



Sentara Health Plans Medical and Clinical Policy Updates

Effective June 1, 2026

Sentara Health Plans would like to notify you of the following medical policy updates made since the last version of **Provider News**.

You can access all current Sentara Health Plans medical policies at sentarahealthplans.com.

You can link directly to Sentara Health Plans current Prior Authorization List (PAL) at pal.sentarahealthplans.com.

For the most current, comprehensive review of the proceedings from Sentara Health Plans' pharmacy and therapeutics committee, please view the [Quarterly Pharmacy Changes](#) to see Formulary and Authorization updates.

Medical Policies

The Medical Policy Committee (MPC) approved the following Medical Policies applicable to Sentara Health Plans. These medical policies take effect June 1, 2026.

Policy Number	Policy Name	Status	Applicable Service Lines
Surgical 04	Treatment for Varicose Veins	Revised	Commercial and Medicaid
Surgical 119	Spinal and Other Pain Management Procedures	Revised	Commercial and Medicaid
Medical 349	Electrical Stimulation	Revised	Commercial and Medicaid
Surgical 235	Non-Oncology Embolization	Revised	Commercial and Medicaid
Surgical 13	Eyelid Procedures and Brow Lifts	Reviewed	Commercial and Medicaid
Surgical 23	Penile Prosthesis Surgery	Reviewed	Commercial and Medicaid
DME 246	Diapers and Underpads	Reviewed	Medicaid
DME 56	Specialized Supportive Seating and Medical Car Seats	Reviewed	Commercial, Medicaid and Medicare
Medical 105	Nonemergent Ambulance Services	Reviewed	Commercial and Medicaid
DME 51	Second (Back Up) Ventilator	Reviewed	Commercial and Medicaid
Medical 262	Autologous myoblast and muscle cell injection	Archived	Commercial and Medicaid

DME 250	OSA oral devices	Reviewed	Commercial, Medicaid and Medicare
Surgical 15	Endometrial Ablation	Archived	Commercial, Medicaid and Medicare
Medical 174	Vestibular Evoked Myogenic Potential (VEMP)	Archived	Commercial, Medicaid and Medicare
DME 225	Vertigo, Tinnitus, Meniere's Diagnosis Treatment Devices	Reviewed	Commercial, Medicaid and Medicare
Surgical 19	Accidental Dental Services	Archived	Commercial
Surgical 128	Medical Dental Surgery	Reviewed	Commercial
Surgical 83	Benign Prostatic Hypertrophy BPH Treatment as an Alternative to Transurethral Resection of the Prostate (TURP)	Revised	Commercial and Medicaid
Surgical 60	Ophthalmic Procedures	Revised	Commercial and Medicaid
Surgical 107	Hyperhidrosis Treatments	Reviewed	Commercial, Medicaid and Medicare
Medical 267	Dry Hydrotherapy	Archived	Commercial and Medicaid
Surgical 102	Left Atrial Appendage Occlusion	Archived	Commercial and Medicaid