Sentara RMH Medical Center

2025 Community Health Needs Assessment

The assessments are completed every 3 years and provide us with a picture of the health status of the residents in our communities and information about health and health-related problems that impact health status.

Community survey
313 electronic survey responses and
219 paper survey responses

Focus groups
10 focus groups with 103 participants

Data collection
Demographics & key health indicators

Community health priorities
Behavioral health | Chronic conditions | Social drivers of health

Service areas
Cities of Harrisonburg and Staunton; Virginia counties of Augusta, Page, Rockingham, and Shenandoah; and West Virginia's Pendleton County

Read the complete 2025 Community Health Needs Assessment at **sentara.com**

Learn more about the Sentara Cares priorities at **sentaracares.com**

Sentara®

Looking at the data and listening to our communities

310,781 residents with 84.5% White, 4.5% African American, 9.1% Hispanic and 1.3% Asian (U.S. Census Bureau).

Respondents reported health screenings, annual checkups, immunizations being important to their health.

Top health concerns are behavioral and mental health for both adults and children, chronic diseases, and social determinants of health.

Availability of services, wait lists and cost of services, make accessing healthcare difficult.

Leading causes of death:
- Cancer
- Heart disease
- Stroke

Behavioral and mental health outcomes continue to be a concern. Hospitalization rates due to substance use and behavioral health diagnosis were higher than the state.

Some barriers to access health services were due to a lower number of primary care doctors and mental health doctors in some of our service areas.