

## Biographical Sketches of Residency Preceptors



Laura Adkins, Pharm. D., BCPS; Pharmacy Clinical Manager and Residency Program Director  
Rotations: Medication Safety/Drug Information; Pharmacy & Therapeutics; Psychiatry; Pharmacy Management & Leadership

Laura graduated from Rutgers University College of Pharmacy with a Bachelor of Science in Pharmacy and a Doctorate of Pharmacy degree. She then completed a Pharmacy Practice Residency at University of Maryland Medical Center. Laura moved further south to take a position as the Pharmacy Clinical Coordinator at Southside Regional Medical Center in Petersburg Virginia. In 2004, Laura became the Pharmacy Clinical Manager at Sentara RMH Medical Center. Laura serves as a clinical assistant professor for Virginia Commonwealth University and Shenandoah University Colleges of Pharmacy. Laura lives in Harrisonburg with her husband, Bret, son, Cameron, and daughter, Virginia.



Jennifer Bennett, RPh; Clinical Pharmacist, Inpatient RM

Rotations: Longitudinal Distribution and Orientation

Jennifer attended Bridgewater College as an undergraduate then finished her pharmacy degree at Virginia Commonwealth University (VCU) in 1994. She worked at Hunter-McGuire Veterans Affairs in Richmond (1994-1995), Timberville Drug Store (1995-1996) before coming to Sentara RMH in 1996. She has had many roles over the years and currently practices in the inpatient pharmacy, the IV room, assists with scheduling and new pharmacist orientations. In her spare time, Jennifer enjoys spending time with her family, cooking, traveling and camping.



Julia Bynaker, Pharm. D., BCPS; Team Coordinator

Rotation: Sterile Compounding

Julia graduated from Virginia Tech in 2006 with a Bachelor of Science in Biochemistry and from Virginia Commonwealth University in 2010 with a Doctorate of Pharmacy. She completed a PGY1 residency at Walter Reed Army Medical Center and the National Naval Medical Center after which she continued working for the military in several locations before transitioning to clinical and team lead positions at RMH. Julia enjoys traveling, spending time with her family, and searching for great book recommendations.



Laura Deavers, Pharm. D.; Clinical Pharmacist

Rotation: Internal Medicine with a focus on Surgery

Laura graduated from James Madison University in 1994 with a Bachelor of Science in Biology and minor in Psychology. Laura then achieved her Doctorate of Pharmacy from Virginia Commonwealth University in 1999. She began her career at Sentara RMH as a pharmacy technician while attending pharmacy school and has worked as a staff and clinical pharmacist at Sentara RMH since 1999. Laura enjoys spending time with her husband and three children at their activities and sport events.



Victoria S Dinh, Pharm. D., BCPS; Clinical Pharmacist

Rotations: Internal Medicine; Cardiology; Nursery/Pediatrics & Womens Health

Originally from Waynesboro, VA, Victoria graduated from Virginia Commonwealth University in 2014 with a Bachelors in Science. She then went on to receive her Doctorate in Pharmacy from Appalachian College of Pharmacy in 2018. She began working at Sentara RMH Medical Center in the fall of 2018. In 2021, she became board certified as a Pharmacotherapy Specialist. She enjoys participating in CrossFit and attending local festivals. In her free time, you can find her spending time with her husband, extended family, and friends.



John Moore, Pharm. D., BCOP: Oncology Clinical Pharmacist Specialist

Rotations: Oncology

John attended Virginia Tech as an undergraduate. He then attended Virginia Commonwealth University receiving a Bachelor of Science in pharmacy. John has spent the majority of his career since that time at Sentara RMH Medical Center, where he is currently employed as a clinical pharmacist. John received a non-traditional Pharm.D. in 2006 from Shenandoah University. He also obtained Board Certification in Oncology in 2007.



Jeremy Rose, Pharm.D., BCPS: Pharmacy Clinical Coordinator

Rotations: Infectious Disease and Antimicrobial Stewardship

Jeremy graduated from Ohio Northern University in 2008, with a Doctorate in Pharmacy and minors in Chemistry, Theology and Dance. He completed a pharmacy practice residency (PGY1) at Sentara RMH Medical Center in 2009. He originally is from Northeast Ohio and has lived in Harrisonburg, VA since 2008. Jeremy enjoys spending time with family, friends, and fur babies. Jeremy obtained BCPS certification in 2013.



