

# Eustachian tube balloon dilation (ETBD) Tuboplasty, Medical 328

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**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details\*.**

### Description & Definitions:

Eustachian tube balloon dilation (ETBD) Tuboplasty is a minimally invasive endoscopic procedure that inserts a small fluid filled balloon to open or enlarge the eustachian tube to improve patency.

### Criteria:

Unilateral or bilateral Eustachian tube balloon dilation (ETBD) Tuboplasty is medically necessary in when **1 or more** the following criteria are met:

- Children 7 to 17 years of age with ALL of the following:
  - Has Eustachian tube dysfunction from inflammatory pathology resulting in chronic otitis media with effusion; and
  - The individual is refractory to at least one surgical intervention for persistent obstructive Eustachian tube dysfunction;
  - Absence of co-morbid condition that would be contraindicated for balloon dilation including the absence of **ALL** of the following:
    - Carotid abnormalities in the skull base; or
    - Nasopharyngeal or skull base neoplasm; or
    - Patous eustachian tube; or
    - Untreated allergic rhinitis, rhinosinusitis, laryngopharyngeal reflux.
- Adults (18 years or older) with **ALL** of the following
  - Diagnosis of chronic Eustachian tube dysfunction (ETD) for **1 or more** of the following:
    - Tympanogram; or
    - If the patient has a history of tympanostomy tube placement, symptoms of obstructive eustachian tube dysfunction improved while tubes were patent.
  - Absence of co-morbid condition that would be contraindicated for balloon dilation including the absence of **ALL** of the following:
    - Carotid abnormalities in the skull base; or
    - Nasopharyngeal or skull base neoplasm; or

- Patous eustachian tube; or
- Untreated allergic rhinitis, rhinosinusitis, laryngopharyngeal reflux.

There is insufficient scientific evidence to support the medical necessity of Eustachian tube balloon dilation (ETBD) Tuboplasty for uses other than those listed in the clinical indications for procedure section.

## Document History:

### Revised Dates:

- 2025: February – Procedure codes updated to align with changes to service authorization. Annual review completed, no changes, references updated.
- 2023: August
- 2023: January

### Reviewed Dates:

- 2026: January – Implementation date of May 1, 2026. Annual review, no changes to criteria, references updated.
- 2024: January
- 2023: August
- 2022: January

Origination Date: January 2021

## Coding:

### Medically necessary with criteria:

Coding	Description
69705	Nasopharyngoscopy, surgical, with dilation of eustachian tube (ie, balloon dilation); unilateral

69706	Nasopharyngoscopy, surgical, with dilation of eustachian tube (ie, balloon dilation); bilateral
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Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

The preceding/following codes for treatments and procedures applicable to this policy are included above for informational purposes only. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy.

### Special Notes: \*

- Coverage: See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.
- Application to Products: Policy is applicable to Sentara Health Plan Medicare products.
- Authorization Requirements: Pre-certification by the Plan is required.
- Special Notes:
  - This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.
  - Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

### References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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Eustachian Tube Balloon Dilation in the Pediatric Population. (2025, 1). Retrieved 1 2026, from American Academy of Otolaryngology Head and Neck Surgery (AAO-HNS) Position Statement:  
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### Keywords:

SHP Eustachian Tube Balloon Dilation (ETBD)/Tuboplasty, SHP Medical 328, balloon dilation, tubal dilation, BDE, eustachian tube dysfunction, ETD, ETBD, Tuboplasty