SENTARA HEALTH PLANS

PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST*

Directions: **The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request**. All other information may be filled in by office staff; **fax to 1-800-750-9692**. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If the information provided is not complete, correct, or legible, the authorization process can be delayed.**

Drug Requested: Cimzia® (certolizumab) **(Pharmacy)**

MEMBER & PRESCRIBER INFORMATION: Authorization may be delayed if incomplete.

Member Name: _____

Member Sentara #: _____ **Date of Birth:** _____

Prescriber Name: _____

Prescriber Signature: _____ **Date:** _____

Office Contact Name: _____

Phone Number: _____ **Fax Number:** _____

NPI #: _____

DRUG INFORMATION: Authorization may be delayed if incomplete.

Drug Name/Form/Strength: _____

Dosing Schedule: _____ **Length of Therapy:** _____

Diagnosis: _____ **ICD Code, if applicable:** _____

Weight (if applicable): _____ **Date weight obtained:** _____

NOTE: The Health Plan considers the use of concomitant therapy with more than one biologic immunomodulator (e.g., Dupixent, Entyvio, Humira, Rinvoq, Stelara) prescribed for the same or different indications to be experimental and investigational. Safety and efficacy of these combinations has **NOT** been established and will **NOT** be permitted.

- Will the member be discontinuing a previously prescribed biologic if approved for requested medication?
  ❑ Yes **OR** ❑ No
- If yes, please list the medication that will be discontinued and the medication that will be initiated upon approval along with the corresponding effective date.

  Medication to be discontinued: _____ **Effective date:** _____

  Medication to be initiated: _____ **Effective date:** _____

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CLINICAL CRITERIA: Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied. **Check the diagnosis below that applies.**

❑ Diagnosis: Moderate-to-Severe Crohn's disease (CD)

- ❑ Member has a diagnosis of moderate-to-severe **Crohn's disease**
- ❑ Prescribed by or in consultation with a **Gastroenterologist**
- ❑ Member meets **ONE** of the following unless member has a contraindication or intolerance:
  - ❑ Member has tried and failed corticosteroids
  - ❑ Member has tried and failed at least one conventional systemic therapy (e.g., azathioprine, 6-mercaptopurine, or methotrexate)
  - ❑ Member has previously tried and failed another biologic medication other than the requested medication (e.g., Skyrizi, Tremfya, ustekinumab)
- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed, has a contraindication, or intolerance to **ONE** of the **PREFERRED** biologics below **(verified by chart notes or pharmacy paid claims)**:

❑ Preferred adalimumab product	❑ Skyrizi®	❑ Tremfya®
❑ Preferred ustekinumab product	❑ Zymfentra™	

  - ❑ Member has been established on Cimzia® for at least 90 days **AND** prescription claims history indicates **at least a 90-day supply of Cimzia was dispensed within the past 130 days (verified by chart notes or pharmacy paid claims)**

❑ Diagnosis: Active Psoriatic Arthritis

- ❑ Member has a diagnosis of active **psoriatic arthritis**
- ❑ Prescribed by or in consultation with a **Rheumatologist or Dermatologist**
- ❑ Member meets **ONE** of the following:
  - ❑ Member has tried and failed at least **ONE** of the following **DMARD** therapies for at least **three (3) months**:
    - ❑ cyclosporine
    - ❑ leflunomide
    - ❑ methotrexate
    - ❑ sulfasalazine
  - ❑ Member has previously tried and failed another biologic medication other than the requested medication (e.g., adalimumab, Otezla, Skyrizi)

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- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed, has a contraindication, or intolerance to **TWO** of the **PREFERRED** biologics below **(verified by chart notes or pharmacy paid claims)**:

❑ Preferred adalimumab product	❑ Enbrel®	❑ Otezla®/Otezla XR™
❑ Rinvoq®/ Rinvoq® LQ	❑ Skyrizi®	❑ Taltz®
❑ generic tofacitinib/ER/solution	❑ Tremfya®	❑ Preferred ustekinumab product

  - ❑ Member has been established on Cimzia® for at least 90 days **AND** prescription claims history indicates **at least a 90-day supply of Cimzia was dispensed within the past 130 days (verified by chart notes or pharmacy paid claims)**

❑ Diagnosis: Moderate-to-Severe Rheumatoid Arthritis

- ❑ Member has a diagnosis of moderate-to-severe **rheumatoid arthritis**
- ❑ Prescribed by or in consultation with a **Rheumatologist**
- ❑ Member meets **ONE** of the following:
  - ❑ Member has tried and failed at least **ONE** of the following **DMARD** therapies for at least three **(3) months**:
    - ❑ hydroxychloroquine
    - ❑ leflunomide
    - ❑ methotrexate
    - ❑ sulfasalazine
  - ❑ Member has previously tried and failed another biologic medication other than the requested medication (e.g., adalimumab, Enbrel, Rinvoq)
- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed, has a contraindication, or intolerance to **TWO** of the **PREFERRED** biologics below **(verified by chart notes or pharmacy paid claims)**:

❑ Preferred adalimumab product	❑ Enbrel®
❑ Rinvoq®	❑ Preferred tocilizumab product: Actemra® SC or Tyenne® SC
❑ generic tofacitinib/ER	

  - ❑ Member has been established on Cimzia® for at least 90 days **AND** prescription claims history indicates **at least a 90-day supply of Cimzia was dispensed within the past 130 days (verified by chart notes or pharmacy paid claims)**

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❑ Diagnosis: Active Non-Radiographic Axial Spondyloarthritis