Lesley H Rose, Pharm.D., BCPS: Clinical Pharmacist

Rotations: Therapeutic Drug Monitoring

Originally from Birmingham, AL, Lesley graduated from Auburn University in 2011 with a Doctorate in Pharmacy. She completed her PGY-1 Pharmacy Practice Residency at Sentara RMH Medical Center in 2012. The following year Lesley became Board Certified as a Pharmacotherapy Specialist. She enjoys following Auburn athletics, participating in Crossfit, and attending local festivals. In her free time you can find her hanging out with her husband, children, and fur-babies.



Rick Villiard, Pharm. D., BCPS, BCCCP: Critical Care Clinical Pharmacist Specialist

Rotations: Critical Care

Rick received a B.S. in biology from Clinch Valley College of the University of Virginia in 1988, a B.S in pharmacy from Medical College of Virginia in 1991, and a Pharm.D. from Shenandoah University in 2001. He has worked as a staff and clinical pharmacist at Sentara RMH since 1991. Rick enjoys outdoor activities such as cycling and camping and spending time with his family. Rick became BCPS certified in 2012, and BCCCP certified in 2015.



Richard Ware, Pharm. D., BCNSP: Clinical Pharmacist

Rotations: Internal Medicine with Oncology Supportive Care/Palliative Care focus

Richard was born in Reidsville, NC. He served in the USAF assigned to the Alaskan Air Command for 4 years prior to attending VCU / Medical College of Virginia School of Pharmacy in Richmond graduating in 1992. He has practiced at various sites including hospital and home infusion pharmacy. Richard has been a clinical pharmacist at Sentara RMH Medical Center since May 2004. He received a non-traditional Pharm.D. in 2006 from Shenandoah University and has been board certified as a Nutrition Support Pharmacist since 2012.



Atal Wassimi, Pharm. D.: Clinical Pharmacist

Rotation: Presentations

Atal graduated from the University of Arizona in 2003 with a Bachelor of Science in Physiological sciences with a minor in Chemistry and later in 2009 with a Doctorate of Pharmacy. He completed his PGY1 residency in 2010 at Tucson Medical Center where he continued as a clinical pharmacist. From 2012 to 2015 he helped establish an inpatient pharmacist pain management consult service. From 2015 to 2017, Atal transferred to Southern Arizona Veterans Health Administration where he also provided inpatient clinical pharmacy services. In addition to inpatient hospital practice, Atal worked as a per diem retail pharmacist with Target pharmacy and Pfizer. Atal loves to travel with a high affinity for

good food, stand-up comedy, movies and live events.



Skylar White, Pharm. D., BCPS: TOC Clinical Pharmacist Specialist

Rotation: Transitions of Care and Internal Medicine

Skylar received a B.S. in chemistry from James Madison University in 2013 and a Pharm.D. from Virginia Commonwealth University in 2017. He completed a PGY1 pharmacy residency in 2018 at Sentara RMH Medical Center and has worked as a clinical pharmacist within the Sentara system since completion of his residency at both Sentara Princess Anne Hospital and Sentara RMH Medical Center. Skylar enjoys working out, attending James Madison University sporting events, and spending time with family.



Jessica D. Woodward, Pharm. D.: Emergency Medicine Clinical Pharmacist Specialist

Rotation: Emergency Medicine

Jessica is originally from Frederick, Maryland and graduated with her Doctorate of Pharmacy from the University of Maryland in 2020. She completed her PGY1 pharmacy residency at University of Virginia and her PGY2 Emergency Medicine pharmacy residency at Inova Fairfax Medical Campus. Her interests within Emergency Medicine include transitions of care, infectious disease, neurology, and pediatrics. She enjoys trying new restaurants, coffee shops, wineries, and breweries or spending time outdoors hiking, kayaking, or camping with family and friends.