

# SENTARA COMMUNITY PLAN (MEDICAID)

## MEDICAL PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-844-305-2331. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. If information provided is not complete, correct, or legible, authorization can be delayed.

### Testosterone Replacement Therapy (Injectable) (MUST be purchased by Physician's Office)

**Drug Requested:** (Check box below that applies)

NON-PREFERRED	
<input type="checkbox"/> <b>Aveed</b> <sup>®</sup> (testosterone undecanoate IM injection) (J3145)	<input type="checkbox"/> <b>Testopel</b> <sup>®</sup> (testosterone pellets) (11980/S0189)

**MEMBER & PRESCRIBER INFORMATION:** Authorization may be delayed if incomplete.

Member Name: \_\_\_\_\_

Member Sentara #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

**DRUG INFORMATION:** Authorization may be delayed if incomplete.

Drug Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

Weight: \_\_\_\_\_ Date: \_\_\_\_\_

#### Maximum Dosage:

- Testopel - 75mg implantable pellet; 6 pellets per 90 day supply (6 billable units every 90 days)
- Aveed - 3 mL (750 mg) injected intramuscularly, followed by 3 mL (750 mg) injected after 4 weeks, then 3 mL (750 mg) injected every 10 weeks

(Continued on next page)

- Standard Review. In checking this box, the timeframe does not jeopardize the life or health of the member or the member’s ability to regain maximum function and would not subject the member to severe pain.

**CLINICAL CRITERIA:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

- Member has Partial Androgen Insensitivity Syndrome with male gender identity/gender dysphoria or delayed male puberty

**OR**

- Member has hypogonadism confirmed by low testosterone levels:
  - TWO (2) MORNING (6AM to 11AM)** testosterone levels obtained on different dates that are below 300 ng/dL or below the lower limit of normal for the reference range (**attach lab results with reference ranges from the laboratory for both**)
    - First testosterone level: \_\_\_\_\_
    - Repeat testosterone or free testosterone level: \_\_\_\_\_

**AND**

- Member has at least one specific symptom and at least two non-specific symptoms:

<b><u>Specific Symptoms</u></b> (≥1 of the following)	<b><u>Non-Specific Symptoms</u></b> (≥2 of the following)
<ul style="list-style-type: none"> <li><input type="checkbox"/> Incomplete or delayed sexual development</li> <li><input type="checkbox"/> Reduced sexual desire (libido) and activity</li> <li><input type="checkbox"/> Decreased spontaneous erections*</li> <li><input type="checkbox"/> Breast discomfort, gynecomastia</li> <li><input type="checkbox"/> Loss of body hair (axillary, facial, and/or pubic)</li> <li><input type="checkbox"/> Small testes (&lt;5 mL) or shrinking testes</li> <li><input type="checkbox"/> Low or zero sperm count</li> <li><input type="checkbox"/> Height loss, low trauma fracture or low bone mineral density</li> <li><input type="checkbox"/> Hot flushes, sweats</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Decreased energy, motivation, initiative and self-confidence</li> <li><input type="checkbox"/> Depressed mood</li> <li><input type="checkbox"/> Poor concentration and memory</li> <li><input type="checkbox"/> Sleep disturbances, increased sleepiness</li> <li><input type="checkbox"/> Mild anemia (Hgb 10-11 gm/dL)</li> <li><input type="checkbox"/> Reduced muscle bulk and strength due to cachexia</li> <li><input type="checkbox"/> Increased body fat, BMI</li> <li><input type="checkbox"/> Diminished physical or work performance</li> </ul>

\*If **‘decreased spontaneous erections’** is the **ONLY** symptom documented in chart notes, the request will be denied as testosterone replacement is **EXCLUDED** from coverage for sexual dysfunction.

**AND**

- Member has had an inadequate response, contraindication or intolerance to at least a three month trial with a topical agent e.g., testosterone gel, testosterone patch, testosterone topical solution, testosterone nasal gel (**verified by pharmacy paid claims**)

\_\_\_\_\_ (Please document date/name of drug)

**AND**

(Continued on next page)

- Member has had an inadequate response, contraindication or intolerance to at least a three month trial of a preferred intramuscular testosterone medication e.g., testosterone cypionate, testosterone enanthate or testosterone undecanoate (verified by pharmacy paid claims)

\_\_\_\_\_ (Please document date/name of drug)

**Note:** For the hypogonadism indication, testosterone drugs **CANNOT** be used in conjunction with other erectile dysfunction drugs.

**Medication being provided by** (check box below that applies):

- Physician's office    **OR**     Specialty Pharmacy - PropriumRx

For urgent reviews: Practitioner should call Sentara Pre-Authorization Department if they believe a standard review would subject the member to adverse health consequences. Sentara's definition of urgent is a lack of treatment that could seriously jeopardize the life or health of the member or the member's ability to regain maximum function.

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\*\***