



OUTPATIENT LACTATION CONSULTS

Sentara Princess Anne Hospital is proud to partner with you to provide the personalized, expert lactation support you deserve.

Whether lactation comes easily for you or not, we know a strong support system will help you meet your feeding goals.

Outpatient lactation consults provide you:

- Access to International Board Certified Lactation Consultants (IBCLC)
- Confidence to breastfeed successfully
- Support to address all aspects of feeding such as latching, milk supply, and more

**EXPERT LACTATION SUPPORT
IS A CALL OR CLICK AWAY**

Open scheduling available.

To request an appointment,
call 757-507-6569 or email
LactationAtSPAH@sentara.com

*Your insurance will be billed for the consult.
Please verify that you have outpatient lactation coverage.*