

## Immunoglobulin Light Chains

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<u>Coverage Policy</u>	Medical 333
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**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual’s benefit plan for details\*.**

### Purpose:

This policy addresses the medical necessity of Immunoglobulin Light Chains.

### Description & Definitions:

Immunoglobulin light chains is a serum blood test to help diagnose or monitor plasma cell disorders (such as multiple myeloma and amyloidosis).

### Criteria:

Immunoglobulin Light Chains testing is considered medically necessary for **1 or more of the following**:

- Monoclonal plasma cell proliferative disorder
- Systemic amyloidosis (AL)
- Multiple myeloma

Immunoglobulin Light Chains is considered **not medically necessary** for uses other than those listed in the clinical criteria, to include but not limited to:

- Iron Deficiency Anemia
- Peripheral Neuropathy

### Coding

#### Medically necessary with criteria:

Coding	Description
83521	Immunoglobulin light chains (ie, kappa, lambda), free, each

#### Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

## Document History:

### Revised Dates:

- 2022: March

### Reviewed Dates:

- 2023: February

### Effective Date:

- March 2022

## References:

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### Special Notes: \*

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

### Keywords:

SHP Immunoglobulin light chains, SHP Medical 333, Ig Kappa Light Chain Gene, Free Light Chains, Kappa, Kappa FLC, Kappa-Free Light Chain, Lambda, Lambda FLC, Lambda-Free Light Chain, Light Chains, Serum Free Light Chains, Monoclonal plasma cell proliferative disorder, Systemic amyloidosis, Multiple myeloma, Iron Deficiency Anemia