

2025 Clinical, Preventive Health & Behavioral Health Care Guidelines

AvMed adopts evidence-based clinical practice guidelines to assist providers in screening, assessing, and treating common disorders. Recommendations are intended to augment, not replace, sound judgment.

Category	Main Source(s)	Guidelines & Links
CLINICAL GUIDELINE		
Asthma Management Guidelines <i>updated 2025</i>	Global Initiatives for Asthma	2025 Global Initiative for Asthma (GINA)
Chronic Kidney Disease Guidelines <i>updated 2025</i>	National Kidney Foundation	KDOQI US Commentary on the 2024 KDIGO Clinical Practice Guideline for the Evaluation and Management of CKD KDIGO 2024 Clinical Practice Guideline for the Evaluation and Management of CKD
COPD (Chronic Obstructive Pulmonary Disease) <i>updated 2025</i>	Global Initiatives for Chronic Obstructive Lung Disease (GOLD)	Global Strategy For Prevention, Diagnosis and Management of COPD: 2025 Report
Cardiovascular Disease	American Heart Association (AHA) & American College of Cardiology (ACC)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults, 2013 2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk
Acute Myocardial Infarction	American Heart Association (AHA) & American College of Cardiology (ACC)	ACC/AHA Guideline for the Management of ST-Elevation Myocardial Infarction, 2013 2015 ACC/AHA/SCAI Focused Update on Primary Percutaneous Coronary Intervention for Patients with ST-Elevation Myocardial Infarction: An Update of the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention and the 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction 2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes
CAD (Coronary Artery Disease)	American Heart Association (AHA)	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women 2011 Update
	American Heart Association (AHA) & American College of Cardiology (ACC)	2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update
Heart Failure Guidelines	American College of Cardiology Foundation/American Heart Association TaskForce on Practice Guidelines/Heart Failure Society of America	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
Diabetic Care Management Guidelines <i>updated 2025</i>	American Diabetes Association (ADA)	Standards of Medical Care in Diabetes – 2025, American Diabetes Association Standards of Medical Care in Diabetes—2025 Abridged for Primary Care Providers
Hypertension Care Management Guidelines <i>updated 2025</i>	American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines	2025 AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults
Low Back Pain Guidelines <i>updated 2025</i>	American College of Physicians: Annals of Internal Medicine	Diagnosis and Treatment of Low Back Pain: A Joint Clinical Practice Guideline from the American College of Physicians and the American Pain Society Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians
	American Academy of Family Physicians (AAFP)	AAFP: Imaging for Low Back Pain
	Orthopaedic Section of the American Physical Therapy Association	Interventions for the Management of Acute and Chronic Low Back Pain: Revision 2021
PREVENTIVE CARE GUIDELINE		
Preventive Care Recommendations <i>updated 2025</i>	U.S. Centers for Disease Control and Prevention (CDC)	Vaccines/Immunization Schedules, 2025
	American Academy of Pediatrics (AAP)	Recommendations for Preventive Pediatric Health Care, Bright Futures/AAP, 2025
	U. S. Preventive Services Task Force (USPSTF)	Affordable Care Act and USPSTF Recommendations (A & B Only)
Behavioral Health Clinical Practice Guidelines: Covers Florida Statewide		
Behavioral Health Practice Guidelines	American Psychiatric Association	2010 Practice Guideline for the Treatment of Patients With Major Depressive Disorder, Third Edition 2002 Practice Guideline for the Treatment of Patients with Bipolar Disorder, Second Edition 2020 Practice Guideline for the Treatment of Patients with Schizophrenia, Third Edition 2006 Practice Guideline for the Treatment of Patients with Substance Abuse Disorders, Second Edition
	Optum	Antidepressant Medication Screening & Management PHQ-9 Scoring Guide