

A plan for Federal employees with dedicated customer service, value, and quality

We are Virginians serving Virginians



High-quality coverage.

Close to home.

Sentara Health Plans will continue to offer federal employees quality health coverage, exceptional service, access to top quality physicians, state-of-the-art medical facilities, and innovative wellness programs. Our affiliation with Sentara Health means our members are part of one of the nation's top-ranked integrated health systems.

Sentara Health Plans FEHB plans include:

- no referrals
- no claims to file
- network stability through the "Vantage HMO" network
- vision exams covered at 100% every 12 months with discounts on eyeglass frames and lenses
- coverage for dependents until their 26th birthday
- preventive services and medications covered at 100%
- exceptional wellness programs
- virtual office visits

HDHP Plan:

The HDHP plan offers a chance to save money for the next plan year, cost savings on coinsurance and premiums, and comprehensive benefits including:

- after deductible, 20% coinsurance
- lower premium



HMO High Option Plan:

The HMO High Option plan offers value, low copayments, and comprehensive benefits including:

- \$15 per primary care physician office visit
- \$50 per specialist and urgent care visits

Exceptional Service

Member Satisfaction is a Top Priority

Our member services team can help you understand benefits, find the right doctor, and more. Besides benefit details, our online tools provide secure 24/7 access to plan information including:

- wellness programs like stress reduction, weight management, and tobacco cessation
- 24/7 Nurse Advice Line

Select PG!



HMO High Option Plan
(PG 1,2, or 3)
HDHP Plan
(PG 4,5, or 6)



Don't leave money on the table!
HDHP members are granted:
\$900 (self) or \$1,800 (family)

For more information, visit:
sentarahealthplans.com/federal