

Covered Under Health Care Reform



Covered Preventive Services for Adults

Abdominal aortic aneurysm screening: men

Alcohol misuse: screening and counseling

Aspirin use: adults aged 50–59 with risk of cardiovascular disease

Blood pressure screening

Cholesterol screening for adults of certain ages

Colorectal cancer screening and generic and over-the-counter prep medications: adults age 50–75

Consultation for screening colonoscopy

Depression screening

Diabetes screening: adults with high blood pressure

Falls prevention: adults 65 years or older—Vitamin D and exercise or physical therapy

Healthy Diet Counseling

Hepatitis B screening

Hepatitis C virus infection screening: adults born between 1945 and 1965

HIV pre-exposure prophylaxis (PrEP)

HIV screening

Immunization vaccines:

Hepatitis A

Hepatitis B

Herpes Zoster

Human Papillomavirus

Influenza

Measles, Mumps, Rubella

Meningococcal

Pneumococcal

Tetanus, Diphtheria, Pertussis

Varicella

Under the Affordable Care Act, certain preventive services and medications are covered at no cost to the member¹ when administered by an in-network plan physician or pharmacy.

Lung Cancer Screening: adults ages 55–80 with history of smoking

Statin medications²: adults ages 40–75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk

STI counseling

Syphilis screening

Tobacco use counseling, generic and over-the-counter medications, and cessation interventions

Tuberculosis screening

¹ An office visit copayment may be charged to health plan members for some services.

² Select medications only are covered at no cost to the member. Please contact Member Services or Pharmacy Services at the number on the back of your member ID card for more information.



Covered Preventive Services for Women, Including Pregnant Women

Anemia screening: pregnant women

Bacteriuria screening

BRCA risk assessment and genetic counseling/ screening

Breast cancer chemoprevention counseling

***Breast cancer preventive medication**

Breast cancer screening: women over age 40

Breast feeding support and counseling

Cervical cancer screening

Chlamydia infection screening

Contraception: All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abort/facient drugs. Generic oral contraceptives are eligible for 100% coverage. Please visit optimahealth.com to determine member cost share for brand name oral contraceptives.

Decision making/sharing by clinicians with women at increased risk for breast cancer

Depression screening

Folic acid supplementation

Gestational diabetes screening: women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes

Gonorrhea screening

Hepatitis B screening at first prenatal visit

HIV screening: pregnant women

HPV Test

Intimate partner violence screening and counseling

Lactation support and counseling

Osteoporosis screening: postmenopausal women younger than 65 at increased risk, and women over 65 or at high risk

Perinatal depression counseling and interventions

Preeclampsia screening and prevention

Rh incompatibility screening: first pregnancy visit and between 24 and 28 weeks gestation

Syphilis screening

Well-woman visits

Tobacco counseling and intervention

* Select medications only are covered at no cost to the member. Please contact Member Services or Pharmacy Services at the number on the back of your member ID card for more information.



Covered Preventive Services for Children

Alcohol and drug use assessments

Autism screening: children at age 18 and 24 months

Behavioral assessments

Blood pressure screening

Cervical dysplasia screening: sexually active females

Congenital hypothyroidism screening: newborns

Dental cavities prevention: infants and children up to age five years

Depression screening: adolescents

Developmental screening: children under age three, and surveillance throughout childhood

Dyslipidemia screening: children at high risk of lipid disorders

Fluoride chemoprevention supplements for children without fluoride in their water source

Gonorrhea prophylactic medication: newborns

Hearing loss screening: newborns

Height, weight, and body mass index measurements

Hematocrit or Hemoglobin screening

Hemoglobinopathies screening: newborns

Hepatitis B screening: non-pregnant adolescents and adults

HIV screening

Immunization vaccines:

Diphtheria, Tetanus, Pertussis

Haemophilus influenzae type b

Hepatitis A

Hepatitis B

Human Papillomavirus

Inactivated Poliovirus

Influenza

Measles, Mumps, Rubella

Meningococcal

Pneumococcal

Rotavirus

Varicella

Iron supplementation

Lead screening for children at risk of exposure

Medical history

Obesity screening: children and adolescents

Oral fluoride supplementation starting at age six months for children whose water supply is fluoride deficient

Oral health risk assessment

Phenylketonuria (PKU) screening: newborns

Skin cancer behavioral counseling: children, adolescents and young adults age 10 to 24 years old

STI prevention counseling and screening for adolescents at high risk

Tobacco use interventions: children and adolescents

Tuberculin testing for children at higher risk of tuberculosis

Visual acuity screening