

MyBHS Portal



The MyBHS participant portal provides access to services, contains information about your program and offers unlimited access to more than 500,000 tools, resources and trainings on a variety of well-being and skill-building topics.

TOPICS INCLUDE:

- Emotional Well-Being
- Crisis and Disaster
- Relationships
- Financial
- Legal
- Personal Growth
- Resilience and more!

MYBHS PORTAL FEATURES:

- **Access to Services** - Services are available by submitting an online request for services form, texting, live chat or by phone.
- **Program Information** - Contains a summary of the services available to you.
- **News & Tips** - Topics that help you prepare for and handle most major life events. The content comes from world-renowned publishers like Harvard Health publications, NOLO legal press and NBC Universal.
- **Café Series Webinars** - Featured and archived webinars allow on-demand and unlimited access to previously presented webinars on various well-being topics.
- **Training Center** - An expanding library of over 100 self-paced courses for personal and professional development. Courses take approximately 45 to 60 minutes to complete.
- **Health Assessments and Calculators** - Interactive tools and assessments on health, wellness and personal growth.
- **Financial Calculators** - From mortgages to retirement planning, 100s of interactive calculators to crunch numbers on everything from auto loans to savings goals.
- **Legal Forms** - Free, easy-to-use legal forms.
- **Crisis News Alerts** - The News Alert tab is activated for national and regional events where BHS has resources that might help. It has links to relevant media sources about the event and site resources that address the event.

Access the MyBHS Portal
online or via the app.

portal.BHSONline.com

Username: **CityofChesapeake**



ALSO
ACCESSIBLE
THROUGH
THE
BHS APP



Download the BHS APP:



Or search BHS APP where
you download apps.

