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SHP Immunoglobulin Light Chains

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MCG Health
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Coverage

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See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

Application to Products

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Policy is applicable to all products.

Authorization Requirements

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Pre-certification by the Plan is required.

Description of Item or Service

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Immunoglobulin light chains is a serum blood test to help diagnose or monitor plasma cell disorders (such as multiple myeloma and amyloidosis).

Exceptions and Limitations

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- There is insufficient scientific evidence to support the medical necessity of Immunoglobulin Light Chains testing as it is not shown to improve health outcomes upon technology review for **ALL** of the following
 - Iron Deficiency Anemia
 - Peripheral Neuropathy
- There is insufficient scientific evidence to support the medical necessity of Immunoglobulin Light Chains testing for uses other than those listed in the clinical indications for procedure section.

Clinical Indications for Procedure

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- Immunoglobulin Light Chains testing is considered medically necessary for **1 or more** of the following
 - Monoclonal plasma cell proliferative disorder
 - Systemic amyloidosis (AL)
 - Multiple myeloma
- Immunoglobulin Light Chains testing is **NOT COVERED** for **ANY** of the following
 - Iron Deficiency Anemia
 - Peripheral Neuropathy

Document History

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- Revised Dates:
 - 2022: March
- Reviewed Dates:
 - 2023: February
- Effective Date: March 2022

Coding Information

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- CPT/HCPCS codes covered if policy criteria is met:
 - CPT 83521 - Immunoglobulin light chains (ie, kappa, lambda), free, each
- CPT/HCPCS codes considered not medically necessary per this Policy:
 - None

References

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References used include but are not limited to the following:

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(n.d.). Retrieved Feb 18, 2022, from Avalon: <https://www.avalonhcs.com/policies-optimahealth/>

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