

Off-Label Drug Use, Pharmacy 12

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Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details [*](#).

Description & Definitions:

The United States Food and Drug Administration (FDA) authorizes medications for certain purposes, which are listed on the label (including indication, dose, age and/or duration). Off-label refers to the use of a medication other than what is explicitly included on the label. There is well-documented, off-label use for numerous therapies recorded in peer-reviewed research, and effective in many cases.

The requirements outlined in this policy are superseded by those in drug-specific Sentara Health Plans policies. Therefore, before using the following criteria, drug-specific policies need to be evaluated. In the scenario when a drug-specific policy does not outline off-label use of an FDA-approved drug, the criteria outlined in this document should be applied.

Criteria:

Off-label drug use and off-label dosing are considered medically necessary for **one or more of the following**:

- **For initial therapy authorization** off-label drug use and off-label dosing are considered medically necessary when **all of the following** are met:
 - The member has a documented history of failure, intolerance, or contraindication to standard, conventional therapies meeting the following:
 - Approved and labeled by the FDA for the treatment of the member's diagnosis
 - Having strong support for use in the requested condition per clinical guidelines
 - Note: this requirement is not applicable to requests for oncology drugs prescribed for the treatment of cancer [refer to [SHP Chemotherapy and Supportive Services, Medical 316](#)]
 - The drug is currently approved by the United States Food and Drug Administration (FDA) for another indication
 - The drug is being prescribed to treat a medical condition that is not listed in the product's label and for which medical treatment is medically necessary
 - Approval has been obtained by a Sentara Health Plan Medical Director or Pharmacist
 - A drug will be considered as being used for an off-label indication when it meets one of the following:
 - The use of the drug for the ordered indication is listed in **one or more the following** compendia:
 - American Hospital Formulary Service Drug Information® (AHFS®)
 - American Society of Health-System Pharmacists Drug Information [AHFS Drug Information]

- Clinical Pharmacology (Elsevier/Gold Standard, Inc.)
- Lexi-Drugs (Wolters Kluwer)
- Merative Micromedex® with all of the following: Evidence favors efficacy; Strength of Recommendation Class I, or IIa, or IIb; Strength of Evidence Category A or B;
- National Comprehensive Cancer Network® (NCCN®) Drug & Biologics Compendium® Category of Evidence and Consensus 1 or [refer to SHP Chemotherapy and Supportive Services, Medical 316]
- Two or more adequate and well-controlled studies (preferably at different institutions) performed by experts qualified by scientific training and experience can be identified using the drug for the ordered indication, appropriate dose, and dosing frequency. This excludes case reports, letters, posters, and abstracts. To discern the level of evidence used to support safety and efficacy of a therapy used off-label, **all of the following** will be assessed:
 - Disease prevalence and statistical validity relative to the study population
 - Demographic characteristics of the study population and its representation in the published evidence
 - The impact on the patient's health and clinical response to other therapies that indicate effectiveness (i.e., amelioration in disease severity, disease stability, and reduction in mortality)
 - Clinically meaningful study outcomes
 - The quality of study design such as, but not limited to, randomization, placebo-controlled, statistical analysis, and population inclusionary/exclusionary criteria
- **Continuation of therapy authorization** when **all of the following** are met:
 - All indication-specific and dosing conditions outlined above must be met
 - The member is not experiencing unacceptable toxicity to the requested drug
 - The member has been observed to have a positive clinical response since the beginning of therapy evidenced by disease stability, or mild progression

Off label drug use is considered **not medically necessary** for any use other than those indicated in clinical criteria, to include but not limited to:

- The member has failed a previous course or trial of the requested drug
- The member is currently part of a clinical trial utilizing this medication

This policy shall not be interpreted to require coverage for any drug or biological agent when the FDA has determined its use to be contraindicated.

The prior use of samples will not be considered in the determination of a member's eligibility for coverage of the requested therapy.

Document History:

Revised Dates:

- 2025: October – Implementation date of February 1, 2026. Updated definition. Updated criteria to include reference to SHP Chemotherapy and Supportive Services, Medical 316, and further defined adequate study language.
- 2024: October – Added criteria relating to the member's need for off-label drug utilization, updated description of service and criteria. Added criteria for continued use.
- 2020: December
- 2019: November
- 2014: November
- 2013: October
- 2012: November
- 2011: March

Reviewed Dates:

- 2023: October
- 2022: October

- 2021: December
- 2019: February
- 2018: February
- 2017: January
- 2015: September
- 2010: December
- 2009: November

Origination Date:

- November 2008

Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

The preceding codes are included above for informational purposes only and may not be all inclusive. Additionally, inclusion or exclusion of a treatment, procedure, or device code(s) does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

Special Notes: *

- Coverage: See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.
- Application to Products: Policy is applicable to Sentara Health Plan Commercial products.
- Authorization Requirements: Pre-certification by the Plan is required.
- Special Notes:
 - Commercial
 - Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment, and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.
 - Services mean both medical and behavioral health (mental health) services and supplies unless We specifically tell You otherwise. We do not cover any services that are not listed in the Covered Services section unless required to be covered under state or federal laws and regulations. We do not cover any services that are not Medically Necessary. We sometimes give examples of specific services that are not covered but that does not mean that other similar services are covered. Some services are covered only if We authorize them. When We say You or Your We mean You and any of Your family members covered under the Plan. Call Member Services if You have questions.

References:

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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Keywords:

SHP Off-Label Drug Use, SHP Pharmacy 12, Food and Drug Administration, FDA