologic treatments are recommended
		Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians
	American Academy of Family Physicians (AAFP)	Acute Low Back Pain: Diagnosis and Management
	Orthopaedic Section of the American Physical Therapy Association	Interventions for the Management of Acute and Chronic Low Back Pain: Revision 2021
PREVENTIVE CARE GUIDELINE		
Preventive Care Recommendations	U.S. Centers for Disease Control and Prevention (CDC)	Vaccines/Immunization Schedules, 2025-2026
	American Academy of Pediatrics (AAP)	Recommendations for Preventive Pediatric Health Care, Bright Futures/AAP, 2025-26
	U. S. Preventive Services Task Force (USPSTF)	Affordable Care Act and USPSTF Recommendations (A & B Only)
Behavioral Health Clinical Practice Guidelines: Covers Florida Statewide		
Behavioral Health Practice Guidelines updated 2026	American Psychiatric Association Dept of Veterans Affairs/ Dept of Defense	Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts, 2019
		2023 VA/DoD Clinical Practice Guideline for Management of Bipolar Disorder
		2020 Practice Guideline for the Treatment of Patients with Schizophrenia, Third Edition
		2010 Practice Guideline for the Treatment of Patients with Substance Abuse Disorders, Second Edition
	Optum	Antidepressant Medication Screening & Management
		PHQ-9 Scoring Guide