- ❑ Member has a diagnosis of active non-radiographic **axial spondyloarthritis**
- ❑ Prescribed by or in consultation with a **Rheumatologist**
- ❑ Member has at least **ONE** of the following objective signs of inflammation:
  - ❑ C-reactive protein [CRP] levels above the upper limit of normal
  - ❑ Sacroiliitis on magnetic resonance imaging [MRI] (indicative of inflammatory disease, but without definitive radiographic evidence of structural damage on sacroiliac joints)
- ❑ Member tried and failed, has a contraindication, or intolerance to **TWO** NSAIDs

❑ Diagnosis: Active Ankylosing Spondylitis

- ❑ Member has a diagnosis of active **ankylosing spondylitis**
- ❑ Prescribed by or in consultation with a **Rheumatologist**
- ❑ Member tried and failed, has a contraindication, or intolerance to **ONE** NSAID
- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed, has a contraindication, or intolerance to **TWO** of the **PREFERRED** biologics below **(verified by chart notes or pharmacy paid claims)**:

❑ Preferred adalimumab product	❑ Enbrel®	❑ Rinvoq®
❑ Taltz®	❑ generic tofacitinib/ER	

  - ❑ Member has been established on Cimzia® for at least 90 days **AND** prescription claims history indicates **at least a 90-day supply of Cimzia was dispensed within the past 130 days (verified by chart notes or pharmacy paid claims)**

❑ Diagnosis: Moderate-to-Severe Plaque Psoriasis

- ❑ Member has a diagnosis of moderate-to-severe **plaque psoriasis**
- ❑ Prescribed by or in consultation with a **Dermatologist**

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- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed at least **ONE** of either Phototherapy or Alternative Systemic Therapy for at least **three (3) months**, unless member has a contraindication or intolerance to both phototherapy and alternative systemic therapies **(check each tried below)**:

❑ **Phototherapy:**	❑ **Alternative Systemic Therapy:**
❑ **UV Light Therapy**	❑ **Oral Medications**
❑ NB UV-B	❑ acitretin
❑ PUVA	❑ methotrexate
	❑ cyclosporine

  - ❑ Member has tried and failed another biologic medication other than the requested medication (e.g., adalimumab, Otezla, ustekinumab)
- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed, has a contraindication, or intolerance to **TWO** of the **PREFERRED** biologics below **(verified by chart notes or pharmacy paid claims)**:

❑ Preferred adalimumab product	❑ Enbrel®	❑ Otezla®/Otezla XR™	❑ Skyrizi®
❑ Sotyktu™	❑ Taltz®	❑ Tremfya®	❑ Preferred ustekinumab product

  - ❑ Member has been established on Cimzia® for at least 90 days **AND** prescription claims history indicates **at least a 90-day supply of Cimzia was dispensed within the past 130 days (verified by chart notes or pharmacy paid claims)**

❑ **Diagnosis: Active Polyarticular Juvenile Idiopathic Arthritis**
Dosing: SubQ:
- 10 kg (22 lbs) to less than 20 kg (44 lbs): 100 mg at Week 0, 2 and 4, then 50 mg every 2 weeks beginning at Week 6
- 20 kg (44 lbs) to less than 40 kg (88 lbs): 200 mg at Week 0, 2 and 4, then 100 mg every 2 weeks beginning at Week 6
- Greater than or equal to 40 kg (88 lbs): 400 mg at Week 0, 2 and 4, then 200 mg every 2 weeks beginning at Week 6

NOTE: There is no dosage form for Cimzia that allows for patient self-administration for doses below 200 mg. Doses less than 200 mg require administration by a health care professional using the vial kit & provider must submit request to the SHP medical department.

- ❑ Member is 2 years of age or older and weighs at least 10 kg
- ❑ Member has a diagnosis of active polyarticular **juvenile idiopathic arthritis**
- ❑ Prescribed by or in consultation with a **Rheumatologist**

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- ❑ Member meets **ONE** of the following:
  - ❑ Member has tried and failed at least **ONE** of the following **DMARD** therapies for at least **three (3) months**:
    - ❑ cyclosporine
    - ❑ hydroxychloroquine
    - ❑ leflunomide
    - ❑ methotrexate
    - ❑ sulfasalazine
  - ❑ Member has previously tried and failed another biologic medication other than the requested medication (e.g., adalimumab, Enbrel, Rinvoq)
- ❑ Member meets **ONE** of the following:
  - ❑ Member tried and failed, has a contraindication, or intolerance to **TWO** of the following **PREFERRED** biologics **(verified by chart notes or pharmacy paid claims)**:

❑ Preferred adalimumab product	❑ Enbrel®
❑ Rinvoq®/Rinvoq® LQ	❑ Preferred tocilizumab product: Actemra® SC or Tyenne® SC
❑ generic tofacitinib/solution	

  - ❑ Member has been established on Cimzia® for at least 90 days **AND** prescription claims history indicates **at least a 90-day supply of Cimzia was dispensed within the past 130 days (verified by chart notes or pharmacy paid claims)**

Medication being provided by a Specialty Pharmacy – Proprium Rx

Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.

Previous therapies will be verified through pharmacy paid claims or submitted chart notes.*

***Approved by Pharmacy & Therapeutics Committee**: ~~9/17/2009: 8/17/2023; 11/21/2024; 11/20/2025; 3/26/2026;~~ **9/24/2026**
REVISED/UPDATED/REFORMATTED: ~~9/26/2018; 11/24/2018; 4/9/2019; 4/26/2019; 5/7/2019; 9/28/2019; 11/16/2019; 2/24/2022; 12/20/2022; 5/26/2023; 8/13/2023; 10/28/2023; 3/27/2024; 8/21/2024; 12/16/2024; 7/7/2025, 12/4/2025;~~ **8/6/2026**